

LAURIER HEIGHTS COMMUNITY LEAGUE

Winter 2018



Holiday Kick-Off Cookie & Craft Walk

Saturday, December 1

see page 5 for details



Your Community Boards:

Laurier Heights Community League

PRESIDENT

Karen Wilk
president@lhcl.ca

VICE PRESIDENT

Susan O'Loughlin
vicepresident@lhcl.ca

TREASURER

Sarah Stepney
treasurer@lhcl.ca

SECRETARY

Sharon Jeske
secretary@lhcl.ca

COMMUNICATIONS TEAM LEAD

VACANT
communications@lhcl.ca

MEMBERSHIP

Christine McCourt-Reid
membership@lhcl.ca

HALL BOOKINGS

Shannon Dompé
rentals@lhcl.ca

PROGRAMS TEAM LEAD

Kendra Picton
programs@lhcl.ca

FACILITIES TEAM LEADS

Mike Auschrat & Jen Chappell
facilities@lhcl.ca

CIVICS TEAM LEADS

David Schoor & Elisa Sterling-Cowan
civics@lhcl.ca

SOCCER COORDINATOR TEAM

Lead: Janice Haugjord
soccer@lhcl.ca | 780.235.8312
Equipment Coordinator: Ofer Pittel
soccer@pittel.ca | 780.483.8364

NEIGHBOURHOOD

ENGAGEMENT TEAM (NET)

Karen & Steve Wilk
net@lhcl.ca

SPECIAL EVENTS COORDINATOR

Marie Bruseker
events@lhcl.ca

Laurier Heights Building Society

PRESIDENT

Susan O'Loughlin
vicepresident@lhcl.ca

VICE-PRESIDENT

Sharon Jeske
secretary@lhcl.ca

TREASURER

Sarah Stepney
treasurer@lhcl.ca

PAST-PRESIDENT

Marie Soprovich
mariesoprovich@gmail.com

SECRETARY

Shannon Dompé
rentals@lhcl.ca

DIRECTOR-AT-LARGE

Marie Bruseker
jazzmbv@gmail.com

LHCL VISION: LAURIER HEIGHTS COMMUNITY LEAGUE STRIVES TO BE A SAFE, FRIENDLY AND ENGAGED NEIGHBOURHOOD WHERE BUILDING, SUSTAINING AND INSPIRING COMMUNITY IS THE FOCUS. LAURIER HEIGHTS COMMUNITY LEAGUE WELCOMES AND SEEKS THE ENGAGEMENT OF ALL OF ITS MEMBERS; ACTS ACCORDING TO ITS VALUES; AND REPRESENTS AND ADVOCATES FOR THE NEEDS AND BEST INTERESTS OF THE WHOLE COMMUNITY.

Join Our Team!

VOLUNTEER OPPORTUNITIES AVAILABLE:

*** Communications Team Lead ***

*** Newsletter Distribution Coordinator ***

*** Events Committee ***

*** Facilities Team ***

*** Neighbourhood Engagement Team ***

Interested in knowing more about any of these roles? Email: membership@lhcl.ca and ask to be added to the volunteer list. We will contact you for help as volunteer needs arise in Laurier Heights.

LHCL Newsletter

Laurier Heights Community Newsletter is a quarterly publication distributed to all households in the Laurier Heights neighbourhood. For more information on the newsletter:

EDITOR:

Christine McCourt-Reid
newsletter@lhcl.ca

ADVERTISING LIASON:

Liz Herbert
advertising@lhcl.ca

If you have any stories or photos you would like to share about community events, please be sure to send them our way for submission in future newsletters.

Beauty & Connection on our Streets

TIS THE SEASON! SPREAD JOY & LIGHT THIS WINTER



PRESIDENT'S MESSAGE

Karen Wilk

Thanks to all who brighten our neighbourhood with twinkling lights and other festive decorations during the darkest days of the year. It makes our neighbourhood look so beautiful! And perhaps creating and appreciating such beauty is more important than we think.

