

# LAURIER HEIGHTS NEWSLETTER

Winter 2022



*Warm Winter Wishes*

# LHCL Newsletter

Laurier Heights Community Newsletter is a quarterly publication distributed to all households in the Laurier Heights neighbourhood. The League also communicates through social media, the Nextdoor app, our website and regular emails. Sign up for our digital newsletter: [newsletter@lhcl.ca](mailto:newsletter@lhcl.ca)

If you have any stories or photos you would like to share about community happenings, please be sure to send them our way for submission in future newsletters.

For more information on the newsletter or advertising opportunities, contact:

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Laurier Heights Community League acknowledges that we are located on Treaty 6 territory and respects the histories, languages and cultures of First Nations, Metis, Inuit and all First Peoples of Canada, whose presence continues to enrich our vibrant community.

The Laurier Heights Community League is dedicated to being respectful, inclusive and supportive of the 2SLGBTQ+ community, both as an organization and as a community. Furthermore the Laurier Heights Community building stands as a safe space for all members of the 2SLGBTQ+ community from harassment, discrimination, and intolerance.

# Laurier Heights Community League

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## CURRENT VOLUNTEER OPPORTUNITIES

**VICE-PRESIDENT:** You are second in command and will preside at meetings in the President's absence and replace the President at various functions when asked to do so by the President or the Board. You are also responsible for the annual review of the Society bylaws and act as a signing authority for the Society.

**PROGRAMS TEAM LEAD:** Laurier is full of diverse interests for all ages! This is an opportunity to support some cherished programs that have been experienced for many years, AND make a mark by bringing in new programs that can engage the community.

**COMMUNICATIONS TEAM LEAD:** Not feeling "in-the-know"? Make a difference by ensuring community communications are reaching all neighbours in fun and delightful ways.

**MEMBERS AT LARGE:** We need 1-4 community members to serve as Directors-at-Large and participate on a team according to their interests and gifts/talents, and carry out other duties as assigned by the Board.

**EVENTS TEAM MEMBERS:** You connect the neighbourhood! Events are a great way to get to know more of your neighbours and have a blast celebrating together.

**NEWSLETTER EDITOR:** Working as part of the Communications Team, you keep the community connected by sharing news and articles in a quarterly print edition newsletter.

**ADVERTISING COORDINATOR:** Working in tandem with the Newsletter Editor, you coordinate all advertising related activities for our quarterly publication.

All roles are supported by many other community volunteers and team members. To find out more about these positions, please contact the LHCL board president at [president@lhcl.ca](mailto:president@lhcl.ca)

## WHY SHOULD YOU GET INVOLVED IN OUR NEIGHBOURHOOD?

By getting more involved, you have an opportunity to connect with our community and contribute to making Laurier an even better place to live for all. Together as citizens, we can nurture a healthy, inclusive, vibrant, caring and abundant community right where we live! Here are **Twelve Reasons to Volunteer:**

**GENEROSITY:** It's an opportunity to give back, pay it forward, and/or help others, which in turn can be fulfilling for you.

