



PLEASE JOIN US FOR

OUR ANNUAL FUNDRAISING AUCTION



CHRISTMAS COCKTAILS

NOVEMBER **25** SATURDAY



DOORS OPEN AT 5:30 PM

LAURIER HEIGHTS HALL

14405 85 AVENUE

- 
- FABULOUS COCKTAIL STYLE FOOD
ALL EVENING LONG
 - FUN DRINKS & A SIGNATURE COCKTAIL
 - VISIT WITH NEIGHBOURS &
MEET NEW PEOPLE
 - HIGH QUALITY AUCTION ITEMS TO BID ON
 - ONLY \$50 ENTRANCE FEE PER PERSON

RSVP: TICKETS@LHCL.CA

LAURIER HEIGHTS
COMMUNITY LEAGUE

Winter 2017



**LAURIER HEIGHTS
BUILDING SOCIETY WOULD LIKE
TO THANK ALL OF OUR RECENT
DONORS. APOLOGIES IF WE
MISSED YOU SOMEHOW.
YOUR CASH DONATIONS
CONTINUE TO PAY FOR
EQUIPMENT FOR OUR HALLS
AND ARE GREATLY APPRECIATED.
TAX RECEIPTS SHOULD BE
DELIVERED SOON.**

THANK YOU!
- MARG PETRIN,
OUTGOING TREASURER

Ian & Colleen Alexander
Craig & Sharon Anderson
Randy & Janet Bakus
Adam & Shannon Barrie
Doug & Pauline Bate
Brenda Berger
Berlando/Moshurchak Family
Carol Billey
Ashley & Tina Bodnar
Randy Boissonnault
Chris & Lara Check
Jason & Sarah Chimera
Janet Clark
Jack & Marilyn Cohen
Croll/Davis Family

James & Marilyn Dale
Samantha Dawe
Owen & Linda De Bathe
De Haan/Pengelly Family
Jeff Depape
Erik & Alicia Dmytruk
Dorohoy/Vopni Family
Jill Etherington
Lyle & Sarah Firth
Tyler Foley
Doug & Joanne Goss
Richard & Betty Haugen
Kevin & Janice Haugjord
Jason & Carla Helwig
Jeremy & Liz Herbert

Your LHCL Board

PRESIDENT | president@lhcl.ca
Karen Wilk

VICE-PRESIDENT | vicepresident@lhcl.ca
Susan O'Loughlin

TREASURER | treasurer@lhcl.ca
- VACANT -

COMMUNICATIONS | communications@lhcl.ca
Bill Bowers

SECRETARY | secretary@lhcl.ca
Sharon Jeske

HALL BOOKINGS | rentals@lhcl.ca
Shannon Dompé

MEMBERSHIP | membership@lhcl.ca
Christine McCourt-Reid

NEIGHBOURHOOD ENGAGEMENT TEAM (NET)
net@lhcl.ca
Karen & Steve Wilk

PROGRAMS | programs@lhcl.ca
Kendra Picton

SOCCER COORDINATOR TEAM | soccer@lhcl.ca
Ofer Pittel *and* Janice Haugjord

SPECIAL EVENTS | events@lhcl.ca
Marie Bruseker

Join Our Team!

VOLUNTEER OPPORTUNITIES AVAILABLE:

* Treasurer *

· Would you like working with a friendly group of like minded volunteers on the Board of LHCL? We need a treasurer to pay bills, deposit money, invoice for rentals, prepare budgets and attend monthly Board meetings. The treasurer is the Finance Team Leader. The Finance Team assists the Board in planning and carrying out the financial priorities of the league. The current treasurer is happy to assist as needed while a new volunteer becomes familiar with their duties and responsibilities. Bookkeeping services can be contracted out to reduce work load. This volunteer position would require about 4-8 hours per week of your time. Please contact Karen Wilk – President at president@lhcl.ca or Marg Petrin at treasurer@lhcl.ca for more information.

* Communications Team *

· Advertising Liaison: Point of contact for advertisers wanting to place ads in our newsletter.

* Events Committee *

* Facilities Team *

* Neighbourhood Engagement Team *

Interested in knowing more about any of these roles? Or you're not sure yet but want to know when other volunteer opportunities come up? Email: membership@lhcl.ca and ask to be added the volunteer list. We will contact you for help as volunteer needs arise in the community.

