

## LAURIER HEIGHTS NEWSLEITER

Autumn 2022



LAURIER HEIGHTS ART SOCIETY ART SHOW & FUNDRAISER

SUNDAY, SEPTEMBER 25 · 1:30 - 4:30pm

Enjoy the "Wall of Sunflowers", paintings that have been donated by our artists with all proceeds going to the Ukrainian Canadian Congress of Edmonton.

Learn more on page 5.

### LHCL Newsletter

dia, the Nextdoor app and

ADVERTISING COORDINATOR:

Sharon Jeske

TREASURER casino@lhcl.ca VICE-PRESIDENT LHBSpresident@lhcl.ca

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Laurier Heights Building Society

# Laurier Heights Community League

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Janice Haugjord Equipment Coordinator: soccer@lhcl.ca | 780.235.8312 soccer@pittel.ca | 780.483.8364

#### PRESIDENT'S MESSAGE WHAT ARE WE **AFRAID OF?**

are unfounded! The truth is, contrary to this messaging, anyone and everyone is a threat, but most of our fears perpetuate and augment a culture of fear. When we're conspiracy theories, social media, advertising, and so on that we carry this fear since the news, political campaigns best they can to live healthy, happy, meaningful lives our neighbours are people just like us-- doing the exposed to so much 'scary stuff, we begin to believe that joy and gift of knowing our neighbours! It's not surprising 🗖 ear, unfortunately, has had a significant impact So how might we begin to consciously put aside on our lives, influencing our decisions and often leading us to miss out on so much, including the

ourselves and our households to meet our neighbours? What's the worst thing that could happen, really? That we afraid of? The unknown? Difference? Rejection? our irrational fears and assumptions, and challenge Perhaps it starts with naming our fears. What are

who has been knocking on neighbours' doors for ACE (Abundant Community Edmonton) Consultant of neighbourliness? According to Howard Lawrence, a neighbour might respond negatively to our gesture reinforces the need to crush these unfounded fears neighbours are afraid to open their doors—which only years, this just doesn't happen, though sometimes

and benefit from those of my neighbours as well with them and to be there for one another when an discover a friend nearby, to learn from them, to share if we were not afraid? I'd delight in the opportunity to experiences, and passions such that I would appreciate getting involved and contributing my gifts, abilities egg was needed, or plants required watering. I'd 'risk A second question then might be, What would we do

cooks, water-skiers, and cyclists. We've heard remarkable responders, dedicated educators, passionate gardeners, neighbours: talented musicians, compassionate first so grateful for all the incredible people who are our part of the Board, we have been amazed, inspired and lane or hosting an open house for the block, or being so. Whether by initiating a chat with a neighbour in the In fact, that's what's been happening as we have done

> finding the way through tragic and difficult circumstances stories of diverse heritages, challenging journeys, and of

neighbour is a central tenet, a primary calling and priority wonder and joy of neighbourly care and connection? beauty and goodness of you, my neighbour, and the insecurities in order to discover and honour the unique of my comfort zone, ignoring my awkwardness and if I allowed love/neighbourliness to prevail over most important one for me is, What would happen that we are here for another-- literally, right next door fear? Could love be the motivation for stepping out affectionate pets, and the comfort and security of knowing We've been gifted with wise elders, playful children In most faith traditions, societies and cultures, love of A third question, which has, perhaps, become the

whom we've repeatedly said, "we should get together by volunteering for the Board, becoming a Bloch skills, expertise and interests with our neighbourhood sometime!" And/or perhaps we could offer to share our or, to actually getting together with that household with ourselves to at least one neighbour every week. And, start today by, for instance, committing to introducing neighbourly love; there is no fear in love. Perhaps we could by together practicing (it takes practice, and courage) Connector, joining one of Laurier's Teams or groups. "There is no fear in love. But perfect love drives out fear. Perhaps we could help one another 'drive out fear

Jesus said it was the greatest. One ancient text concludes

lived here? Do you know we have a Talking Gardens' group? meetYOU! You have a beautiful garden...how long have you in the direction of her home), we're neighbours! It's great to "Hi, I'm Karen. We live just over there (gestures and points