**PASSION:** It's a way to make a difference with regards to something you care about, like your neighbourhood!

**RESOURCEFULNESS:** It's an opportunity to accomplish things in your community that otherwise wouldn't get done.

**CONNECTION:** It's a great way to meet new people and become more involved and a part of your community.

**BELONGING:** It can help you feel more like you belong by being a contributing member of the community.

**HEALTH:** Volunteering has been shown to improve overall health and wellbeing.

**AMBITION:** It builds your résumé and offers great work experience.

**LEARNING:** It can offer new knowledge and skills.

**ADVENTURE:** It's a chance to try something new or different.

**ENJOYMENT:** It can be a lot of fun!

**RECIPROCITY:** It can include great perks like food, tickets, parties, and swag.

**CITIZENRY:** It's an opportunity to take up the privilege and responsibility of citizenship.

# get involved





**KAREN WILK**  
LHCL PRESIDENT

## **(MY LAST) PRESIDENT'S MESSAGE**

**HAVING BEEN WITHOUT AN ACTIVE PRESIDENT AT OUR ANNUAL GENERAL MEETING ON MARCH 9TH, 2015, I WAS NOMINATED TO TAKE ON THIS SIGNIFICANT POSITION IN OUR COMMUNITY. I HAD BEEN INVOLVED IN THE LEAGUE PRIOR TO THIS TIME AS THE LEAD OF OUR NEIGHBOURHOOD ENGAGEMENT TEAM (SEE ARTICLE ON PAGE 12) BUT THIS WAS A NEW, CHALLENGING AND RATHER FORMIDABLE ROLE FOR ME TO TAKE ON. I WASN'T SURE IF I WAS UP TO THE TASK (AND I'M STILL NOT) BUT, ALMOST 8 YEARS LATER, I CAN SAY IT HAS BEEN A WONDERFUL, INSPIRING, ENCOURAGING AND LIFE-GIVING EXPERIENCE, THANKS TO YOU! OUR COMMUNITY IS AMAZING!**

My work began with re-creating the Board structure in order to facilitate more participation, ownership, and responsibility. We shifted from individuals being responsible for everything in their portfolio to Teams with a new vision and set of values, and a few years later, updated bylaws as well. We became an official Abundant Community Edmonton (ACE) neighbourhood and invested more effort into the exciting work of connecting our blocks. We found our way through challenging conversations with differences of opinion, the Canterbury building project, traffic concerns/safety issues, Heritage kitchen renovations and extensive LED lighting replacements, rink office and washroom upgrades; numerous transitions, grants, projects, programs, events, initiatives like the Food Forest, the installation of solar panels and pickleball courts and, not least on this list, the task of keeping a neighbourhood connected and caring while navigating a pandemic. Those outdoor concerts, plays, book clubs, treasure hunts, painted rocks, decorative hall lighting and Food Forest garden events made a big difference during those difficult years! And so did 'Zoom'!



Over the years, we also learned to 'boo' and 'sock' one another, to light up the night (with Illuminight and better lighting around the hall and rinks), give and receive (our tri-neighbourhood Buy Nothing group now has nearly a 1000 members), to grow and enjoy haskaps and other fruity delights (Check out the Food Forest article on page 9), to meet neighbours and have fun by dinking a wiffle ball with a ping-pong-like-paddle over a tennis net, to keep skating, to be teams working together as many hands (and heads and legs) make light (and fun) work, to appreciating and engaging the time and gifts of diverse citizen neighbours, to... the list could go on and on!

**MAY HOPE LEAD US,  
MAY PEACE ASSURE US,  
MAY JOY FILL US,  
MAY LOVE ENCIRCLE US,  
AND MAY GRATITUDE MOVE  
US – THAT WE MIGHT BE A  
NEIGHBOURHOOD OF HOPE,  
PEACE, JOY, AND LOVE.**

**HAPPY HOLIDAYS, EVERYONE!**

But perhaps in and through it all, more than anything else, we (I) have been learning that to be community, isn't so much about the productive meetings, the good programs, the great events or even our amazing team leads, it's about being neighbourly. It's about the relationships, the people around us who matter, who have something to give, who have something we can learn from; in fact, it's all about what the season in which we're now entering reminds, prompts, and blesses us with, love.

Love. Love of neighbour is a foundational precept in almost every world religion/ philosophy... and it's not just a platitude or a bumper sticker! It's an action and a practice which is lived out in our actual neighbourhoods, when we pay attention to our actual neighbours... when we seek, in ordinary, every day practical ways to love 'them.'



That is what I am learning. Over the years, I have both received and sought to express such love with so many of you, right where we live, next door, down the block, in the hood. I feel it in the depths of my heart –

### **I AM PROFOUNDLY GRATEFUL FOR THIS OPPORTUNITY – AND FOR ALL OF YOU!**

It has been a joy, privilege, and adventure to lead and participate in our neighbourhood in this way—

This holiday season, as we gather and share with neighbours, family and friends, may you too feel this deep gratitude, and most of all, may you share, give and receive 'the greatest of these which is love.'

Wishing you and your household, all the gifts of the season, peace, hope, joy and especially love.

Your Pres for a little longer,  
Karen Wilk

PS- While this is my final newsletter message as LHCL president, my last AGM (Annual General Meeting) 'poetic reflections' will appear in the first issue of our 2023 newsletter.