Luke & Carcey Hincz Howey/Douglas Family Brian & Sharon Jeske Will & Natalie Johnston Jones/Balay Family Kaup Family Kettles/Dubeta Family Maria Klar Lasha Kraychy MacGougan/Soneff Family Martin-Iverson/Jickling Family Bob & Margie Marvin Colleen McDonough Giovanna McGowan	Hugh & Michelle McKay Mark & Suzanne McNeill Remi & Amber Michaud Ian & Kelly Morgan Musct/Coppens Family Myatt/Devam Family Sean Myskiw Mary Lou Ng Ngongas/Hopp Family Pat & Susan O'Loughlin Simon & Brenda Otto Hemant & Smriti Patnaik Patterson/Poirier Family Norm & Sandra Perrin Norm Jr. & Kim Petrin	Arthur & Ellen Petterson Robert & Kendra Picton Fordyce & Pat Pier Ian Reekie Reid/McCourt Family Nancy & Lenora Roberts David & Joan Roskin Scheffer/Thompson Family Siegel/Miller Family Laird Smith Elizabeth Smythe Lois Sorgen George & Sarah Stepney William Stevenson	Norm & Niki Suvan Merle Taylor Tim & Joan Terry Terry/Pescod Family Kendra Turpin Simon & Daniela Urschel Wan/Lawson Family Watts/Kortman Family Weimge/Jones Family Steve & Karen Wilk Bruce & Mary Winton William & Patricia Wishart Yoko Wong Yen/Leung Family
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Seasonal Spirit

IT'S THE SEASON OF HOLIDAY FUN, GET-TOGETHERS, GIVING AND GOOD CHEER – AND LAURIER IS FULL OF ALL OF THE ABOVE – THANKS TO THE HOSPITALITY, CARING AND GENEROSITY OF SO MANY OF OUR RESIDENTS.

Of course, it is also the season where we are bombarded with endless messages about what we need to buy – the bigger, the better, the faster, the newer; and what we need to consume – eat, drink, wear, watch, decorate and keep busy with! There's always so much to do.

All of which has led me again to consider a counter-narrative. In the Christian tradition and more and more in our culture, there is an undercurrent of people seeking to engage in some different practices throughout the next month of festivities. These initiatives often reflect the ancient Advent themes of hope, love, peace and joy found (not just in the 24 day beer calendar-LOL)

but in one another, in time together, on starry-lit walks, by a crackling fire, and; as we come alongside those who may have significant challenges whether related to health, finances, loss or other circumstances; giving of ourselves by sharing our time and presence (versus presents).

So in keeping with such life-giving themes and initiatives, I want to challenge myself to make some of those practices a part of my plan for this holiday season—and I wonder and dream about what might happen if many households in Laurier did the same...

For example, what if we all....

- Gave one thing away every day before Christmas
- Committed to connecting with a neighbour who may not have family nearby at least once a week
- Made some of our gifts instead of purchasing them – there's nothing like home baking!
- Collected winter clothing for the under-resourced or items for the food bank
- Participated in a Santa's Anonymous Wrapping Bee
- Chose a few charities and gave a little extra (including perhaps LHBS)

• Invited some neighbours for a Christmas tea party, wine'n cheese, open house or potluck...

• Served at one of our neighbourhood events and/or at a shelter, seniors' residence like Canterbury or other organization in need of volunteers/ helping hands

• Sent cards (perhaps even good-old fashioned, snail mail ones?) expressing our love, gratitude and best wishes to family, friends and neighbours...

In lieu of the latter, I want to 'send this note' to express my gratitude and appreciation to all of you, our neighbours—and to especially acknowledge all those who have given countless hours, their skills, talents, resources and expertise to making Laurier Heights an even better place to live— (some of whom are mentioned in this newsletter).

I would also like to wish you all a warm and wonderful festive season and I look forward to doing so in person at any/all of our upcoming events about which you'll find details on these next pages (so read it carefully and take note so you don't miss a thing).

Hope, peace, love and joy to you and yours this holiday season.

Karen Wilk
LHCL President



Edmonton's Abundant Community Initiative* Receives Accolades from the Movement's Founder

* FOR THOSE NEWER TO LAURIER, THIS IS THE INITIATIVE THAT IDENTIFIES BLOCK CONNECTORS (BCs) AS POINT PERSONS, PARTY PERSONS AND LISTENERS ON EACH BLOCK. BCs ALSO WORK TOGETHER TO CONNECT NEIGHBOURS WITH NEIGHBOURS AROUND SHARED INTERESTS, MATCHING TALENTS, SKILLS AND SO MUCH MORE!