FOOTNOTE: THE THREE QUESTIONS ARE ADAPTED FROM

SUBMITTED BY: KAREN WILK

**COVER PHOTO:** ARTWORK BY HELEN RICHARDS

# 19. 1

#### BELONGING AND OWNERSHIP A COMMUNITY WHERE NEIGHBOURS SHARE A SENSE OF WE'RE ALL ON THE SAME TEAM... JOIN US IN CREATING

your community helps to make it a better place for all to enjoy. as unparalleled recreational and social facilities. When you Edmontonians a voice in community development as well Edmonton Community League volunteers have provided impacting the lives of those you volunteer with. Giving back to volunteer, you have a say in shaping your community and

#### TO STRENGTHEN OUR NEIGHBOURHOOD VOLUNTEER YOUR TIME AND SKILLS AS A GIFT

# (POSITION STARTS IN DECEMBER 2022)

into the President role when their term is complete. the President is not available. Vice-President usually steps Replaces the President at meetings and functions when

#### PROGRAMS TEAM LEAD

(POSITION STARTS IN DECEMBER 2022)

programs (including soccer, hockey, and tennis). Is responsible for all matters pertaining to Laurier Heights

## COMMUNICATIONS TEAM LEAD

are reaching all neighbours in engaging and informed ways. Make a difference by ensuring community communications

#### **EVENTS TEAM LEAD**

all aspects of League social activities Organizes a group of community people to handle

#### NEWSLETTER EDITOR

Coordinate and design a quarterly neighbourhood newsletter.

#### OTHER OPPORTUNITIES

on any of our teams and sub-commitees: We also have opportunities for people to volunteer

- Communications Team
- Events Team
- Finance Committee
- Programs Team

opportunities, please email: volunteer@lhcl.ca For more information on these and other volunteer

# LONGTIME RESIDENT



beautiful brand-new home. At the time there being built, Betty and Ross Lint moved into their were still farms down Buena Vista Road

Elizabeth". Other long-time residents, Al and Sophie Starko attended as did her dear frienc and graciously acknowledged the title "Queen Betty looked elegant in a flowered hat and lei This summer, Betty celebrated her 97th

Grant Byrt is back in the neighbourhood and neighbours for years. We all grew up with their daughter Gail said, "Sophie and Al were our keeping an eye on Mom. His Mom Bobbi was one kids and the Byrt family children. Its amazing There's so much history on our street. Betty's

Elizabeth's" (Betty's) 100th birthday!! We are looking forward to celebrating "Queen



SUBMITTED BY: CAROL HUTCHINGS & SHEILA BUTT

kraini

Community Hall

procee go to

# LAURIER HEIGHTS ART SOCIET

# ANNUAL ART SHOW, SALE & FUNDRAISER

**SUNDAY, SEPTEMBER 25, 1:30 - 4:30 PM** COMMUNITY HALL ON AND ART SHOW AT THE LAURIER HEIGHTS HOLDING THEIR ANNUAL OPEN HOUSE THE LAURIER HEIGHTS ART SOCIETY IS

and cake in our Community Hall. and meet old friends and neighbours over coffee Everyone is invited to come to view our artwork

but not hold the annual show. it would have been our 30th! We were able to hold in our community hall. If it hadn't been for covid painting sessions off and on over the last 2 years, It's hard to believe that this will be our 28th show

are also welcome. all proceeds going to the Ukrainian Canadian ings that have been donated by our artists with Congress of Edmonton. Donations to this cause This year we added a "Wall of Sunflowers", paint

love the Heritage Room where we still spend two to start an afternoon art class. "Of course", they proached the league executive in 1991 and asked in the community led by Helen Richards apbeen in the old hall ever since. We artists just said, "that's what the hall was built for". We have The art group was started by a group of artists



ARTWORK BY: JEAN MATSUDA

hall when it was opened several years ago afternoons a week. The Art Show expanded into the new

t the Ukrainian Canadian Congress of Alberta support Ultrain

LAURIER HEIGHTS artwork for the annual show and chairs? And last, but certainly not least, hang the tighten loose screws, and put back together the tables heavens for them. Who else could better fix the toilets have always been a major part of this group. Thank are predominately women, but the Laurier Heights men of the gentlemen who painted with us. Many art groups al accountants, and engineers. We are especially proud professors, homemakers, nurses, architects, professionover the years - doctors, teachers, dentists, carpenters, in our group. Many occupations have been represented hall and the people who have painted with us! Over the After 30 years, we have so many fond memories of the years we have had so many interesting people painting