## **TO KAREN, WITH GRATITUDE**



Chances are, if you live in Laurier, you have crossed paths with our Community League President, Karen Wilk. Even if you haven't ever met her, rest assured that Karen's work in and passion for this community have definitely affected your quality of life as a resident of Laurier Heights.

Karen's years of tireless service and dedication to our neighbourhood are valued beyond measure. Karen has gone above and beyond in her efforts, working to nurture community at every opportunity that presented itself – and creating new opportunities for connection along the way.

We are so thankful for all that Karen has done and we wish her all the best as her time as Board President comes to an end. We are truly blessed to have had such a kind, compassionate and caring person lead our community.

–LHCL Board –



# thanks

## KAREN WILK





# A NEIGHBOURLY HOLIDAY GIVING LIST

AS YOU CELEBRATE THE SEASON, WHATEVER YOUR TRADITIONS, HERE ARE A FEW IDEAS BEYOND EXCHANGING GIFTS TO EXPRESS YOUR 'LOVE FOR ONE ANOTHER' IN THE NEIGHBOURHOOD:

- As you enjoy special table times with neighbours, family and friends) – whether as host or guest – express your gratitude for one another and all that you are sharing together.
- Make space and time to 'just' be with a neighbour, perhaps a person or household who has experienced a loss or other difficult time this year.
- Sock' em, your neighbours that is! Ask your Block Connector how (or google: "You've Been Socked").
- Offer to babysit so those parents with young children 'next door' can go gift shopping or on a date.
- Winter can be hard not only on people, but on our feathered neighbours. Show your love to the birds by putting up a bird feeder or a suet treat in your yard or a neighbourhood green space. Check out Canadian Wildlife Federation: How to Make Your Own Suet ([cwf-fcf.org](http://cwf-fcf.org)).
- Remember our furry neighbours, too – do you have old towels you could give to your neighbour who provides foster pet care? Could you offer to walk a neighbour dog or take care of a pet while neighbours are on holidays?
- Drop off notes of appreciation and best wishes to those who support our neighbourhood – mail carriers, teachers, community volunteers, etc.
- Add some books to your neighbour's Little Free Library or the LHCL one at our Hall.
- Give the gift of 'clean and bright' by cleaning up litter and/or brightening up our streets with LED lights, participating in our Illuminight (Dec. 12) and decorating with environmentally friendly materials.
- Instead of just dropping off those homemade goodies, enjoy them together – Have a cup of tea or Christmas cheer WITH your neighbours! Or how about a 'crappie dinner' or 'Reason for the Season' gathering, the latter of which the Laurier Bottoms have been doing for years.
- Support local – we have many talented neighbours who showed up to sell their beautiful wares at our Artisan's Market on December 3rd. Reach out to local makers for your gift needs!
- Be a Secret Santa: Leave a treat, shovel the walk, do something nice for your neighbours secretly!
- Make greeting cards for Canterbury residents and other seniors in our neighbourhood.
- Host a gingerbread house making night – everyone brings their own house and one decorative item to share (like peppermints) and you enjoy a fun afternoon or evening together. You could also do this with other crafts or our new favourite: make chacuterie chalets (which tend to get eaten on the spot).
- Contribute to our fundraising and donation collections and/or make your own donations whether food, clothing, toys or money – there are so many opportunities!
- An ancient saint summed it up, "Serve one another in love."
- Become a Block Connector and help us make an even better list next time!

**SEASON'S GREETINGS FROM YOUR BLOCK CONNECTORS!**

# SOCCER UPDATE

Laurier soccer is pleased to be hosting 2 teams for this indoor season: U9 Boys and U15 Boys. In total, we have 36 children playing soccer in the indoor program representing our community. Go Laurier, go!

The season is now well underway and scheduled to run until early February.

The U15 Boys team has a bottle drive scheduled for Saturday, January 14th.