Peter Block writes to our Abundant Community Edmonton (ACE) Lead

To find out more about Block Connecting in LH, please contact Karen at net@lhcl.ca or Donna at dmchuynh@gmail.com

The work you are doing with the Abundant Community Initiative is vital to the well-being of our cities. Every city is concerned about our health, children, safety, the land, the local economy and those on the margins. Government policies and social services are at their limits. The next wave of impact will come from citizens connected to their neighbours engaged in bringing their gifts and humanity to each other. This social capital is what keeps us healthy, what raises our children, holds us safe and keeps dollars circulating locally. Every health care worker, educator, police chief and economist that is paying attention knows this is true. That is why citizen engagement is on all their agendas.

Your Abundant Community Initiative is making this happen. It is innovative in many ways. First, you are treating the neighbourhood as the unit of transformation. This is the scale where real change can occur quickly and sustainably. Second, your work has the legitimacy of sponsorship from mostly trusted local government. Most neighbourhood initiatives spring from the faith community or foundations. This link to government has the potential to bind the neighbourhood to the public sphere in a special way.

Third, you are using local people to activate the engagement, not outside experts or professionals. This keeps the effort grounded and imprints the message that neighbours

have the capacity to create their own future. Finally, and most importantly, you are changing the narrative of who we are as citizens. The dominant story in the public mind is about what is wrong with us. That people are simply a collection of needs and deficiencies. How little schooled we are, how un-employed we are, how much mischief we are in. Building a development strategy on deficiencies only magnifies and amplifies what it tries to heal. Your effort is gift based. It values citizens as capacities; people able to teach each other, produce experiences with each other, raise each other's children. These are life changing.

The Abundant Community Initiative is part of a large movement that is neighbourhood focused, citizen centered and gift based. Each of these is fragile, underfunded, and learning as it goes. This is the nature of the best innovations. The difficulty with them is that they are not easily scaled, hard to measure except anecdotally, lack bricks and mortar, and don't feed the investigative appetite of the news. The blessing is that it is the only strategy that works. Plus it is good for democracy.

I not only fully support what you are creating, but I consider myself a partner and collaborator in the effort. This includes being a beneficiary and student of your creativity and inspirational leadership. Thanks for the invitation to put down these thoughts.

Peter Block



Neighbourhood Events

JOIN YOUR FRIENDS AND NEIGHBOURS AT THESE COMMUNITY GET-TOGETHERS



Stay & Play Playgroup

Laurier Heights Playgroup is a great place to play with your children, meet other families, and enjoy a cup of coffee! Join us at the hall with your 0-4 year olds for this unstructured drop-in program that's fun for everyone. Snack is provided (please bring a toonie). Playgroup follows the school calendar (September - June).

When: Fridays

Time: 9:30 - 11:30 a.m.

Cost: \$2 per family per visit



Art Society

Attention artists of Laurier! Did you know that there is a regular meeting of painters in the neighbourhood? The Laurier Heights Art Society meets at the Community Hall at 1:00 every Monday and Thursday afternoon. Bring your painting materials, and come and get creative with us. Coffee and tea are provided.

When: Mondays and Thursdays

Time: 1:00 p.m.

No Charge to attend



Community Potlucks

Our new tradition of hosting themed potluck dinners at the hall has been such a success, we are making it a monthly event. These are fun family gatherings, giving you a chance to catch up with longtime neighbours, and make some new friends as well. Everyone is welcome; we hope to see you there!

When: December 9 & January 12

Time: 6:00 p.m.

Please RSVP: boileau4@shaw.ca (so we can set up enough tables)

Connecting Seniors in Laurier Heights

NOVEMBER 13TH, 6:30-7:30 PM AT THE LAURIER HALL

- Did you know one in every five Canadians aged 65 or older indicate they feel lonely? This could be due to a loss of spouse, shrinking social networks and the natural aging process resulting in mental or physical challenges, limiting their capacity to socialize.
 - Did you know that in Canada, more than 1 in 4 adults are caregiving? Of these, one in ten caregivers spend 30 or more hours caregiving a week - a challenging and tiresome lifestyle considering some even find the time to fulfill employment opportunities.
 - Did you know that there are many initiatives taking on these challenges? --including community leagues starting to provide resources and opportunities with and for their elderly community members.
- Join us as 'Rehab and Retreat Senior Care' lead us in a conversation about how we can be an 'abundant community' for all—including our seniors!



Saturday, December 9th, 10 a.m.