Certainly it is in nature. In fact, flowers depend on being beautiful for their survival. Their colour is what attracts the bees and other pollinators through whom they reproduce and bear fruit; and without bees, it's been determined that we would all be dead within three years!

It's also been said that beauty has the power to transform. It certainly has the power to transform our streets and warm our hearts as we gather in numerous ways in 'decked' halls and homes with neighbours, family and friends! Indeed, these times together are beautiful, can foster beauty and leave beauty in their wake!

For example, we can do just that in the neighbourhood at these upcoming events:

- * November 17th, Our Christmas Cocktail Party and Fun(d) Raiser
- * December 1st, Our 'Cookie and Craft Walk' and Community Christmas Potluck with a hay ride, kids' crafts, ski and skate swap and of course, Santa's visit! [Check out this issue for more details.]
- * December 10th, Our AGM and Holiday Social!

- * Neighbourhood open houses, visits and small gift or card exchanges on our blocks;
- * Laurier 'bottoms,' annual "Reason for the Season" potlucks where households take turns hosting a get-togethers for all ages, on the four Sunday evenings before Christmas which gives us an opportunity to pause, connect and appreciate all that we have, especially one another, in the midst of all the busyness of the season. Perhaps your block, cul-de-sac, corner could do the same!

Leonard Sweet observes that "Our culture is hungry for table time." I am so thankful that Laurier is responding to that 'hunger' in welcoming and generous ways as this list illustrates ... thank you neighbours!

Thanks also to all our Laurier citizens who are involved in our Community League and Abundant Community initiative sharing their talents and passions to make our neighbourhood an even better place to live—what a gift to live in such a beautiful and connected community!

I wonder if these two characteristics, beauty and connection, aren't also at the core of what this season is all about; reminding us of what's really important in life—relationships, goodness, generosity, wonder, kindness; or as the advent tradition declares: peace, hope, joy and love.

I wonder how I can focus more deeply and fully on these things instead of my to-do list, the hustle and bustle, and often the stress of the season.

Perhaps we can help each other focus more deeply and fully on these things. Perhaps we are.

Every time we slow down to notice the beauty of our neighbours' twinkling lights...

Every time we are attentive to one another, taking time to greet and listen to each other, to each other's' children and grandparents...

Every time we get together, raise a glass, share a treat, send a greeting, give or receive a gift...

Every time we deck our halls not just with decorations but with love and laughter that welcomes and includes everyone...

May you and your loved ones, and all our neighbours experience, share and be attentive to beauty and connection this season.

I look forward to celebrating with you! And my family and I wish each and every one of all the best in 2019!



Neighbourhood Events

JOIN YOUR FRIENDS AND NEIGHBOURS AT THESE COMMUNITY GET-TOGETHERS



Stay & Play Playgroup

Laurier Heights Playgroup is a great place to play with your children and other families. Join us at the hall with your 0-4 year olds for this fun for everyone unstructured drop-in program. Snacks provided (please bring a toonie). Playgroup follows the school calendar (September - June); no playgroup on school holidays.

When: Fridays

Time: 9:00 - 11:00 a.m.

Cost: \$2 per family per visit



Art Society

Attention artists of Laurier! Did you know that there is a regular meeting of painters in the neighbourhood? The Laurier Heights Art Society meets at the Community Hall at 1:00 every Monday and Thursday afternoon. Bring your painting materials, and come and get creative with us. Coffee and tea are provided.

When: Mondays and Thursdays

Time: 1:00 p.m.

No Charge to attend



Community Potlucks

Our ongoing tradition of hosting themed potluck dinners at the hall have been a hit. These are fun family gatherings, giving you a chance to catch up with longtime neighbours, and make some new friends as well. Everyone is welcome; we hope to see you there!

When: Dec 1, Jan 26, Feb 24

Time: 6:00 p.m.

Please RSVP: potluck@lhcl.ca
(so we can set up enough tables)



Winter Fun for everyone

Winter Programming

Sportball

Sportball is coming to Laurier in January. Open to children aged 16 months - 7 years, the program will run on Saturday mornings. Watch our Facebook page for details.