**DON'T FORGET:  
FEBRUARY IS REGISTRATION  
MONTH FOR 2023 OUTDOOR  
SOCCER REGISTRATION !**

# RINK HOURS

The Laurier Rink is open!  
General skate hours for the season will be:

**MONDAY - FRIDAY  
3PM - 9PM**

**SATURDAY  
11AM - 9PM**

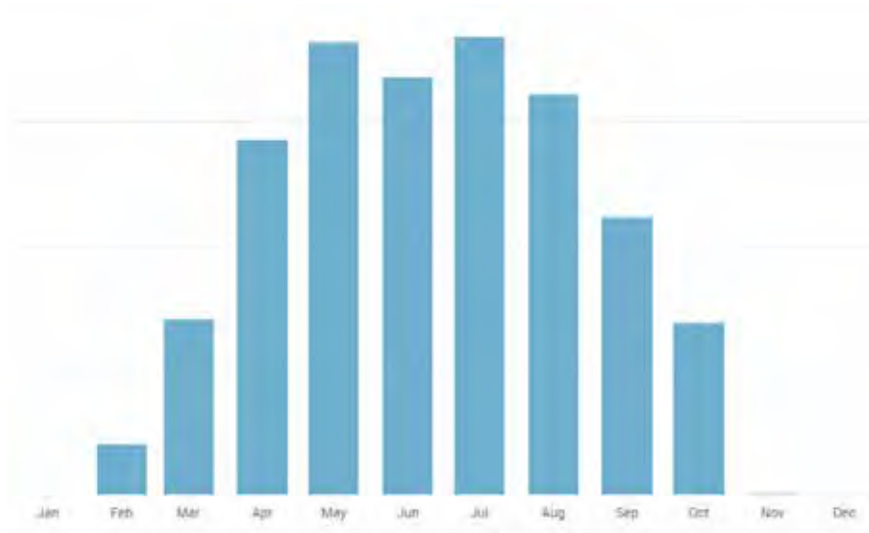
**SUNDAY  
11AM - 7PM**

# FACILITIES UPDATE

**THE FACILITIES DEPARTMENT UNDERTOOK A RINK MAINTENANCE DAY IN OCTOBER AND HAD A GREAT TURNOUT OF VOLUNTEERS TO LEND A HAND. WE SPENT ABOUT TWO TO THREE HOURS CUTTING OUT ROGUE TREES, WEEDS, BRANCHES AND GRASS AND PICKING UP LEAVES AND LITTER TO HELP KEEP THE RINK OPERATING PROPERLY. A BIG THANK YOU! TO LEO, WALTER, JEFF, SHARON, CRAIG, BOB, SUZANNE, SHANNON, STEVE AND WILL.**

Here is a graph showing the actual electricity production of the solar array on the roof of the Laurier Heights Hall so far in 2022. Any true Edmontonian will recognize how the solar productivity almost exactly follows the solar calendar. During the long, sunny days of summer the productivity is at its highest, and in the dark days of winter the productivity is at its lowest. Why did June dip between May and July? Do you remember "Monsoon June"? Usually the highest producing month, June was bumped into third place this year due to the number of overcast days.

We are currently using the tail end of our big summer utility surpluses and will be having to buy electricity again from the grid for the first time since April. Cross your fingers for a sunny and bright winter!



**INTERESTED IN LEARNING MORE ABOUT HELPING OUR  
FACILITIES CREW WITH THEIR ONGOING WORK?  
SEND AN EMAIL TO [FACILITIES@LHCL.CA](mailto:FACILITIES@LHCL.CA) FOR MORE INFO.**



# HAPPINESS, ENTHUSIASM AND OUR FOOD FOREST

SUBMITTED BY: DONNA MCLEOD-HUYNH

Novelist Charles Kinsley tells us that with respect to our happiness, "We act as though comfort and luxury were the chief requirements of life, when all that we need to be happy is something to be enthusiastic about."

Watching our Food Forest take shape in recent years as a direct result of neighbours coming together, is precisely something we can be enthusiastic about!

Laurier offers many events and opportunities for us to engage in, not the least of which is our community garden at the hall.

With amazing leaders and visionaries like Marilyn Dale, Laura Pekkola, Kim Schmidt, and the Wilk's (Steve, Karen and Melissa), neighbours can come together, connect, visit, work, harvest, anticipate and receive both the beauty and the bounty of our efforts.



We sincerely thank those who have offered their time and muscle by participating as worker bees too! There have been many neighbours needed in planning, planting, weeding, mulching and/or gathering forest food. Thank you!!

