



# LAURIER HEIGHTS NEWSLETTER

Autumn 2021

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## MEMBERSHIP NEWS!

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We are excited to welcome new residents to the neighbourhood with the gift of a free membership for the 2021/22 season. If your family has moved to Laurier Heights in 2021 and doesn't yet have a community league membership, get in touch with us to activate your free membership. See pages 10-11 for more info.

## LHCL Newsletter

Laurier Heights Community Newsletter is a quarterly publication distributed to all households in the Laurier Heights neighbourhood. The League also communicates through social media, the Nextdoor app and regular e-blasts.

Sign up for our digital newsletter: [newsletter@lhcl.ca](mailto:newsletter@lhcl.ca)

If you have any stories or photos you would like to share about community happenings, please be sure to send them our way for submission in future newsletters.

For more information on the newsletter or advertising opportunities, contact:

**EDITOR:**

Christine McCourt-Reid  
[newsletter@lhcl.ca](mailto:newsletter@lhcl.ca)

**ADVERTISING COORDINATOR:**

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Laurier Heights Community League acknowledges that we are on Treaty 6 territory, a traditional meeting ground, gathering place, and travelling route of the Cree, Saulteaux, Blackfoot, Métis, Dene, and Nakota Sioux. We acknowledge all the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries.

The Laurier Heights Community League is dedicated to being respectful, inclusive and supportive of the LGBTQ+ community, both as an organization and as a community. Furthermore the Laurier Heights Community building stands as a safe space for all members of the LGBTQ+ community from harassment, discrimination, and intolerance.

## Laurier Heights Community League

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COVER PHOTO: WIRESTOCK FOR FREEPIK

# EDITOR'S LETTER



**WHILE SUMMER STRETCHES SLOWLY ON, THERE IS A CRISPNESS TO THE AIR THAT SIGNALS THE COMING ARRIVAL OF FALL.**

While some see autumn as an end of sorts, to me it has always felt like a new beginning. With the new school year beginning, it feels like a time to reset and start anew. And just as September signals the start of a new school year, it also marks the beginning of a new Community League membership season. Did you know that all community league memberships across Edmonton expire at the end of August (regardless of when they were purchased)?

We are so delighted to welcome Jen Bann into our volunteer fold as our new Membership Coordinator. Jen is just one of a handful of volunteers who make the time to give of themselves for the benefit of the entire community. It's these quiet, behind the scenes volunteers who continue to make Laurier Heights such an incredible community to live, work and play in.

In the pages of this issue, you'll learn more about the people who have shaped – and continue to shape – our neighbourhood. From our tireless volunteers who show up to mow, weed and plant in our greenspaces, to those who are spending much of their time to help ensure programs and events are safely delivered to our community members, to those who take the time to share the stories of our neighbourhood residents... we are fortunate to be surrounded by neighbours who are so generous with their time and spirit.

There are so many ways one can get involved with their community, as simple as attending an event or volunteering to do something that interests and inspires you. I can tell you with certainty, you will meet some pretty amazing people and may even come away with some spectacular friendships.

On that note, I would like to invite you all to join us for our annual Harvest Fair on September 25 – Community League Day! Community League Day is the city's day to celebrate what community leagues do and encourage more people to get involved. Edmonton is one of the first cities in the world to implement community leagues, and has successfully been fostering neighbourhood connections this way for over a century. That's pretty special, and I look forward to being a part of this community building well into the next century!

**STAY CONNECTED:**



@LAURIERHEIGHTSCOMMUNITYLEAGUE



@LAURIERHEIGHTS



@LAURIERHEIGHTS



WWW.LHCL.CA



SIGN UP FOR OUR EMAIL NEWSLETTER BY  
EMAILING: [EBLAST@LHCL.CA](mailto:EBLAST@LHCL.CA)

Don't forget that your Community League  
Memberships have now expired!  
Renew yours today to get the most out of  
your 2021/22 membership!