Annual Show & Sale

ART GROUP

lay Sept. 25, 2022

1:30 - 4:30pm

## facilities SOLAR UPDATE

Balance owing -\$983.49

Due on August 10, 2022

bo you notice anything unusual about Laurier Heights most recent utility bill (power, water and 
wastewater)? Don't worry, your eyes 
aren't playing tricks on you...that is 
a negative balance! Epcor owes us 
money again. With the installation 
of our 40.8kW solar array in Septemore 2020 we are well on our way to 
recouping our out of pocket costs 
that went towards building our solar 
nstallation. This investment is not 
only lessening the financial burden 
of operating our Hall but so far we 
nave reduced our CO2 emissions the 
equivalent of planting 478 trees, or 
thiving 74858 km. We also continue 
to look for ways to reduce electricity 
usage and improve energy efficiency 
so that we can drive our costs down



# SOCCET NEWS MEET A COUPLE OF THE TEAMS

Laurier had a very successful year with some notable accomplishments from the older teams. Our U9 Boys Laurier Lightning and our U15 Boys LHFC both play in Tier IV. Did you know that Tier IV is the highest level of play in community soccer?

Congratulations to the U-9 Boys Laurier Lightning in their 2022 outdoor season! The boys had an amazing season and ended up in a 3-way tie for first place in Tier IV. Their success was due to the players' commitment in improving and strong work ethic,



as well as a strong parent support group. The team included: Jack Agnew, Gabriel Agombar, Joshua Ajimon, Naslund Burback, Dante Chaput, Fitzgerald C, Hudson Hannigan, Lucian H, Noah Johnston-Campbell, Parker Johnston-Campbell, George McPherson, Khaled M, Avi Pickard, Luke Warshawski, Everett W, Emmett Yohemas; and Coaching volunteers: Sean Warshawski, Allan Pickard, Jeff Burback and Catherine Johnston. Our junior team managers (mainly doing snack quality control) were Georgia Burback & Cierra Yohemas.



Congratulations also to the U15 Boys LHFC for their outstanding play this past year! The coaching and core group of players on this team play both indoor and outdoor soccer. For the indoor season which plays during the winter months, the team won silver at Provincials and

for the outdoor season, the team went on to win gold at City Finals but were unable to commit a team to playing in Provincials. This is an incredible accomplishment, given that they are a rookie team and still have their second year of play in this same age division! The players on this team are: Conor Dehod, Matteo Downey-Damato, Joshua Dux, Katelyn Eadie, Owen Haugjord, Findley Laurte, Angus McPherson, Justin Miller, Micah M, Rhys Norton, Joshua Nsilulu, Samuel Nsilulu, Rojat P, Cohen Sellar, Asher S, Jack Tennant, Kate Tennant, Nicholas Trendel, Eliah Urschel, and Zachary Wildeman. The dedicated coaching volunteers for this team are: Alex Eadie, Matt Tennant, Don Dehod, Angela Miller, Chris Sellar and Bruce Mintz.

Well done, Laurier teams – you make us proud!

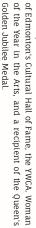
# PROFESSOR ALEXANDRA MUNN A MUSICAL MASTER

"MUSIC IS THE UNIVERSAL LANGUAGE OF MANKIND."
HENRY WADSWORTH LONGFELLOW - 1835

o truer statement has been made than this oftquoted assertion of longfellow. And a remarkable example of eloquent ability and application
of the language of music is found in the distinguished
and celebrated career of Laurier Heights resident, Professor Emerita Alexandra Munn.