*The sale ends when the cookies are gone
BUT come early, the cookies go fast !*

**Come select delicious home-baked cookies
& squares for the holiday season.**

- Choose an empty container
(2 sizes available: \$10 or \$20)
- Take a walk around the tables set up with a
delicious selection of baked goods.
- Fill up your container with whatever you like;
the only limit is that the lid must be able to close!

ATTENTION

We urgently need your home-baked cookies
and squares for our COOKIE WALK Christmas
Fundraiser. Bake a pan of squares, or two;
whip up a dozen cookies, or 5 dozen or 10
dozen. Whatever you can manage.

We need lots, and lots, and lots.

Please provide in a non-returnable container.

You can drop them off at the hall on
Friday, December 8th between 6:00 - 8:00pm
OR call us and we will come pick up your
home-baked goodies.

Please confirm your contribution by December 1st

Contact Susan at 780-996-9866 or
email: vicepresident@lhcl.ca

**Please consider donating to help us reach
our goal of 200 dozen cookies and squares.**

*All proceeds go towards events and programs
at the Laurier Heights Community League. Last
year we collected over 2,000 cookies and
made nearly \$700 for our community. WOW!!*

Neighbourhood Conversations

Laurier Heights is starting a new series which
is framed around the interests and talents of
our neighbourhood. Every fourth Thursday
of the month, we're inviting a neighbour or
two to come and share with us one of their
passions and some of their expertise. See
our Community calendar for the dates and
watch the e-blast for more details each month.
If you're interested in being a part of the
conversation by sharing your expertise, please
let us know: president@lhcl.ca

Special Edition Playgroup:

DONUT DADS



HEY THERE DADDIO!

Drop in with your tot(s) age 0-4 for coffee, a
donut, and some unstructured playtime at the
hall! There are lots of toys for the little ones
while you relax with some neighbourhood pals.

Snack is provided for your tot.

Please bring \$2 • No RSVP – just drop in!

SATURDAY, NOVEMBER 25 9:30-11:30 AM

SATURDAY, JANUARY 13 9:30-11:30 AM

Regular Playgroup runs every Friday 9:30-11:30am

Coffee/snacks provided; \$2 drop in fee

Questions? email: programs@lhcl.ca

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A VERY SPECIAL THANK-YOU TO THOSE WHO CAME TO CELEBRATE!
SAD TO MISS THE OTHERS WHO COULDN'T ATTEND.

Start a Network...

Let me take you back to June 2015 - my then 4 year old was playing community league soccer (YAY community league soccer!) and I was due with our second child in the next few months. I was so lucky to meet another mom from the neighbourhood who was also expecting a baby in the fall. As luck would have it, our 4 year olds ended up in kindergarten together, and as we celebrated that momentary freedom, I suggested we have a coffee date once the babies arrived. That coffee date gave me hope, sanity, and new friendship as I embarked on this wild journey of parenting my new tiny boss-man. And wouldn't you know it? There were OTHER Laurier moms with new tiny bosses looking for a coffee date, too! So, we extended the invite, created a

facebook group (because of course we did) and planned regular meet ups for over a year! We walked and climbed stairs when the weather allowed, we had Halloween dress-up parties, Christmas toy-swaps, joined the Laurier playgroup every now and again, enjoyed a couple of kidless nights out, but mostly we just swapped stories and advice about sleep, feeding, diaper rashes, and life with kids. And, as time passed, some moms went back to work, babies grew to toddlers, and meetups became less frequent. I recently organized a last-minute Saturday morning costume party for the moms and tots, feeling that we needed to reconnect. As I was setting up at the hall, I realized that we are usually inclined to take a photo of the KIDS, but what I really want to look at years from now is a photo of the women that helped make



THE PICTURE-TAKING IS A LITTLE TRICKY THESE DAYS!



these last 2 years so memorable and fun (ok, the kids are cute and they got in the photo too). So what I'm really trying to say is - put yourself out there, start a new network for whatever it is you like, make new friends, and make new memories. It's worth it!

submitted by **Kendra Picton**



Meeting time:

**3rd Thursday of each month
10:30 a.m. to 12:30 p.m.**

Laurier Heights Community Hall:
Laurier Room

The LLLC Edmonton West Group meets monthly to provide breastfeeding information and parenting support.

Bring your breastfeeding questions and concerns, joys and challenges to share, or just come to listen.

All pregnant women, mothers and children are welcome.

For more information please call
Nancy at
780-489-9704 or visit www.lllc.ca

St. Paul
Catholic Elementary School

where learning has no limits...