**CHRISTINE MCCOURT-REID**  
LHCL Newsletter Editor

# PRESIDENT'S MESSAGE

GREETINGS FROM KAREN WILK, LHCL PRESIDENT



Some of us grew up watching Mister Rogers whose neighbourhood was recently described as a reflection of the “kingdom of heaven” --Imagine that, could a neighbourhood like Laurier be a reflection of heaven too? Most of us likely have some idea of what heaven might be like but would we describe it the same way we would describe our neighbourhood? —Perhaps that’s not as far-fetched a comparison as we might at first assume. Mister Roger’s neighbourhood was:

“welcoming. Personal. Profoundly interested. Intimate. Curious. A place and time set apart from the workaday world, made special and holy by the ritual of putting on sneakers and a cardigan that was hand-knit by your mom. It [was] a realm of answers that honor the questions, of delight in the very simplest things. There we discover that we matter, that we are seen. There we find love that puts to rest our dread that we are unlovable. Mister Rogers’ Neighborhood portrayed the power of kindness, a power we tend to forget as we grow older. Adulthood, we think, requires us to harden ourselves against the disappointments of reality. And then someone greets us with kindness, and the miracle that can happen every day—the neighborly ushering in of God’s kingdom—happens again.”<sup>1</sup>

I love this description of a healthy, vibrant, ‘heavenly’ neighbourhood where we can be ourselves, where we matter and are seen, and kindness wins the day! It makes it so clear that it’s about the people and relationships of mutual love, respect, attention and authenticity. As you’ll see in the article, “Everyone Has A Gift,” Laurier is seeking to be a place and a people who embody these characteristics.

And as this quote suggests, it starts with a simple greeting—offered with sincerity and openness...

Can we be kindly curious? Can we welcome all those around us?

Apparently, we can, and we do very well!!

Just this week, we received an invitation for dinner at our neighbours, fresh flowers from another neighbour, rhubarb cordial passed over the fence, tools, tips and assistance exchanged around the block and a concert on the corner --all these and so many more daily, weekly bids are reminders that these ‘small things’ are not so small after all. They create a ripple effect that inspires me, and I trust you too, to continue to practice neighbourliness and witness the power of kindness as Mister Roger’s puts it, despite the occasional awkwardness (“Oops, I’ve forgotten your name again”) or fear (knocking on the door of those neighbours who just moved in; what if they don’t like cookies?)

As we seek to be neighbourly this season, including as we have the opportunity to connect with one another at community events like our Fall Fun Festival, perhaps we’ll be able to say to one another, “this is the way it’s supposed to be, a little heaven on earth right here in Laurier” and we’ll find ourselves humming...

It's a beautiful day in the neighborhood  
A beautiful day for a neighbor  
Could you be mine? Would you be mine?  
It's a neighborly day in this beauty wood  
A neighborly day for a beauty  
Could you be mine? Would you be mine?  
I have always wanted to have a neighbor just like you  
I've always wanted to live in a neighborhood with you  
Let's make the most of this beautiful day  
Since we're together, might as well say  
Would you be my, could you be my  
Won't you be my neighbor?

Think I’ll go put on my sneakers and cardigan—  
Thanks for being my neighbour!

– KJW





# EVERYONE HAS A GIFT

THE BENEFITS OF A BLOCK-CONNECTED COMMUNITY

WRITTEN BY: KAREN J. WILK

Block Connectors help us affirm what Cormac Russell, Asset-Based Community Development (ABCD) guru teaches over and over again:

“Everyone has a gift (they are born with), a skill (they have learned and practiced, and could potentially share/teach), and a passion (that they act on) that they can contribute to the wellbeing of their community.”

That includes you and me, all our neighbours, new and long-time, young and older, owner and renter, all cultures, abilities, and experiences embraced — everyone has gifts, skills and passions to contribute! And I am continually amazed and so grateful for the many and diverse contributions shared with one another in Laurier to nurture an inclusive community of care, connection and creativity.

For example, Laurier neighbours use their gifts, skills and passions to:

- To come alongside widows and widowers, bring meals to new parents and families where there are significant health issues.
- To decorate front yards with well wishes and congratulations when a birthday, graduation or other special occasion is being celebrated; paint rocks, create window displays and Halloween candy shoots!
- To learn and participate together in sporting activities at our multi-use facilities – from tennis and pickleball to tai-chi and yoga, ball hockey, basketball, roller skating and blading, soccer and baseball, and of course, playing in our spray park and playground where we also connect with one another and enjoy a picnic or two together.
- To encourage, teach (and feed us) by cultivating a “food forest” and pop-up vegetable garden, lovingly and graciously initiated by our “Talking Gardens” group and now, our new hard-working Steering Committee. The hope is that many will participate and benefit today, and that it will bear much fruit for all for decades to come.