The record of Professor Munn's achievements and contributions to the music industry are considerable – dating from 1962, when Richard Eaton invited her to

Bach Project, and she became a member was the Artistic Director of the Edmonton of 83. Woven into the years between, she talents until she retired in 2018 at the age ty's Alberta College Conservatory of Music cepted a position with MacEwan Universi-Richard Eaton Singers (formerly known as era Singers and, in 1968, conductor of the monton Opera Association, the Da Cameight-month term would last until 1991! and related subjects. Remarkably, this term as a sessional instructor in piano come to Edmonton for an eight-month where she continued to share her musical the University Singers). In 1992, she acshe became Chorus Director of the Ed-Subsequently to this celebrated tenure,



One often wonders if excellence in any endeavour is the result of nature or nurture. For Professor Munn, het musical journey started at the tender age of four when she first sat at a piano. Her mother's brother had loaned her father \$50 to purchase the piano, with payments of \$5 a month and no interest charged! And, at 5 years of age, she began piano study in Calgary where her innate abilities soon became evident. She fondly remembers her primary teachers: Mts. Lesingham Shortt; Dr. Gladys McKelvie Egbert; and, later, Erwin Freundlich of the Julibiard School of Music. Little did she realize how that \$50 piano, along with their instruction, would be the start of a lifetime of music.

For any teacher, when reflecting on former students, certain individuals often come to mind. Professor Munn

remembers one student who, ultimately, would become an important figure in her life; Jim Mahood. Professor Munn smiled as she recalled, "Jim was a young man who came from the University of British Columbia with one year under his belt, saying he wanted to go into piano performance. But he had no musical background, no technique and no repertoire. I asked him what do you want to do when you grow up? He said, an orthopedic surgeon!" Professor Munn said she told him, "If you listen to

me, we can accomplish this together and, he did! And, eventually, he would also become an orthopedic surgeon. When I think of what this young man put himself through, I remember it as one of the most important events in my life."

As the years of Dayling went by, Profes-

As the years of playing went by, Professor Munn found herself in need of surgery on one of her hands. Specifically, she needed orthopedic surgery. Back into her life came Dr. Jim Mahood. He arranged for her surgery with one of his colleagues. Dr. Michael Morhart, who specialized in hand surgery. Soon, she was back at the keyboard in fine form.

Professor Munn says that although she

has been blessed with many gifted students, it is has always been more important to her that they turned into first class human beings. Whether it turned out that piano or choir was their career path, or if they became a teacher or orthopedic surgeon, in the end, she was concerned about the character of the person as a whole. Given the many students who continue to update Professor Munn on their projects and achievements, it is clear her teaching nurtured not only their musical talent but also qualities that contribute to society as a whole. Perhaps it was the meaning behind the words Erwin Freundlich shared with her that she passed on to those shaught - "Whatever you do, you must do with all hon-

And so, through a \$50 piano, some lessons and a lifetime of dedication, the musical gifts of Professor Alexandra Munn have reached far and wide, enriching the lives of those she has touched with the universal language of music. Let the music play!!! WRITTEN BY: SHEILA BUTT

# SUMMERTIME BLOCK PARTIES

**OUR AMAZING BLOCK NEIGHBOURS, THANKS** GET TOGETHER WITH THE OPPORTUNITY TO **BLOCKS ENJOYED** AND MANY LAURIER MONTH IN EDMONTON JUNE WAS BLOCK PARTY CONNECTORS! TO THE INITIATIVE OF

OTHER BLOCKS) IN OUR PICTURES THAT GIVE COMMUNITY. THE SUMMER ON BE HAD THROUGHOUT **FUN THAT WAS HAD** US A GLIMPSE INTO THE IN WORDS AND HERE'S A FEW SNIPPETS AND CONTINUED TO

Suzanne at connect@lhcl.ca or Karen a block connector, please contact If you would like to help plan a block at **net@lhcl.ca** – we look forward to party and learn more about being hearing from you!