Learn To Skate

We are looking for qualified instructors to teach 3-5 year olds to skate in our neighbourhood. Contact Kendra: programs@lhcl.ca

Winter Green Shack

We have so much fun with our Green Shack activities in the summer, we are excited to be one of the few Edmonton communities hosting a winter edition! The program is designed for kids 6-12, but younger kids can join in as long as an adult sticks around to supervise. January 6th - February 2nd
Mon & Wed 3:30 - 6:00 pm
Saturdays 1:00 - 5:00 pm

JOIN US AT THE LAURIER HEIGHTS COMMUNITY HALL ON
DECEMBER 1 FOR OUR HOLIDAY KICK-OFF

Cookie Walk

Join us to select delicious home-baked cookies and squares for the Christmas season. Choose an empty container (size options are \$10 or \$20). Take a walk around the tables set up with a large selection of cookies and squares. Fill up your container with whatever you like; the only limit is that the lid has to close. The sale ends when the cookies are gone; come early for the best selection.

Please consider donating some of your home-baked cookies and squares to our fundraiser; we are hoping to have 250 dozen treats available this year (please provide in a non-returnable container). If you're able to provide some baking, please contact Susan prior to November 28 to confirm your baking donation details: **780.996.9866** or email **vicepresident@lhcl.ca**

Cookie Walk & Local Artisan's Show & Sale

December 1 - 10:00 a.m. - 1:00 p.m.

- * Stock up on holiday treats and support LHCL at the same time!
- * Meet and support some neighbours who are crafty and check off some more items on your gift list: handmade soaps, mini Christmas trees, jewellery, painting, quilts and more!
- * Calling all local artisans! Join our holiday kick-off - \$25 /table; all local crafters welcome! Contact **net@lhcl.ca**

Hay Ride & Crafts for Kids of All Ages

December 1 - 4:00 p.m.

- * Get into the spirit with a jingle bell sleigh ride!
- * Make-your-own Holiday Decorations and Cards

Ski, Skate & Soccer Gear Swap

December 1 - 4:00 p.m.

- * We are organizing a skate/winter gear/soccer shoes (indoor and outdoor) exchange next month. Keep this in mind before heading out to buy all new stuff for the kids this year! Contact **net@lhcl.ca**

Community Potluck Dinner & Games

December 1 - 5:30 p.m.

- * Bring a dish for sharing, and have a festive, fun dinner with your Laurier Heights family and friends.
- * Enjoy delicious food, music and after-dinner games.
- * Don't miss our special guest visitor who will be stopping by!





COMMUNITY SWIM RETURNS

You asked and we listened! With the ongoing closure of Jasper Place Swimming Pool, we have secured alternate public swim time for our Community League members. Drop by Terwillagar Recreation Centre anytime between 5:00 - 7:00 pm on Sundays for free swim time for the family. Current LHCL community league membership card must be shown to obtain entry.



SPIRITS CLUB: SCOTCH NIGHT

Our Wine & Spirits Club is planning an upcoming Scotch Night (date TBD) in January. Join us as we listen to a scotch expert share his wisdom while we sample his wares; delicious appetizers will be provided to snack on throughout the evening. Attendance is limited to 25 people to ensure a quality event. Registration cost will be \$35. Be sure to watch our Facebook page and email blasts for more information on this evening. If you are interested in attending, please contact Marie:

events@lhcl.ca

Laurier Heights NET

OUR NEIGHBOURHOOD ENGAGEMENT TEAM IS ALL ABOUT GETTING NEIGHBOURS INVOLVED!

WHAT'S YOUR PASSION, GIFT, SKILL, ABILITY?

How can you share it with your neighbours? One way is to lead us in an evening of Neighbourhood Conversations — where the conversation is your hobby, expertise, gift!

HAVE AN IDEA?

A fun, interesting, helpful (or all of the above) way to connect and engage neighbours – let us know! We'd love to assist you in making it happen!

ALREADY KNOW YOUR NEIGHBOURS?