We also benefit from these contributions when we gather as neighbours for food truck get-togethers, block concerts and other socials, sharing not only good food and drink, but our stories, hopes and dreams, burdens and joys. The same could be said about our book clubs, walking, biking, art, and craft groups in which we have opportunity to be with one another in fun and meaningful ways.

Studies repeatedly reveal that as more and more of our gifts, skills and passions are discovered, shared and connected in positive mutual relationships not only are our personal lives enriched but also our communal life, our local environment, economy, and culture.

In other words, we’re better together and so is, the place we all call home, our Laurier.

Our block connectors play a key role in initiating and nurturing such discoveries and relationships. Block Connectors are known for being “point people, party people and listeners” such that all of our gifts, skills and passions can be identified, shared and appreciated to create a community of connection, care and abundance! Perhaps you are a natural connector, would like to participate in or start a group, find out more, and/or contribute to this initiative in other ways. We’d love to have you involved! Please contact Julie Rohr at [ace@lhcl.ca](mailto:ace@lhcl.ca) of 780-554-4750 or Karen Wilk at [net@lhcl.ca](mailto:net@lhcl.ca)



# ANNUAL HARVEST FAIR & BEER GARDEN SEPTEMBER 25

Join us for our annual Community League Day celebration at the Laurier Community League. This year, we are marking 100 years of community leagues in Edmonton, and we hope you can join us for the festivities!

**3:30-5:30 PM**

**Petting Zoo, Games and Food Forest Fun**

**5:00 PM**

**Live Music, Food Booth and Beer Garden  
OPEN!**

- Get your 2021 membership at the event!
- Complete our Neighbourhood Scavenger Hunt and win a prize (but be sure to watch out for our Food Forest Troll!)
- Connect with neighbours and celebrate with a delicious Rhubarb Shrub!



## SOCCER UPDATE



Registration for indoor soccer begins August 1 and ends September 15. Registration must be paid to be considered complete. Players paid or registered after midnight on September 15 will be put on a waitlist while teams are being formed. You will need a new community league membership to complete your registration. Please see page 11 to purchase a current membership. The program is run with volunteer community coaches; please volunteer! Without volunteers, we can not run teams.

**The Indoor season runs from mid-October thru early February.** Coaches will contact players in early October, inquiries regarding player placement will not be answered by the West Zone office.

### COMMUNITY PROGRAM

**NEW START DATE:** Saturday, October 16, 2021

Schedule to be released by EMSA Main on Oct. 13 after 5:00 p.m.

[www.emsamain.com](http://www.emsamain.com)

### PLEASE NOTE:

- Games may start as early as 6:45 a.m.
- Practices will be scheduled for U9+ (at this time we do not know what these will look like). The City of Edmonton has advised they will be sending out information on gym usage in late September.
- NO Refunds after Oct. 1, 2021. Prior to Oct. 1, 2021, a \$50 administration fee will apply for any refund requests.

**All payments for Indoor Soccer are paid to the West Zone.**

### PAYMENT OPTIONS:

- Credit Card online
- Cash or debit by appointment only; please email [soccer@ewzsa.com](mailto:soccer@ewzsa.com)
- Payment Plan: 50% down by Sept. 15, 2nd payment October and final payment November. Contact [finance@ewzsa.com](mailto:finance@ewzsa.com) for arrangements
- Financial Aid: Contact [finance@ewzsa.com](mailto:finance@ewzsa.com), confirmation, and/or arrangements must be in place by Sept. 15 to be placed on a team.