If you've sojourned there or simply walked along the pathway, you've no doubt noticed and been pleased for a moment with the feast for the senses, all on offer at the garden.

If you've had the chance to snack on a few juicy red (or yellow!) raspberries, a bowl full of tart haskaps or taste any of the many, many other provisions of the forest, you can easily slide into a moment of pure happiness!

Those moments of happiness might also be recognized in some of us as gratitude, for the land's remarkable capacity to provide. This little forest offers fruit, shade and shelter; habitat and medicine, teachings, knowledge and spiritual guidance. We now come together annually to this very place, located in Sipiwiyniwak, to mark our National Day of Truth and Reconciliation.

The food forest is not humble, it humbles us; as we engage in ceremony, build relationships with each other and the earth, and as we learn together.

If the food forest doesn't stir enthusiasm in you yet, you can anticipate that it will soon. Because encouraging neighbours are near, ready to welcome you and include you in the happiness our little garden provides.

**YOU CAN FIND THE LAURIER HEIGHTS  
FOOD FOREST ON THE WALKWAY  
BETWEEN LAURIER HALL AND 85 AVENUE.**



# gazebo park

## our history



### TEN YEARS AGO, 'THE LOT PROJECT' IN LAURIER HEIGHTS BECAME GAZEBO PARK...

At that time, the newly formed Laurier Neighbourhood Engagement Team had three major ideas under consideration: Yorath House, a community garden and what we became known as "The Lot Project" – Isn't it amazing that all of those have been addressed over the last 12 years!

When "The Lot Project" was chosen as our first priority, a neighbour wrote on hearing the news, "Congrats for taking on this neighbourhood eye sore – we would like to help." And so it began!

We had all kinds of grand ideas then from an art display to a garden labyrinth, to a farmer's market but first we had to secure a lease with the owner,

Esso Limited. We are very thankful for their generosity in providing this space for the neighbourhood at almost no cost.

In the end, the many schemes were simplified and amalgamated into creating a neighbourhood 'bumping space' where neighbours could hang out and connect and where community events could take place (Remember, this was before we had our new hall).

Garage Sales and other fund-raising endeavours brought in donations from \$10- \$1320 from over 100 Laurier households. Rocks and perennials were also donated by neighbours and most of our trees and shrubs came



## HAVE YOU NOTICED OUR FRESHLY STAINED GAZEBO?

THANKS TO WALTER MAROZOFF, WHO IS A MEMBER OF OUR LHCL FACILITIES TEAM, OUR GAZEBO LOOKS AS GOOD AS NEW! WALTER TOOK THE INITIATIVE, SAW THE NEED AND WENT TO WORK AS HAVE SO MANY OTHERS SINCE.

FOR MORE INFORMATION ON GAZEBO PARK, PLEASE CONTACT [NET@LHCL.CA](mailto:NET@LHCL.CA)



from the generosity of Canadian Tire at Windermere. The City of Edmonton helped with benches and a picnic table.

And all the hard labour was done and continues to be done, by neighbours-well, almost all of it! The ground was so hard that volunteers even when jumping on their spades could not make a dint in the surface! So, one of our volunteer project managers, Steve Wilk, called Len at G and L Enterprises to bring a 16-inch auger on his bobcat to drill holes for the plants. The over 100 boulders were also positioned on the property with the bobcat, to prevent vehicle traffic and protect Esso's monitoring wells.

The paths, planting and the gazebo installation all required a great deal of volunteer time, energy and resources and we were all excited to be able to celebrate our work by enjoying our fall Beer Garden for several years (2013-2015) at Gazebo Park (prior to completing our new building).

But perhaps the most important gazebo park story is that of the Soprovichess, Marie and Doug. They and their company at that time, Aquarian Construction, did a great deal of research and planning to find just the right gazebo and the proper footings and finishings for it – they also did all the labour! Sadly, Doug,

after courageously battling lung cancer, passed away at the age of 51, in November of 2012 and was never able to enjoy it. For this reason, the gazebo is dedicated to him and his memory lives on and is celebrated each time we enjoy it.