Hosted or helped organize a block social? Then you're already a BLOCK CONNECTOR! We'd love to hear your stories and learn from each other; share ideas, inspire and encourage one another. Please join us at our next Block Connector gathering.

NEIGHBOURHOOD WATCH

We are looking at creating a Neighbourhood Watch presentation for the community for those who are interested in setting up Neighbourhood Watch groups within their own blocks. Stay tuned for more information!

For more information, please contact net@lhcl.ca

Apologies & Thank You

Don Hussey volunteered for our June Casino but somehow had his name missed in our Fall Newsletter recognition. Thanks so much Don. We really appreciated you filling in!

LHCL Annual General Meeting

MONDAY, DECEMBER 10, 7:00 PM

Join us at the Community Hall for our Annual General meeting, followed by a Volunteer Social afterwards.

Sustainable Food Forest

LAURIER INITIATIVE WINS AT CITY OF EDMONTON
'PITCH YOUR PROJECT' COMPETITION

At the beginning of October our Talking Gardens group entered the Dragon's Den, that is, the City's Pitch Your Project version of it. They heard sixteen pitches and along with four other projects, WE WON \$1000 to put towards starting an urban food forest. What's an urban food forest and why would we want one? Read our winning script to find out. Then sign up to get involved!

LHCL: SUSTAINABLE FOOD FOREST PROJECT: DRAGON'S' DEN SCRIPT

Imagine children picking apples and enjoying them on their way to school; Imagine a senior resident stopping to munch a few saskatoons in our food forest while having a conversation with a young parent and her toddlers doing the same; Imagine a community harvest fair where we actually harvest together – all ages, abilities and ethnicities working, learning and eating together; Making apple butter, baking pies, canning and juicing, the younger and newer alongside the older, more experienced who pass on their knowledge and skills...
...and all feel valued and included!
The results: More neighbours understand the benefits of permaculture and biodiversity; more neighbours adopt more sustainable living habits. We've fostered a greater sense of place and connection; and we have...
...an abundance of nutritious food for the neighbourhood!

With enough left over to distribute to those who struggle for food security; food and shelter for birds and insects, butterflies and bees – keystone species, and a few animals too! **With no waste!** For a forest has no waste! And no mowing, weeding, spraying, mulching or digging required; Nor pesticides, fertilisers, herbicides or watering... For a forest is self-sustaining, restorative, regenerative and in this case, deliciously edible! A perennial garden; Creator's way with over 460 million years of experience! Forests have supported, fed, clothed and sheltered humanity for 95% of its existence... and they're all natural! **And we're inspired, equipped and committed.** We have the guides including an Orchard farmer and a Master Permaculturist to direct and train us; We have a well-established neighbourhood Talking Gardens group; And a community that has already shown their desire and willingness to participate as citizens, taking ownership and responsibility for making our neighbourhood an even better place to live. We're ready, willing and able to make this dream a reality! With your support, we will seed a fruitful forest contributing to A more connected, healthy, environmentally conscious, educated and sustainable community –eager to share her gifts and abundance with others! For more info and to get involved: Marilyn.a.dale@gmail.com

Heartfelt Thanks

LAURIER HEIGHTS BUILDING SOCIETY WOULD LIKE TO THANK ALL OF OUR RECENT DONORS. YOUR CASH DONATIONS CONTINUE TO PAY FOR EQUIPMENT FOR OUR HALLS AND ARE GREATLY APPRECIATED.

Audrey McDonough
Carol Billey
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David & Laurie McInnes
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Deanna & Ronald Kelly
Edward Thompson & Natalia Dobrolige
Fordyce & Patricia Pier
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Stephen & Mary Anne Adams
Timothy & Joan Terry
Tom & Helen Richards
Vern & Maureen Johnston
William & Patricia Wishart

Community Musings

submitted by **Sheila L. Butt**

ON JUNE 21ST, I WAS INVITED TO THE AWARDS NIGHT AT LAURIER HEIGHTS SCHOOL TO INTRODUCE MR. LARRY GIBSON, A FORMER TEACHER AT THE SCHOOL. FOR THOSE OF YOU WHO WEREN'T AT THE CEREMONY, I WOULD LIKE TO SHARE MY SHORT SPEECH ABOUT HIM.