### Season Start Date: Saturday, October 16th, 2021

Please note game times will vary each game, schedule will be released October 13th (after 5 pm) @ [emsamain.com/schedules](http://emsamain.com/schedules)

Age Group	Year born	Tentative Play days	Location Tentative	Fee
U4 & U5	2018 -2017	Saturday or Sunday	West End	\$125
U7	2016-2015	Saturday	West End	\$275
U9	2014-2013	Saturday	City Wide	\$340
U11	2012-2011	Saturday	City Wide	\$340
U13	2010-2009	Saturday and/or Sunday	City Wide	\$340
U15	2008-2007	Sunday	City Wide	\$340
U17	2006-2005	Sunday	City Wide	\$340
U19	2004-2003	Sunday	City Wide	\$340

- \* No rescheduling of Games for Indoor Soccer
- \* Christmas Break starts Dec. 23rd, 2021 and Games will resume January 2nd, 2022.
- \* Please note due to time or field restrictions you may have to play some of your games on a different playing day than what is shown. Playing days may change.



# PAT WISHART:

## LAURIER HEIGHTS AUTHOR AND INNOVATOR

Our beautiful city is home to the largest urban park in Canada, with more than 160 kilometres of maintained pathways and 20 major parks. We can bike, skate or walk for hours along paths that take us through natural areas, where we can enjoy the woodland that existed back in the time of the original settlers. And, as intrepid city explorers, I'm sure many of us have our favourite walks, whether it is for the peacefulness of a path, or for the variety of flora and fauna we encounter.

In 1988, it was the joy of such walks that led Laurier Heights' resident, Pat Wishart, along with her friend, Jean Horne, to establish a walking group for women, called the Wild Rose Ramblers. The group met every Tuesday at the John Janzen Nature Centre, April-July and September-November. Pat says, "It was a relaxed group that enjoyed the outdoors and wanted to know more about the birds, plants and wildlife we encountered. We considered ourselves stewards of our natural spaces." The group started with about ten members but soon grew to more than fifty individuals. Pat says they always tried to mind the safety of others on their walks and to make sure that no one got left behind! However, Pat notes with regret, "It was so disappointing that the Covid-19 virus took over because we had to slow our walks or stop them." She is hoping that Covid will soon be in the rear view mirror, and the group will once again gather to explore and enjoy the river valley.

With her background as an elementary school teacher, Pat knew she wanted to inform and teach others about the wonder of nature that lay within our city, and it was the establishment of the Wild Rose Ramblers group that laid the groundwork for two more of Pat's ambitious and successful projects.

The first project grew out of her volunteer work at the John Janzen Nature Centre. The Nature Centre opened in 1976 under the direction of biologist, Cam Finlay. When Cam asked Pat if she would teach the centre's nature courses for the children, ages 4-5 years, she happily took up the position. Pat had the children (and parents) playing games, singing songs, going into the woods to see wildlife, and even becoming bunnies for the morning. Pat smiles as she remembers those times, "Overall, it was just fun!" Seeing the joy and enthusiasm of the children and their parents, Pat recognized the opportunity to cre-

ate seasonal guides to nature and fun activities for young children. Together with her friend and co-author, Dianne Hayley, illustrator Jo-El Berg, and Pat's husband, biologist Bill Wishart, the "Knee High Nature" series was published over a span of five years; 1989-1993. The series had four separate books, each one featuring a season in Alberta. It met with such success that the Government of Alberta purchased the 4-volume set for every elementary school in Alberta.

Her desire to teach gave rise to her second project -- writing and publishing the "Wild Rose Ramblers Walking Guide." The 1st edition, published in 2009, was "The Heart of the City", a walking guide for Central Edmonton. The 2nd edition, "Precious Green Spaces", published in 2013, was the guide for West Edmonton. These guides were produced through the contributions and efforts of many Wild Rose Ramblers. The Edmonton Nature Centres Foundation (ENCF) has recently extracted 40 walks from the two walking guides, and they can be found on-line on the ENCF's website, <http://encf.org/maps/>.

Pat's commitment to our city and its natural environment doesn't stop with her personal projects. She has served on the Public Advisory Committee of the Environment Conservation Authority, the Edmonton Parks and Recreation Board, the Citizens Advisory Committee for the Buena Vista Laurier Park, the Edmonton Natural Areas Advisory Committee and has represented the Canadian Federation of University Women on Edmonton's Combined Sewer Overflow Strategy.