As Marie reflected recently, "It definitely was a passion project. It is about 10 years since that gazebo was constructed and it is as strong as ever. I also know that it gets used quite a lot and that makes me (and I am sure many others) very happy!"

Let's continue to keep it beautiful; it belongs to – and is a shared history – for all of us.



# NEIGHBOURHOOD ENGAGEMENT TEAM LOOKING BACK: WE'RE ON THE WAY – AND WE'VE COME A LONG WAY!

IN 2010, I COMPLETED A  
“NEIGHBOURHOOD ENGAGEMENT  
APPLICATION” WITH THESE  
PARAGRAPHS IN RESPONSE TO  
THIS INSTRUCTION: “DESCRIBE  
AN IDEA, OPPORTUNITY,  
DREAM OR VISION YOU WOULD  
LIKE TO SEE HAPPEN IN YOUR  
NEIGHBOURHOOD.”  
(READ THE ORIGINAL APPLICATION  
IN THE COLUMN AT RIGHT)

Reading this twelve years later, in spite of two years of pandemic restrictions, we can see and celebrate how we have been making these dreams, a reality! We may not be ‘there yet’ but we’re on the way and we’ve come a long way! We are making the road by walking with our growing number of block connectors, our active and expansive League Board and Team structure and more and more households practicing neighbourliness.

If you are not already engaged, please consider where and how you would like to join us in making this neighbourly road of community abundance, care and connection in Laurier. Why? Check out the “Twelve Reasons to Volunteer” on page 3 and find out more about the many opportunities on our Board, Teams and as a Block Connector.

We would like neighbours to get to know each other and “care about each other.” We have experienced it in our little nook of the neighbourhood, and it has made a huge difference. At various events, neighbours have made comments such as how they had lived on their street for 17 years without knowing any of their neighbours(!)-- and how nice it is to meet each other; feel like you belong; feel looked after/safer, like someone is watching out for you/your home and especially, to have friends on your own street!

One idea that we have for making this happen on a broader scale, is to have regular (weekly, monthly or bi-weekly) potlucks at the Community Hall to build community connections and neighbourliness, i.e. “promoting family and community” (LHCL mission statement at that time). There is another community league in the city, Highlands, that has been having them every Monday evening for several years with great success. With 18.4% of our households being singles, 12% being widowed and a continual rise in the number of single parent families, there is a growing need for these opportunities to be together.

Another suggestion we would like to propose is a monthly “Good Neighbour” project in which anyone/everyone (whole families- it’s great for kids to be a part of these things), would be encouraged to participate. Our street has been doing this in an informal way for the last few years. To make this happen, we would discover and keep track of the many and amazing assets/gifts/skills/expertise of our neighbours and their needs- the senior couple who would like help with yard work; the single parent who requires minor home repairs, the ravine that could use a clean-up, little jobs at the rink or hall, even a project or two that the school or Canterbury Court could use some help with... and then we would disperse volunteers once a month to respond to these needs together. Not only does helping others make us feel good, but it would also make our community/ neighbourhood an even better place to live for all! And if the response continues to multiply, we could reach out to less fortunate neighbourhoods as well.

...Wouldn’t it be great to create and nurture a wholistic approach to community engagement and neighbourhood life where all residents feel included, have opportunities to grow personally (become better parents, etc.); to be in community and to use their gifts, talents, and resources to participate in and contribute to our neighbourhood, and the greater Edmonton area?

# LAURIER HAPPENINGS

**THE LAURIER BLOCK CONNECTOR GROUP IS THRILLED TO INTRODUCE TWO NEW BLOCK CONNECTORS, AMANDA ADCOCK AND LORI O'SULLIVAN. WE LOOK FORWARD TO WORKING WITH YOU BOTH!**

Block connectors and other neighbors have been busy through the fall – boo'ing their blocks, helping out at the first community potluck in two years, the Harvest Fair, the fun Pumpkin Carving 2022 event at the hall. With winter in full force, everyone was excited to take in the annual Cookie Walk & Artisan's Market at the beginning of December.

It's been so much fun seeing everyone together again. We are looking forward to all of the seasonal events coming up!