THE W.L. GIBSON AWARD

Hello, my name is Sheila Butt and I am a former student of Laurier Heights School. I have very fond memories of my time here and, especially, fond memories of my teachers.

Good teachers leave an indelible mark on your life, and I believe Laurier Heights School has one of the best teaching staff in the city. And that was certainly the case 58 years ago when my classmates and I started here.

Each teacher did something that stamped itself in our memory. For example:

- Our grade 1 teacher Mrs. Glew told us that if we didn't stay seated, she would stick us to our chairs. And we believed her! After all, she had that little bottle of glue with the red dabber on her desk.

- In 1963, our grade three teacher, Mrs. Romaniuk, had the difficult task of telling us that our much-loved principal, Mr. Stockwell, had passed away.

- In grade 4, Miss Nelson sent me to the office for talking during a test. But it was really Lance Hogarth's fault for poking me in the back.

- In grade 5, Mr. Matan would take out his contact lenses during class and pop them in his mouth to clean them.

- For grade 7, we had Miss Viens, who was like an army Major. If you broke a classroom rule, she would yell out your name, say "Stand up! Say excuse me Miss Viens -- to which we promptly said, "Excuse me Miss Viens." She would then say, "Remain standing!"

- Our grade 8 teacher, Mr. Dorland, was fresh out of university and only 22 years old. It was like having an older brother for a teacher and, just like a bunch of younger siblings, boy, did we give him trouble.

And then, came Grade 9 ... and we all hit the wall with: Mr. Gibson. Oh, the homework, the tests, the essays to write, the memory work and the rules!!!

It was awful!

- If your homework wasn't done, he would call your parents.

- If you chewed gum in his class, he would make you stick it on the end of your nose for a minute (much to the delight of your classmates).

- And woe to you if you came late to his class - DETENTION was your name.

But slowly - very slowly - the weeks and months of grade 9 crept by, the end of June came and we all graduated. Somehow, the summer flew by, and in September we began high school. And, much to our surprise, it wasn't that bad. Yes, Ross Sheppard or Jasper Place High Schools were huge schools compared to the

small halls of Laurier, but in class, something remarkable happened:

- we knew how to prepare our notes

- we knew how to study

- we knew how to write good essay papers

- AND, we knew the importance of being on time!

And, the funny thing was, we kept coming back to Laurier Heights School to see Mr. Gibson, the teacher who had put us through so much grief. We came

back year after year.

We even brought our spouses and children. Why???

Because, we had realized what a difference he had made in our lives.

He was the reason

we did so well in high school.

And I can tell you that from the Grade 9 class of 1969, incredibly accomplished individuals came from that class: geologists, lawyers, corporate CEO's, engineers, nurses, community workers., to name a few. Five of the girls went on to become doctors, which, for the time, was remarkable.

When Mr. Gibson finally retired, the school named an award after this remarkable teacher: The W.L. Gibson Award, which recognizes the student in grade 7, 8 or 9 who has the highest average. The legacy of Mr. Gibson lives on in this award.

And now, ladies and gentlemen, teachers and students, it is my privilege and honour to ask you to welcome Mr. Larry Gibson, aged 92, to help present the W.L. Gibson Award to this year's recipient.

The legacy of Mr. Gibson lives on in this award.

SHEILA L. BUTT

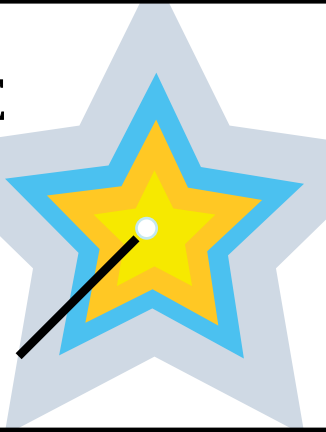
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Meeting time:
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Laurier Heights Community Hall: Heritage Room

The Edmonton West Group meets monthly to provide
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Why Membership Matters...