Amazingly, while being a remarkable community member, citizen, advocate, author and volunteer, with husband Bill at her side, Pat also took time to raise three children, all of whom have some connection to science and nature. When I met with the Wisharts to record Pat's accomplishments, Bill's pride in her endeavors was very evident!

Laurier Heights, Edmonton and the province of Alberta are so fortunate to have the contributions of Pat Wishart, environmental visionary, in our midst. Thank you Pat for helping us explore our city's wonderful flora and fauna, and for bringing the wonder of nature to our doorstep, and footsteps!

WRITTEN BY: SHEILA BUTT

# THE ART OF RELA



**AVAU AND MALCOLM FAST CELEBRATE 50 YEARS OF MARRIAGE. AVAU IS WEARING A NECKLACE SHE RECEIVED FROM HER STUDENTS AS A WEDDING GIFT ALL THOSE YEARS AGO.**

WRITTEN BY: **JULIE ROHR**

**Art is a craft that requires practice, dedication, creativity, and commitment. So, too, is marriage. Perhaps this is why my neighbour, Avau Fast, has proven quite proficient at both.**

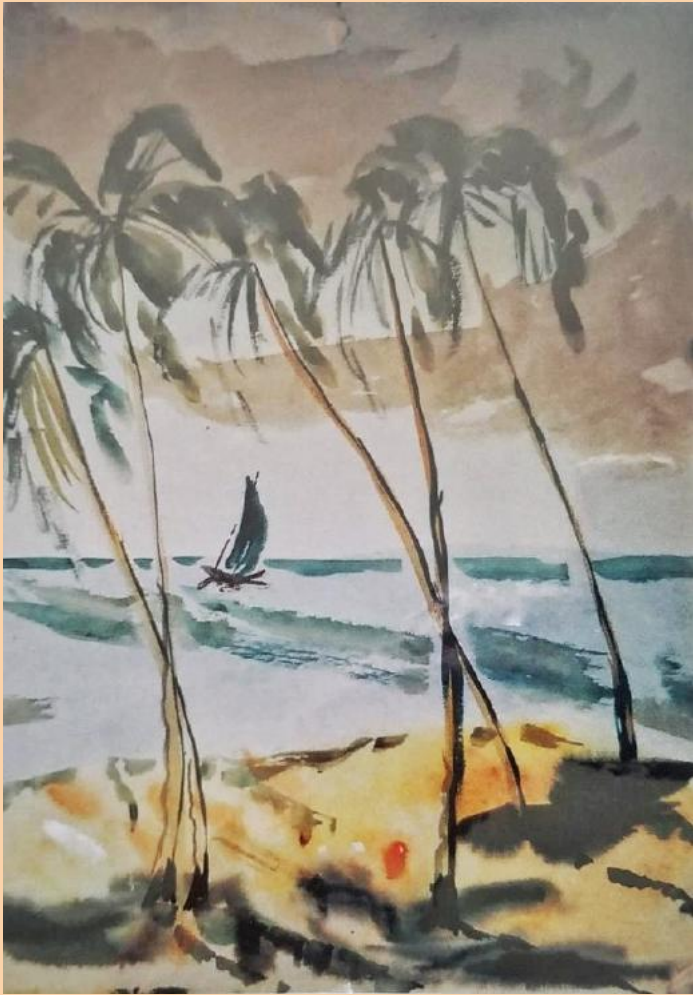
To know Avau and her husband, Malcolm, is to know two precious stones in the mosaic that is Laurier Heights. The story of how they met – she, a young woman from India with 11 siblings, and he a boy from the Canadian Prairies, teaching English together in Japan, is a remarkable one. I heard the story told again recently at a block pie social. Avau chuckled softly as Malcolm recalled how he, having developed feelings for Avau, noticed a half-finished letter she was writing to her parents on her desk one day when he came to give her a ride to a group event. He took the letter and completed writing it himself, introducing himself as a young man who would like to take the traditional route of asking the parents before asking the young lady for her hand in marriage. Instead of sending a letter back to him personally, as he expected, Avau's parents sent a large box containing a wedding sari and other gifts to the school they worked at. When the box was opened in front a room full of people, and Avau appeared quite confused at the contents, Malcolm had some explaining to do! It seemed that his risk paid off, though, as the pair just celebrated their 50th wedding anniversary in July, a testament to their strong partnership and commitment.