# membership

## MEMBERSHIP MATTERS

Becoming a member of your Community League is one way we can all be better neighbours! A Community League is a group of neighbours who come together to coordinate neighbourhood events, activities, and programs. There are presently 157 Community Leagues in Edmonton. By becoming a member of your Community League, you help your neighbours connect, build, protect, and improve community facilities, thereby increasing your quality of life. Community Leagues do this through the organization of recreational, educational, and sporting events, the construction of amenities such as spray parks, playgrounds, sports courts, community gardens, and league halls, and the advocacy of local causes.

Community Leagues have always been led by local community volunteers — your friends and neighbours. Community leagues are an excellent training ground to cultivate future leaders in a variety of disciplines, including government. Several of our current council members began their careers on community league boards! Volunteering in your community might help you meet new people and develop new skills. We are building a flourishing community that benefits everyone!

**2022/23 MEMBERSHIPS ARE NOW AVAILABLE FOR PURCHASE. GET THE MOST OF YOUR MEMBERSHIP YEAR BY PURCHASING TODAY!**

**NEW TO THE NEIGHBOURHOOD? IF YOU HAVE MOVED TO LAURIER HEIGHTS IN 2022 AND HAVE NEVER HELD A MEMBERSHIP WITH US, WE WOULD LOVE TO GIFT YOU YOUR FIRST MEMBERSHIP! SIMPLY FILL OUT THE FORM ON THE NEXT PAGE AND SUBMIT IT TO OUR MEMBERSHIP COORDINATOR!**

COMMUNITY LEAGUE MEMBERSHIP IS REQUIRED FOR COMMUNITY SOCCER REGISTRATION, OTHER YOUTH SPORTS, RINK/COURT USE, AND FOR SELECT PROGRAMS AND OTHER SOCIAL EVENTS.

MORE IMPORTANTLY, THOUGH, YOUR MEMBERSHIP GIVES YOU A PLACE TO BELONG, CONTRIBUTE, SHARE YOUR GIFTS AND PARTICIPATE AS A UNIQUE AND VALUED MEMBER OF OUR COMMUNITY.

## MEMBERSHIP FEES SUPPORT:

### MAINTAINED COMMUNITY SPACES

Community Hall, skating rinks, playground, splash deck, tennis and pickleball courts, Gazebo Park, Urban Orchard and Food Forest.

### FREE, LOW-COST SOCIAL AND EDUCATIONAL EVENTS

Seasonal community fun days, Green Shack, neighbourhood newsletters, community potlucks, family movies, playgroup, art club, urban food forest, ACE, Sprouts, Scouts and more!

### HEALTH AND WELLNESS

FREE skating at the Laurier Heights rinks and at other League rinks in the city; access to the Laurier tennis courts; FREE summer and winter playground leaders (Green Shack); subsidized fitness programs (Community Wellness Network); and discounts at various City of Edmonton recreational facilities through the Community League Wellness Program.

### DISCOUNTS

Community League hall rentals, selected programming, and city-wide discounts offered through the Edmonton Federation of Community Leagues.

### A SENSE OF COMMUNITY

Most importantly, your membership gives you a place to belong, contribute, share your gifts and participate as a unique and valued Laurier Heights community member.



# LHCL Membership Form

Thank you for your support!  
MEMBERSHIPS VALID UNTIL AUGUST 31, 2023



## Membership Type

- ☐ **FAMILY MEMBERSHIP** (Annual Fee : \$40) Primary member must be 18+; unlimited household members
- ☐ **INDIVIDUAL MEMBERSHIP** (Annual Fee : \$25) Individual member must be 18+; no additional household members
- ☐ **SENIOR MEMBERSHIP** (Annual Fee : \$25) Up to two 65+ members in the same household
- ☐ **ASSOCIATE MEMBERSHIP** (Annual Fee : \$50) Membership for those who live outside of Laurier Heights neighbourhood
- ☐ **NEW MEMBERSHIP** (First Year Free) For those new to the neighbourhood in the past year with no previous membership

### Primary Member Household Contact Information :

First Name :  Last Name :

Address :

Post Code :  Phone No :

E-Mail :

### Additional Household Members:

Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>

## Volunteering

We require assistance from volunteers throughout the year for our annual fundraisers and other special community events. You can volunteer as much or as little as you'd like based on your availability and schedule. We also have vacant Board Member positions available immediately. Please let us know if you are interested in helping us as we work to build a better community for all. Thank you!