AT ITS SIMPLEST, A COMMUNITY LEAGUE IS A GROUP OF YOUR NEIGHBOURS WHO VOLUNTEER TO ORGANIZE EVENTS, ACTIVITIES AND PROGRAMS IN YOUR COMMUNITY. THE FIRST COMMUNITY LEAGUE FORMED 100 YEARS AGO AND TODAY, THERE ARE 157 COMMUNITY LEAGUES ALL ACROSS THE CITY. EVERYONE IN EDMONTON LIVES WITHIN THE BOUNDARY OF A COMMUNITY LEAGUE.

When you purchase a Community League membership, you help your neighbourhood bring residents together, improve the community amenities, and in turn, you enhance the quality of life for you and your neighbours. Community Leagues do this through organizing recreational, education and sport programming, hosting events, developing amenities such as spray parks, playgrounds, sports courts, community gardens and community league halls, and by being the voice of the community when it comes to civic matters that impact your neighbourhood.

Some benefits available, regardless of which community league is yours, include:

- Youth Sport Participation
- A 20% discount at any City of Edmonton Recreation Centre through the Community League Wellness Program
- Neighbourhood Parties, Events, Classes
- Free Skating On Any Outdoor Community League rink across the City
- A Voice in Shaping Your Community
- Other benefits listed at: <https://efcl.org/membership-benefits>

THE COMMUNITY LEAGUE MOVEMENT CONTINUES TO GROW: JOIN US AND BE A PART OF IT ALL

From the beginning, the very nature of community leagues has provided, and continue to provide, a wonderful training ground for future leaders in a wide variety of industries, including government. Several of our current city councillors all got their start as community league board volunteers. What is truly amazing is leagues are all still run

by volunteers. Consider learning more about the community league in your neighbourhood and ask yourself, "What can I contribute to my league that will help it to continue building the community where I live and that I am proud to call home? How can I become part of this wonderful 100-year-old tradition?"



Crestwood Curling Club

crestwoodcurling.com • crestwoodcurling@shaw.ca

14317 96 Ave
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We have space in leagues for teams or individuals. Men's, Ladies, Mixed, Fun, Open, Seniors, Little Rocks, Juniors.

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- For people new to curling
- Teach you all about the game.
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- Equipment provided
- \$175.00 Registration

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12:00pm to 3:00pm

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14317 96 Avenue,
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- Activities
- Learn to Curl

- View our Meeting/ Banquet Facilities

For more info:
780-452-4174 or
crestwoodcurling@shaw.ca

Wednesday Fun League

October 17, 24, 31
November 7, 14, 21, 29
December 5, 12, 19

8:15pm-10:15pm
\$205 Registration

Saturday Fun League

October 13, 27
November 17, 24
December 15
January 12, 26
February 9, 23

March 9
9:00pm-11:00pm
\$220 Registration

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LAURIER HEIGHTS COMMUNITY LEAGUE

2018 - 2019 Membership Application (valid until August 31, 2019)

Adult #1 - First Name: _____ Surname: _____

Adult #2 - First Name: _____ Surname: _____

Extra Family Member Information:

Children / Other Family Member Names	Birth Year	M / F
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Contact Information

Address: _____

Postal Code: _____ Phone #: _____

Email Address: _____

Your email address will not be sold or misused in any way; distribution is for information regarding community news & events only. By providing your email, you agree to receive email updates from Laurier Heights Community League; you may opt out at any time.

Your LHCL membership provides you with free access to community league outdoor rinks and our tennis courts.

Would you like skate/tennis tags? ☐ Yes ☐ No If so, how many tags does your family need? _____

Volunteer Opportunities

We require assistance from volunteers throughout the year for our annual fundraisers and other special community events. You can volunteer as much or as little as you'd like based on your availability and schedule. We also have vacant Board Member positions available immediately. Please let us know if you are interested in assisting. Thank you!