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encouragement to get together again! Prosecco and lemonade:) We received lots of positive feedback and food and sunshine. And we toasted our first annual block party with neighbours join in! Participants were happy to connect over organized it and were wonderfully surprised when we had of 80 Ave folks on July 16th. Nathalie Johnston and I e had a wonderful block party for 143 st and a smattering



complimentary food items to share (potluck-style). Entertainment wa burgers and hot dogs and participating households also brought .ook forward to next year's party! were amazing and enjoyed by all. It was an awesome evening, and we aunching pad for the next generation of Edmonton Jazz talent." They ncludes musicians between the ages 14 and 21, is known as "a choice. provided by Little Birds (Junior Yardbird Jazz Band). Little Birds, which enjoyed games provided by EFCL and neighbours. Volunteers bbq'd n June 10th, Laurier Bottoms celebrated with our Block Party. and meet new people! Families and all ages attended and It was wonderful to connect or reconnect with our neighbours





time at our Block Party. friends, but not in Laurier! We had a great company of neighbours and consider them comes first. It's a rare thing to enjoy the our street shows. The well-being of people Then neighbours become friends, a of community deepens. The care of special thing happens. The feeling

Niki Suvan, Block Connector (138 St. +



# MEMBERSHIP

advocacy of local causes. community gardens, and league halls, and the such as spray parks, playgrounds, sports courts sporting events, the construction of amenities organization of recreational, educational, and life. Community Leagues do this through the facilities, thereby increasing your quality of connect, build, protect, and improve community Community League, you help your neighbours in Edmonton. By becoming a member of your There are presently 157 Community Leagues neighbourhood events, activities, and programs. of neighbours who come together to coordinate League is one way we can all be better ecoming a member of your Community neighbours! A Community League is a group

a variety of disciplines, including government. flourishing community that benefits everyone! people and develop new skills. We are building a in your community might help you meet new careers on community league boards! Volunteering Several of our current council members began their training ground to cultivate future leaders in neighbours. Community leagues are an excellent local community volunteers — your friends and Community Leagues have always been led by

YEAR BY PURCHASING TODAY!

IT TO OUR MEMBERSHIP COORDINATOR! THE FORM ON THE NEXT PAGE AND SUBMIT YOUR FIRST MEMBERSHIP! SIMPLY FILL OUT WITH US, WE WOULD LOVE TO GIFT YOU AND HAVE NEVER HELD A MEMBERSHIP HAVE MOVED TO LAURIER HEIGHTS IN 2021 NEW TO THE NEIGHBOURHOOD? IF YOU

> FOR COMMUNITY SOCCER REGISTRATION, OTHER COMMUNITY LEAGUE MEMBERSHIP IS REQUIRED YOUTH SPORTS, RINK/COURT USE, AND FOR

OF OUR COMMUNITY. CONTRIBUTE, SHARE YOUR GIFTS AND MEMBERSHIP GIVES YOU A PLACE TO BELONG, PARTICIPATE AS A UNIQUE AND VALUED MEMBER

# MEMBERSHIP FEES SUPPORT:

## MAINTAINED COMMUNITY SPACES

#### **EDUCATIONAL EVENTS** FREE, LOW-COST SOCIAL AND

forest, ACE, Sprouts, Scouts and more! Seasonal community fun days, Green Shack, neighbourhood newsletters, community potlucks,

#### HEALTH AND WELLNESS

FREE skating at the Laurier Heights rinks and at tennis courts; FREE summer and winter playground

#### A SENSE OF COMMUNITY

# LHCL Membership Form

MEMBERSHIPS VALID UNTIL AUGUST 31, 2023

AURIER HEIGHTS

Membership Type  FAMILY MEMBERSHIP (Annual Fee: \$40) Primary membership (Annual Fee: \$40) Primary membership (Annual Fee: \$25) Individual membership (Annual Fee: \$25) Up to two 65+  SENIOR MEMBERSHIP (Annual Fee: \$25) Up to two 65+  ASSOCIATE MEMBERSHIP (First Year Free) For those new to primary Member Household Contact Information:  First Name: Last Name:	FAMILY MEMBERSHIP  (Annual Fee: \$40) Primary member must be 18+; unlimited household members  INDIVIDUAL MEMBERSHIP  (Annual Fee: \$25) Individual member must be 18+; no additional household members  SENIOR MEMBERSHIP  (Annual Fee: \$25) Up to two 65+ members in the same household  ASSOCIATE MEMBERSHIP  (Annual Fee: \$50) Membership for those who live outside of Laurier Heights neighbourhood  NEW MEMBERSHIP  (First Year Free) For those new to the neighbourhood in the past year with no previous membership  rrimary Member Household Contact Information:  Last Name:  Last Name:
NEW MEMBERSHIP	(First Year Free) For those new to the neighbourhood in the past year wi
Primary Member Househo	old Contact Information :  Last Name :
Post Code :	Phone No :
E-Mail :	
Additional Household Members:	mbers:
Full Name :	Birth Year :
Full Name :	Birth Year
Full Name :	Birth Year
Full Name :	Birth Year
Full Name :	
	Birth Year :