- ☐ **BOARD / COMMITTEE** I am interested in volunteering in an ongoing capacity. Please contact me with information on current Board positions and/or other long-term volunteer opportunities.
- ☐ **OCCASIONAL** I am interested in volunteering to assist from time to time. Please include me on the Laurier Heights Volunteer Request email alerts so I can help when I'm available.
- ☐ **REGRETS** No, I'm sorry that I'm unable to volunteer this year.

### DONATION

Yes, I'd also like to support our community league by offering an additional donation of : \$

***Tax receipts will be issued for donations of \$20 or greater.***

To receive your tax receipt, please ensure donations are made payable to: **LAURIER HEIGHTS BUILDING SOCIETY**

Membership fees may be paid with cash or a cheque made payable to:  
**LAURIER HEIGHTS COMMUNITY LEAGUE**  
E-transfer payments can be sent to [membership@lhcl.ca](mailto:membership@lhcl.ca)

Please submit form & payment to:  
**Jen Bann • 14604 84 Ave T5R 3X2**  
[membership@lhcl.ca](mailto:membership@lhcl.ca)

# ADVERTISE WITH US

Laurier Heights Newsletter is published quarterly, and distributed to over 1000 households and businesses in the Laurier Heights neighbourhood.

If you'd like to buy advertising space in a future issue, please contact our Advertising Coordinator. Be sure to ask about our advertising opportunities in our community email newsletter as well!

Please direct all advertising inquiries to:  
**ADVERTISING COORDINATOR:**  
Liz Herbert: [advertising@lhcl.ca](mailto:advertising@lhcl.ca)



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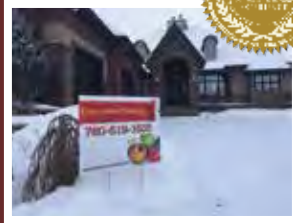
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## MP Services

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### Navigating Federal Departments and Programs

Our office can assist you with Citizenship and Immigration, Canada Pension Plan, and various other federal departments and programs.

### Congratulatory Messages

Our office can arrange for birthday and anniversary messages to be sent from the MP, Prime Minister, Governor General and the Queen.

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\* Child Minding (ages 2 mons-6 years, and/or Kids Club (ages 6 years-12 years) can be booked 3 days in advance of your visit.



# COME JOIN THE FUN...

## AGM & BOARD HOLIDAY SOCIAL

DECEMBER 12, 7:00PM

@ LAURIER HALL

ALL LAURIER RESIDENTS ARE INVITED  
AND ENCOURAGED TO ATTEND. IF YOU  
WOULD LIKE TO PARTICIPATE VIRTUALLY,  
PLEASE CONTACT: [SECRETARY@LHCL.CA](mailto:SECRETARY@LHCL.CA)

## ILLUMINIGHT

JANUARY 15, 5:30 - 8:30PM

THROUGHOUT LAURIER HEIGHTS

YOU ARE INVITED TO DISPLAY LUMINARIA  
ON YOUR WALK, CREATING A WARM  
FRIENDLY GLOW, ON A COLD WINTER'S  
NIGHT. THEN GO OUT AND ENJOY THE  
LIGHTS AND PERHAPS A CAMPFIRE WITH  
YOUR BLOCK IN THE POCKET PARKS  
AROUND THE PLACES WE CALL HOME.  
THE SALE OF LUMINARIA BENEFITS  
JASPER PLACE WELLNESS CENTRE, A  
WEST EDMONTON ANTI-POVERTY AGENCY.  
PLEASE HELP US SHED SOME LIGHT ON  
POVERTY WITHIN OUR COMMUNITY.

## WINTER FUN DAY

JANUARY 28

@ LAURIER HALL

KEEP AN EYE ON OUR SOCIAL CHANNELS  
AND FUTURE EMAIL NEWSLETTERS FOR  
MORE INFORMATION ABOUT THIS EVENT.

## YOGA

@ LAURIER HALL

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WITH SANDY

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COMMUNITY GROUP PAGES



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PAGE (GENERAL)



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GROUP



LAURIER HEIGHTS  
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