Avau is the kind of person who pays close attention to detail, her life philosophy flowing through everything she does. She appreciated art from an early age. "As a child, my memory is of a box of coloured pencils which my mother kept out of her children's reach," she said, explaining that her mother's artistic stylings were well known among family and friends through the cards and drawings she shared. "My Dad, on the other hand, would take a piece of chalk and on the driveway from the house to the gate cover it up with animal drawings." Her father's history as a forest ranger led him to love animals, and his children would be delighted by his sketches and chalk renderings. When she experienced a medical emergency with her appendix, she had to spend much time indoors, recovering from surgery. "Days I felt better, my mother encouraged me to write and draw and paint," explained Avau. "She got me into reading, needlework, beading, and basically all kinds of crafts. Sick as I was, I painted skirts with flowered patterns designed by myself. The first few were for



# ATIONSHIP

my sisters. As friends and neighbours saw them, they also wanted one." In this way, by selling her portraits, paintings and crafts a little at a time, as well as working at the school her younger sisters attended, Avau was able to save up the tuition required to attend art school in Bombay.



While at art school, Avau recalls trying to keep up to the pace of 50-60 sketches a day. The class would go out to the seaside, and paint in the fresh air. She remembers one particular canvas, pictured here (include rooster photo here.) "This was a canvas where I used to clean my brushes, and one day I was about to throw it away when I looked at it and said 'let me see what I can do.' There was so much paint on it, and I didn't want to waste it," she said with a chuckle. "Paints were expensive." A few days earlier, she and her friends had witnessed a cockfight in the street, and she turned those leftover strokes of paint into this little scene.

Avau went on to teach for many, many years. She taught art, english, religion and social studies to various ages of students throughout her teaching career. As mentioned, teaching English to students in Japan is how she met her future husband, Malcolm, and what ended up bringing her to Canada. She is, in fact, still teaching art privately out of her home to this day. She has left a lasting positive mark in the memories of many of her students, some of them still approaching her in public when she goes out to let her know how much her instruction meant to them.

As Avau and Malcolm celebrate 50 years of a marriage relationship, Avau ponders the beauty of a life filled with gratitude and reflection. Though her voice is soft in tone, her words are thoughtful and carefully chosen. "What brings you to anything is communication," she said. "Whatever pictures you paint, whatever writing you do – you put your soul into it. So the common theme of your philosophy goes through whatever subject or grade you're teaching; what you are yourself, that remains throughout."

When I walk past Avau and Malcolm's house and see her out in the yard, carefully potting plants or tending to her flowers, I am reminded that she puts her soul into each thoughtful action. Both she and Malcolm are personal inspirations in my life, and I'm so grateful to call them neighbours and friends.



# membership

## MEET OUR NEW MEMBERSHIP COORDINATOR

JEN BANN

### WHAT DO YOU LOVE MOST ABOUT OUR NEIGHBOURHOOD?

I love my neighbors! I am fortunate enough to know some great families that live near me and I always enjoy the gatherings we have right here close to home. I also love being able to bike commute to work.

### WHAT MADE YOU WANT TO VOLUNTEER FOR LHCL?

I have enjoyed the neighborhood events I've attended in the past and appreciate the efforts LHCL puts in to bringing the community together through various programming. I always knew I wanted to be more involved and taking on Membership Coordinator allows me to do so in a role that suits my lifestyle.

### WHAT KEEPS YOU BUSY OUTSIDE OF YOUR TIME VOLUNTEERING?

I work full time as a Nuclear Medicine Technologist at the University Hospital. It can be challenging but the balance between technical skills, caring for a diverse patient population, research studies, and working with students keeps me stimulated. I play sports a few nights a week, soccer and slopitch, and have a high maintenance sphynx cat named Olive that I love to spoil.

### WHAT IS YOUR IDEA OF A PERFECT DAY?

Being productive while most of the world is still asleep gives me a sense of accomplishment so my perfect day definitely starts before 6am! I love to get up early, move my body, read, and enjoy my coffee. If I can include something local like a trip to the farmer's market or one of Edmonton's many festivals and end my day with a nice meal, good company, and wine I'm set.