☐ Yes, I am interested in occasionally volunteering to assist our Community League. Please include me on the Laurier Heights Volunteer Request email alerts so I can help when I'm available.

☐ Yes, I am interested in volunteering in an ongoing capacity. Please contact me with information on current Board positions and/or other long-term volunteer opportunities. If yes, please indicate if you have any particular areas of interest for volunteering: _____

☐ No, I'm sorry I'm unable to volunteer at this time.

Membership Type:

- ☐ Family (\$40)
- ☐ Single (\$25)
- ☐ Senior (\$25)

Membership fees may be paid with cash or a cheque made payable to:

LAURIER HEIGHTS COMMUNITY LEAGUE

For your convenience, memberships may also be purchased online at www.efcl.org

Please submit this completed form & your payment to our Membership Coordinator:

Christine McCourt-Reid

13807 84 Ave • T5R 3W6

membership@lhcl.ca

Optional Donations:

☐ Yes, I'd also like to support our community league by offering an additional donation of \$ _____

*Tax receipts issued for donations of \$20 or greater. Donations may be made with cash or a cheque made payable to: **LAURIER HEIGHTS BUILDING SOCIETY***

THANK YOU FOR SUPPORTING YOUR COMMUNITY LEAGUE!



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LHCL Community Calendar

NOVEMBER

- 17th Christmas in November:
Cocktails & Auction
- 21st Canterbury Games Night
- 22nd Neighbourhood Conversations: Thrum
Knitting, 7:00 - 9:00 pm
Thrum-Along! Learn to thrum knit by
making a simple, warm headband
Limited space. For more details and to
register, net@lhcl.ca
- 23rd Pancakes and Ponderings

DECEMBER

- 1st COMMUNITY CHRISTMAS:
Cookie Walk & Local Artisan's Show &
Sale (10am - 1pm); Hayride &
Crafts (4pm); Potluck & a special visitor!
- 6th A.L.I.V.E. Laurier Heights 'Choir'
- 10th AGM & Volunteer Social/Block
Connector/Board Social - join us!
- 19th Canterbury Games Night
- 23rd Potluck and Ponderings

JANUARY

- 14th BOD Meeting
- 16th Canterbury Games Night
- 17th A.L.I.V.E. L.H. 'Choir'
- 26th Winter Fun Day &
Community Potluck
- 27th Potluck and Ponderings

FEBRUARY

- 7th A.L.I.V.E. Laurier Heights 'Choir'
- 11th BOD Meeting
- 18th Family Day: Movie Matinee!
- 20th Canterbury Games Night
- 21st A.L.I.V.E. Laurier Heights 'Choir'
- 24th Potluck and Ponderings
- 28th Neighbourhood Conversations

WEEKLY EVENTS

Art Group

Monday & Thursday afternoons

Community Wellness

Various times

Winter Green Shack: Jan 5 - Feb 1

Mondays & Wednesdays 3:30-6:00 pm

Saturdays 1-5 pm

Nordic Walking

Wednesdays @ 9:30 am

Play Group

Fridays, 9:00 - 11:00 am

Prayers and Ponderings

Tuesdays, 1:00 - 3:00 pm

Laurier Heights Community Choir

1st & 3rd Thursdays | Canterbury Court Chapel

2:45 - 4:15PM; all welcome!

MONTHLY EVENTS

Book Club(s)

Block Connector Gatherings

Community Potlucks

Canterbury Games Night

3rd Wednesday, 6:30 - 8:00 pm

Canterbury Court

Talking Gardens

(Spring-Fall)

WWW (Women and Wine on Wednesday)

Talking Gardens

(Spring-Fall)

Potluck & Ponderings

4th Sunday

PROGRAMS & EVENTS

Do you have an idea or a suggestion for an activity or program you'd like to see in the neighbourhood?

Would you like more details about any of the events listed here?

Please drop us a line and let us know; we'd love to help make it happen or get you more info!

Karen: president@lhcl.ca | **Kendra:** programs@lhcl.ca | **Marie:** events@lhcl.ca