#### Volunteering

We require assistance from volunteers throughout the year for unanual fundraisers and other special community events. You can volunteer as much or as little as you'd like based on your valiability and schedule. We also have wearnt Board Member positions available immediately. Please let us know if you are interested in helping us as we work to build a better community for all. Thank you!

		BOARD / COMMITTEE
9	2	

am interested in volunteering in an ongoing capacity. Please contact me with information current Board positions and/or other long-term volunteer opportunities.

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Laurier Heights Volunteer Request email alerts so I can help when I'm available. I am interested in volunteering to assist from time to time. Please include me on the

No, I'm sorry that I'm unable to volunteer this year

#### REGRETS

DONATION

Tax receipts will be issued for donations of \$20 or greater. Yes, I'd also like to support our community league by offering an additional donation of : 💲

Membership fees may be paid with cash or a cheque made payable to:

To receive your tax receipt, please ensure donations are made payable to: **LAURIER HEIGHTS BUILDING SOCIETY** 

E-transfer payments can be sent to membership@lhcl.ca

LAURIER HEIGHTS COMMUNITY LEAGUE

Prease Submit form & payment to: Jen Bann • 14604 84 Ave T5R 3X2



REALTOR® 780 499 7720 John Fraser

JFSELLS.COM





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#### Randy Boissonnault Member of Parliament / Député Edmonton Centre / Edmonton-Centre O @R\_Boissonnaul (†) @R.Boissonnault

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Tel: 780-442-1888 | Email: randy.boissonnault@parl.gc.ca

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ELEVIATION











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#### **COMMUNITY EVENTS**

#### THINGS TO DO THIS FALL & WINTER

#### **TRUTH & RECONCILIATION GATHERING**

SEPTEMBER 30, 6:00 PM NORTH OF LAURIER HALL

Gather to recognize and honour the significance of National Day of Truth and Reconciliation and to respond to its call to action and reflection.

Wear orange & bring a basket of orange leaves.

#### KARATE

MONDAY & WEDNESDAY EVENINGS LAURIER HALL

The AKF Karate at Laurier club is looking for new students. Visit akfkarate.com/karate-at-laurier/ for more information and to register.

Questions can be sent to laurierAKF@gmail.com

#### **COMMUNITY POTLUCKS ARE BACK!**

6:00 PM AT THE HALL We all have to eat so why not eat together?! Bring what you can; all are welcome!

OCTOBER 10 – Thanksgiving Leftovers Come out for the Edmonton Art Council's "Festival in a Box" Parade and show, 3:30–5:30 PM and then enjoy a meal with your neighbours!

NOVEMBER 12 - Long Weekend Hangout

DECEMBER 3 - Holiday Social

#### **VOLUNTEER APPRECIATION SOCIAL**NOVEMBER 26

#### SIXTEEN DAYS OF ACTIVISM AGAINST GENDER-BASED VIOLENCE

NOVEMBER 25 - DECEMBER 10

Laurier will once again be participating in the international campaign to challenge violence against women and girls. The campaign runs every year from 25 November, the International Day for the Elimination of Violence against Women, to 10 December, Human Rights Day. Plan to be a part of it!

#### **ARTISAN'S MARKET**

**DECEMBER 3** 

We are hoping to once more host an Artisan's Market. Please contact net@lhcl.ca if you're interested in helping and/or participating.

#### AGM & BOARD HOLIDAY SOCIAL DECEMBER 12

Have an idea for an event you'd like to see in our neighbourhood? Send us an email: net@lhcl.ca

Subscribe to our digital newsletter to get regular updates about everything happening in Laurier: https://bit.ly/3638qCh

#### **KEEP IN TOUCH!**

Are you receiving our regular email update newsletters
It's full of great information for the neighbourhood.
Sign up on our website at www.lhcl.ca