### WHAT ARE YOU LOOKING FORWARD TO MOST ONCE THE PANDEMIC IS BEHIND US?

My husband Kyle and I have proven very well suited to pandemic life. We both enjoy being at home with a board game and our favorite take out, Ichiban Sushi! Live music has always been a big part of our lives so once it is safe to do so we are definitely looking forward to seeing bands live in concert again. Missing two years of Folk Fest is too many!



### MEMBERSHIP EXPIRY!

ALL 2020/21 MEMBERSHIPS EXPIRED ON AUGUST 30, REGARDLESS OF WHEN THEY WERE PURCHASED. RENEW YOUR MEMBERSHIP TODAY TO MAKE THE MOST OF IT!!

COMMUNITY LEAGUE MEMBERSHIP IS REQUIRED FOR COMMUNITY SOCCER REGISTRATION, OTHER YOUTH SPORTS, RINK/COURT USE, AND FOR SELECT PROGRAMS AND SOCIAL EVENTS.

COMMUNITY LEAGUES ARE (AND ALWAYS HAVE BEEN) COMPLETELY LED BY CITIZEN VOLUNTEERS – YOUR FRIENDS AND NEIGHBOURS! YOUR MEMBERSHIP DOLLARS IMPROVE OUR COMMUNITY AMENITIES AND HELP BRING NEIGHBOURS TOGETHER.

MEMBERSHIP FEES SUPPORT MAINTAINED COMMUNITY SPACES, FREE, LOW-COST SOCIAL AND EDUCATIONAL EVENTS, HEALTH AND WELLNESS PROGRAMMING AND COMMUNITY DISCOUNTS. MOST IMPORTANTLY, YOUR MEMBERSHIP GIVES YOU A PLACE TO BELONG, CONTRIBUTE, SHARE YOUR GIFTS AND PARTICIPATE AS A UNIQUE AND VALUED LAURIER HEIGHTS COMMUNITY MEMBER.

# 2021/22 LHCL MEMBERSHIP FORM

THANK YOU FOR YOUR SUPPORT!  
- MEMBERSHIPS VALID UNTIL AUGUST 31, 2022



## Household Info

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone Number: \_\_\_\_\_

### Additional Household Members:

Adult #2 (first + last name): \_\_\_\_\_

Additional Family Member: \_\_\_\_\_ Birth Year: \_\_\_\_\_

Additional Family Member: \_\_\_\_\_ Birth Year: \_\_\_\_\_

Additional Family Member: \_\_\_\_\_ Birth Year: \_\_\_\_\_

Additional Family Member: \_\_\_\_\_ Birth Year: \_\_\_\_\_

☐ YES! Our family would like skate/tennis tags so we can use the community facilities. We require # \_\_\_\_\_ tags.

## Membership Type

☐ FAMILY (\$40)  
Primary member must be 18+;  
unlimited household members

☐ SINGLE (\$25)  
Single member must  
be 18+

☐ SENIOR (\$25)  
For up to two 65+ adults  
in the same household

☐ ASSOCIATE (\$50)  
Membership purchase for those  
living outside of Laurier Heights

☐ NEW (FREE)  
For new Laurier  
residents as of 2021

Membership fees may be paid with cash or a cheque made payable to: **LAURIER HEIGHTS COMMUNITY LEAGUE**

Alternately, e-transfer payments can be sent to [membership@lhcl.ca](mailto:membership@lhcl.ca)

Please submit this completed form & your payment to:  
**Jen Bann • 14604 84 Ave • T5R 3X2 • [membership@lhcl.ca](mailto:membership@lhcl.ca)**

## Volunteer Opportunities

We require assistance from volunteers throughout the year for our annual fundraisers and other special community events. You can volunteer as much or as little as you'd like based on your availability and schedule. We also have vacant Board Member positions available immediately. Please let us know if you are interested in helping us as we work to build a better community for all. Thank you!