ST. PAUL
ELEMENTARY SCHOOL

OPEN HOUSE
January 31 at 6:30pm

14410-96 Avenue • 780 452-1510
www.stpaul.ecsd.net



LAURIER HEIGHTS SCHOOL NEWS

On Friday June 2nd, 230 elementary students & 68 junior high students participated in our RUNRAISER/ SPIN-A-THON 2017 to raise money for sports at Laurier Heights School. More than 400 students, parents, teachers & community members had an amazing time at this year-end celebration. Over \$30,000 was raised by the students to help keep the sports program vibrant at Laurier Heights for the 2017/18 school year and beyond!

Thank you to the Laurier Heights Community for sponsoring our students and helping to make this event a fantastic success!



CANTERBURY VOLUNTEER OPPORTUNITIES

Our coach driver is unavailable for the time being. As such, we have an opportunity for a qualified bus driver who has an interest in volunteering to do some driving for day trips for our residents. We are also looking for able bodied individuals who may be interested in volunteering on some outings such as shopping trips or leisure drives to help the driver and residents with their walkers, shopping bags or to provide some companionship as needed. For more information, please contact:

Mbalia Kamara, Recreation Supervisor

780.930.3736

mbaliak@canterburyfoundation.com



Want someone to look after
your house for free this winter?

I'm a former school board trustee and parenting educator from Edson whose house just sold. I want a transition place before choosing where in the great big city to live!
Check out this short video I made: <http://bit.ly/AvailableToHouseSit>
Pet sitting would be considered too.

email: JacquelineGreen98@gmail.com phone: 780.712.6615

DUST to SHINE Housecleaning

References and security check
upon request

\$25.00/hour, minimum of 3 hrs

Donna: (780) 447-7297



How much is my home worth?

If you are considering selling
your home now or in the near
future, call RICK LOUGH for
a free market evaluation of
your property.



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call it home today."*
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LHCL Memorial Rink

IT HAS BEEN 17 YEARS SINCE WE SAID GOODBYE TO OUR DEAR FRIEND MATTHAN QUINCE

It has been 17 years since we said goodbye to our dear friend Matthan Quince. For those of you who have been in the community long enough, you may remember Matthan for his shaggy blonde hair, bright blue eyes, contagious smile, or the pure happiness that he constantly carried with him and seemed unable to shake. For those of you who weren't lucky enough to have known him, perhaps you've seen the "Matthan

Quince Memorial Rink" sign on the wall when you were skating and/or playing hockey and wondered who he was or why the Laurier rink so proudly shares his name.

Matthan grew up in Laurier, along with his many friends and their families whose houses scatter the perimeter of the Laurier School yard. He had a very special place in his heart for the rink, and held a very special place in the hearts of those who shared countless evenings of scrimmage there with him. One particular winter, Matthan and a very close friend won the Spring Melt Contest (guessing the date the ice would officially close) which entitled them to a free chocolate bar and pop each and everyday they strapped on the skates the following season. Whether it was trudging across

the snowy school yard at 3:15pm when the second buzzer sounded, or making their way to the rink at night by the light of a few dim street lamps, they got there! A loose tracking system created by Neil (a former rink attendant) has them marked at skating over 100 days (and eating over 100 chocolate bars) that season.



Although Matthan tragically passed away at the age of 16, he left a lifelong impression on all those whom he touched. He is responsible for the unbreakable bond between his closest friends, and we still visit him every year and hold a memorial hockey game (The Quincy Cup) in his name. Every Christmas Eve, those of us who can, come to meet Matthan at his rink to play shinny and celebrate Christmas as the extended family he created.

We wanted to write this brief article, not just as a reminder to those of us throughout Laurier and the surrounding communities who knew and loved him, but as an introduction to Matthan Quince for those who didn't.

With Love – "The Boys"



OUR THANKS AND APPRECIATION TO THE MANY PEOPLE WHO SHARE THEIR TIME AND TALENTS IN LAURIER, INCLUDING:

- OUR BOARD and TEAM LEADERS!
- OUR BLOCK CONNECTORS and ACE SUPPORT TEAM (The Dompe's)
- Michael and Lothar Auschrat and team (Heritage Hall Exterior Painting)
- Allison Boileau and Julie Rohr – Community Potluck & Women's Wednesday Wine (WWW) Nights Coordinators
- Doris Chu – Nordic Walking Coordinator
- Marilyn Dale – Talking Gardens Coordinator
- Leah Jones – our new Grant Writer
- Walter Marozoff – Gazebo floor staining (and memorial benches)
- Rob Picton – Cigar Herf Facilitator
- Helen Richards – Art Society Leader
- Andrew Whistance-Smith – Gazebo Park flower beds and gardens
- Steve Wilk – Gazebo Park lawn care



Wellness Network

Community driven wellness programs
NEW SESSION - Jan 16-Mar 30, 2018

Jan 8-12, 2018 - TRIAL classes by donation

pre-reg \$140 / 5 pass \$75 / 10 pass \$150

**pass sales are class specific*

Monday Tuesday

BOOTCAMP

9:15-10:15am

Stephanie Perry

rsperry@shaw.ca

(780)935-8768

YOGA FUNDAMENTALS

9:30-10:45am

Sandy Brown

sandybrown.yoga@gmail.com

(780)964-8124

SOMA YOGA

7-8:15pm

Gaylene Borgstede

simplysomatics@gmail.com

(780)819-5974

Wednesday

YOGA

9-10am

Sandy Mah

sandylmah@gmail.com

(780)951-3189

CHAIR YOGA

1:30-2:30pm

Gaylene Borgstede

simplysomatics@gmail.com

(780)819-5974

Thursday

ENERGIZING YOGA

9:15-10:15am

Sandy Mah

sandylmah@gmail.com

(780)951-3189

YOGA FUNDAMENTALS

8:15-9:30PM

Feb 1 start, No class: Feb 22, Mar 22

Sandy Brown

sandybrown.yoga@gmail.com

(780)964-8124

Friday

BOOTCAMP

9:15-10:15am

Stephanie Perry

rsperry@shaw.ca

(780)935-8768

Classes at *Laurier Heights Community Hall (14405 - 85 ave)*



PD DAY & MORE DAY CAMPS



Laurier Heights in Partnership with MudPie Parties is excited to offer the following day camps:

Nov 27
(PD Day)

Jan 2-5
(Christmas Break)

Feb 9
(PD Day)

Mar 1-2
(Teachers Convention)

Camps run 9:00 a.m. - 4:00 p.m.

Available for children in grades K-6

\$54/day (\$50/day for LHCL members & Laurier Heights School Students)

(early drop off/late pick up available for an additional \$10)

All camps are located at the

Laurier Heights Community Hall

Email programs@lhcl.ca for registration details.

Visit mudpieparties.com for more info about themes and camp programming.

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The Laurier Milkman

submitted by **Laird Smith, Block Connector**

SEVERAL YEARS AFTER MOVING TO EDMONTON, I TOOK A JOB AS A DOOR TO DOOR MILKMAN (HOME DELIVERY) WITH PALM DAIRIES.

The week I started working was the coldest week of 1976. I persevered and during the next two years learned what it took to be a good milkman; after which time, life's whims took me somewhere else until 1982 when I returned to the milk business. By then, Palm Dairies had decided to franchise the home delivery portion of the Dairy business so I had the opportunity to choose my home delivery routes and I chose Laurier Heights (LH) as one of them! The reason I chose LH was because I lived close by.

At the time, most of the best milk drinkers in LH (the children) had already marched off to higher education and employment. The other milk route had more children at home which helped maintain my income.

The milk delivery days were Monday and Thursday for LH, Tuesday and Friday for the other route. I picked up my daily milk load from the Dairy, located on Parsons Road, at 5 am and delivered to my first house by 5:30 am. By this time, most of the milk chutes in homes were boarded up due to security concerns so each customer had their own way of doing things.

For this reason, I created a 'milk route book' in which I kept track of each customer's specific requests. I knew what day(s) they wanted their milk, what kind of milk they wanted, where at their house they wanted it put, and how they paid their bill.

Some customers such as the Glen Sather's family wanted their milk between the doors if they were not home. A family that lived on Laurier Drive wanted me to go into their garage and place the milk in their fridge, year around. Others such as Mrs. D.K. Yorath, wanted to meet me at the door and pay me each time. If I had time to spare Mrs. Yorath would give me a cup of coffee and we'd chat. Other customers I remember include Dr. and Mrs. Allin of the Allin Clinic, the Morgensterns, the Assalys, and the Amerongens. I also delivered to the Chisholm's and the Bill Comries' of the Brick furniture outlet. After delivering to the Comries one morning, I got new customers named Dr. and Mrs. Belch. I introduced myself and called the lady of the house by her last name and she emphatically instructed me to call her Barbara!

For several months I delivered whole milk to the Valley Zoo. That was when I met Lucy, the elephant,



at age 11. She was learning to pick up a quarter from the concrete floor with her trunk – I had trouble doing that with my fingers! They say elephants 'never forget', I wonder if she would remember me?