### ☐ BOARD or COMMITTEE

Yes, I am interested in volunteering in an ongoing capacity. Please contact me with information on current Board positions and/or other long-term volunteer opportunities. Areas of volunteer interest for me include:

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### ☐ OCCASIONAL

Yes, I am interested in volunteering to assist our Community League from time to time. Please include me on the Laurier Heights Volunteer Request email alerts so I can help when I'm available.

### ☐ SENDING REGRETS

No, I'm sorry that I'm unable to volunteer this year.

### ☐ OPTIONAL DONATION

Yes, I'd also like to support our community league by offering an additional donation of

\$ \_\_\_\_\_

*Tax receipts will be issued for donations of \$20 or greater.*

To receive your tax receipt, please ensure donations are made payable to :  
**LAURIER HEIGHTS BUILDING SOCIETY**

For your convenience, memberships may also be purchased online at [www.efcl.org](http://www.efcl.org)



# ADVERTISE WITH US

Laurier Heights Newsletter is published quarterly, and distributed to over 1000 households and businesses in the Laurier Heights neighbourhood.

If you'd like to buy advertising space in a future issue, please contact our Advertising Coordinator. Be sure to ask about our advertising opportunities in our community email newsletter as well!

**ADVERTISING COORDINATOR:**

Liz Herbert: [advertising@lhcl.ca](mailto:advertising@lhcl.ca)

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# COMMUNITY CONNECTIONS

## A community is built through giving. Join us!

### HELP CREATE A PLACE WHERE NEIGHBOURS SHARE A SENSE OF BELONGING AND OWNERSHIP

Community League volunteers have provided Edmonton residents with a voice in community development as well as unmatched recreational and social infrastructure. When you volunteer, you are making an impact in your life, the lives of those you volunteer with, and the lives of those who benefit from your efforts. Giving back to the place you call home helps to make your community a better place not only for you, but for all who live there.

### VOLUNTEER YOUR TIME AND SKILLS AS A GIFT TO STRENGTHEN OUR NEIGHBOURHOOD

#### TREASURER, LH BUILDING SOCIETY

An Executive Member of the Laurier Heights Building Society, you would be responsible for all financial record-keeping, ensuring a detailed account of revenues and presenting expenditures at every Board and General Meeting.

#### BLOCK CONNECTORS

The role of a Block Connector begins by having a conversation with neighbours on your block. Through the conversation process, the Block Connector becomes the “go to” person on the block. You are the person stewarding your neighbours’ emails and phone numbers; you get to know everyone on your block; you help neighbours welcome new neighbours. You are a key for their neighbours connecting to each other on the block and to the neighbourhood. Block connectors are typically responsible for staying connected to ~20 houses on their block or street.

We also have opportunities for people to volunteer on any of our teams and sub-committees:

- Communications Team
- Events Team
- Finance Committee
- Programs Team

For more information on these and other volunteer opportunities, please email: [volunteer@lhcl.ca](mailto:volunteer@lhcl.ca)

## UPCOMING EVENTS

### • HARVEST FAIR •

SATURDAY, SEPTEMBER 25

Music, food & beer gardens  
Food Forest celebration

**OCTOBER 30** – HALLOWEEN PARTY

**NOVEMBER 25** - COCKTAILS IN NOVEMBER

**DECEMBER 4** – ARTISAN'S MARKET  
AND FAMILY CHRISTMAS SOCIAL

Artisans who would like to participate book at table with Ainsley at [events@lhcl.ca](mailto:events@lhcl.ca)

### • CASINO FUNDRAISER • Q1 2022

Laurier Heights is slated into the queue for our next fundraising casino. We are scheduled for sometime between January and March of 2022, and we will be in need of volunteers to help us fill shifts over two days and nights. Stay tuned to our newsletters, website and social media for more information on dates and location of the casino as the date gets closer.

## KEEP IN TOUCH!

### • NEW WEBSITE •

We were so excited to recently launch our new website. Check it out at [lhcl.ca](http://lhcl.ca)

### • SOCIAL MEDIA •

Stay up to date by following us on Facebook, Instagram and Twitter.

### • EMAIL NEWSLETTERS •

Are you receiving our regular email update newsletters? It's full of great information for the neighbourhood. Sign up by emailing [eblast@lhcl.ca](mailto:eblast@lhcl.ca)