My greatest fear while delivering milk in the early morning when it was dark was stumbling into a skunk and being sprayed, which would have spoiled my day to say the least. I developed a strategy in case that happened which fortunately I didn't have to use. It involved using a lot of tomato juice.

In the spring of 1986, I got out of the milk business and formed a company called Royal Tree Pruning and continued to serve LH as well as the rest of the City – in a different role.

Today, nearly 30 years later, I love living in Laurier and serving as a block connector. And it seems to me that Laurier Heights once more has a wonderful crowd of milk drinkers judging by the numerous young and new families in our community: Might be a great business opportunity for someone in the neighbourhood!

Free Memberships for Canada 150

REMEMBER THAT ALL 2016/17 COMMUNITY LEAGUE MEMBERSHIPS EXPIRE ON AUGUST 31. RENEW FOR THE 2017/18 YEAR NOW TO MAKE THE MOST OF ALL YOUR MEMBERSHIP BENEFITS.

As a gift to all residents of the Laurier Heights community, the Laurier Heights Community League decided to cover the costs of membership fees this year for anyone living within the boundaries of the neighbourhood. Renewals are not automatic from year to year, so you will need to fill out the membership form and submit it; you can fill out the form on the next page and send it in at your convenience. Your friendly neighbourhood Block Connectors will also be making the rounds to distribute memberships, and of course you can get one at any LHCL neighbourhood event.

Donations

FREE MEMBERSHIPS are very exciting, but there is still work to be done on our hall, ongoing operations and maintenance, plus all the fun things we want to continue doing for our neighbourhood this year.

Please consider making a donation to the LAURIER HEIGHTS BUILDING SOCIETY to help us continue to make Laurier Heights a wonderful place to live and play. Any donations over \$20 are eligible for a tax receipt.

Donations can be dropped off at any time with your membership forms.

Thank you for supporting Laurier Heights!

Why Membership Matters...

AT ITS SIMPLEST, A COMMUNITY LEAGUE IS A GROUP OF YOUR NEIGHBOURS WHO VOLUNTEER TO ORGANIZE EVENTS, ACTIVITIES AND PROGRAMS IN YOUR COMMUNITY. THE FIRST COMMUNITY LEAGUE FORMED 100 YEARS AGO AND TODAY, THERE ARE 157 COMMUNITY LEAGUES ALL ACROSS THE CITY. EVERYONE IN EDMONTON LIVES WITHIN THE BOUNDARY OF A COMMUNITY LEAGUE.

When you purchase a Community League membership, you help your neighbourhood bring residents together, improve the community amenities, and in turn, you enhance the quality of life for you and your neighbours. Community Leagues do this through organizing recreational, education and sport programming, hosting community parties and events, developing amenities such as spray parks, playgrounds, sports courts, community gardens and community league halls, and by being the voice of the community when it comes to civic matters that impact your neighbourhood.

Some benefits available, regardless of which community league is yours, include:

- Youth Sport Participation
- A 20% discount at any City of Edmonton Recreation Centre through the Community League Wellness Program
- Up to 30% off all Cloverdale Paint products and up to 20% off all sundry items at Cloverdale Paint stores
- Neighbourhood Parties, Events, Classes
- Free Skating On Any Outdoor Community League rink across the City
- A Voice in Shaping Your Community

LAURIER HEIGHTS COMMUNITY LEAGUE

2017 - 2018 FREE Membership Application (valid until August 31, 2018)*

Adult #1 - First Name: _____ Surname: _____

Adult #2 - First Name: _____ Surname: _____

Extra Family Member Information:

Children / Other Family Member Names	Birthdates (mm/dd/yyyy)	M / F
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Contact Information

Address: _____

Postal Code: _____ Phone #: _____

Email Address: _____

Your email address will not be sold or misused in any way; distribution is for information regarding community news & events only.
By providing your email, you agree to receive email updates from Laurier Heights Community League; you may opt out at any time.

Your LHCL membership provides you with free access to community league outdoor rinks and our tennis courts.

Would you like skate tags? ☐ Yes ☐ No If so, how many skate tags does your family need? _____

Would you like an Edmonton Federation of Community Leagues member door sticker? ☐ Yes ☐ No

Volunteer Opportunities

We require assistance from volunteers throughout the year for our annual fundraisers and other special community events. You can volunteer as much or as little as you'd like based on your availability and schedule. We also have vacant Board Member positions available immediately. Please let us know if you are interested in assisting. Thank you!

- ☐ Yes, I am interested in occasionally volunteering to assist our Community League. Please include me on the Laurier Heights Volunteer Request email alerts so I can help when I'm available.
- ☐ Yes, I am interested in volunteering in an ongoing capacity. Please contact me with information on current Board positions and/or other long-term volunteer opportunities.
- ☐ No, I'm sorry I'm unable to volunteer at this time.

For your convenience, memberships may also be purchased online at www.efcl.org

Please submit this completed form to our Membership Coordinator:

Christine McCourt-Reid
13807 84 Ave • T5R 3W6
membership@lhcl.ca

Optional Donations:

☐ Yes, I'd like to support our community league by offering a donation of \$ _____

*Tax receipts issued for donations of \$20 or greater. Donations may be made with cash or a cheque made payable to: **LAURIER HEIGHTS BUILDING SOCIETY***

THANK YOU FOR SUPPORTING YOUR COMMUNITY LEAGUE!

**Laurier Heights Community League is offering our residents free memberships this year to celebrate Canada 150. Donations are greatly appreciated to help us continue our neighbourhood work.*



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DKKplayschool.org
f [DieKleineKinderschule](https://www.facebook.com/DieKleineKinderschule)



We Pamper our Patients
and SUPPORT OUR COMMUNITY



Left to Right: Dr. Anne McCaskill Pellatt, Dr. Michelle Breault, Dr. Sylvie Renoir

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learning through play

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Little Friends is a non-profit, parent cooperative preschool located in Crestwood. We offer educational field trips, exciting visitors, special events, and activity stations in our newly renovated rooms! Our teachers and assistants are highly experienced and qualified.

Available programs:

- ▶ Toddlers (19 m - 2.5 years)
- ▶ Playroom (3 year olds)
- ▶ Playschool (4 year olds)

Registration for next school year opens in early March.
 Please visit our website for more details.

littlefriendsdm.com

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- Professional Advice & Service Throughout
- Free Moving Boxes
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Living & Working in Laurier Heights

This communication is not intended to cause or induce breach of an existing agency agreement.



LHCL Community Calendar

NOVEMBER

- 13th Seniors' Care and Well-Being
Conversation, 6:30-7:30 PM All welcome!
BOD Meeting to follow
- 15th Canterbury Games Night, 6:30 p.m.
- 25th Christmas Cocktails Fundraiser
• Join us for a fantastic, festive evening
of cocktails, finger food and an
auction you don't want to miss out on!

DECEMBER

- 4th Block Connectors' Gathering
- 9th Annual Cookie Walk, 10 a.m.
Family Potluck Dinner with Holiday
Crafts & Activities, 6 p.m.
• Get the entire family in the holiday
spirit at this neighbourhood feast; bring
your favourite Christmas dish to share.
- 14th AGM & Neighbourhood Christmas
Social, 6:30 p.m.
- 20th Canterbury Games Night, 6:30 p.m.

JANUARY

- 8th BOD Meeting
- 9th Block Connectors' Gathering
- 12th Community Potluck, 6 p.m.
- 17th Canterbury Games
- 25th Neighbourhood Conversations

FEBRUARY

- 3rd Winter Fun Day with Sleigh Rides
- 8th Block Connectors' Gathering
- 9th Community Potluck, 6 PM at the Hall
- 12th BOD Meeting
- 21st Canterbury Games
- 22nd Neighbourhood Conversations

MARCH

- 6th Block Connectors' Gathering
- 9th Community Potluck, 6 PM at the Hall
- 12th BOD Meeting
- 21st Canterbury Games Night
- 22nd Neighbourhood Conversations

Programs & Events in Laurier

Do you have an idea or a suggestion for an activity, event or program you'd like to see in the neighbourhood? Please drop us a line and let us know; we'd love to help make it happen!

Karen: president@lhcl.ca
Kendra: programs@lhcl.ca
Marie: events@lhcl.ca

Our Mission

To encourage a safe, friendly and active neighbourhood by providing programs and services that promote family and community, and acting as an advocate by representing the needs and interests of the community's members.

Our Vision

Laurier Heights Community League strives to be a safe, friendly and engaged neighbourhood where building, sustaining and inspiring community is the focus. Laurier Heights Community League welcomes and seeks the engagement of all its member; acts according to its values; and represents and advocates for the needs and best interests of the whole community.

In-Kind Donations

The Heritage Room ('old' hall) needs some TLC. The kitchen is in need of a new(er) fridge.

The Facilities Team is in need of a working lawn mower.

Please contact:
facilities@lhcl.ca
if you have items to donate.

We appreciate your help
and generosity!