

LAURIER HEIGHTS NEWSIERER

Spring 2023



Laurier residents Sally and Angus celebrate Valentine's Day by hosting a Laurier Love Stand for neighbours to enjoy.

LHCL Newsletter

Laurier Heights Community
Newsletter is a quarterly
publication distributed to all
households in the Laurier Heights
neighbourhood. The League also
communicates through social
media, the Nextdoor app, our
website and regular emails.
Sign up for our digital newsletter:
newsletter@lhcl.ca

If you have any stories or photos you would like to share about community happenings, please be sure to send them our way for submission in future newsletters.

For more information on the newsletter or advertising opportunities, contact:

EDITOR:

Christine McCourt-Reid newsletter@lhcl.ca

ADVERTISING COORDINATOR:

Liz Herbert advertising@lhcl.ca

Laurier Heights Community
League acknowledges that we are located on Treaty 6 territory and respects the histories, lanuages and cultures of First Nations,
Metis, Iniut and all First Peoples of Canada, whose presence continues to enrich our vibrant community.

The Laurier Heights Community
League is dedicated to being
respectful, inclusive and supportive
of the 2SLGBTQ+ community,
both as an organization and
as a community. Furthermore
the Laurier Heights Community
building stands as a safe space
for all members of the 2SLGBTQ+
community from harassment.
discrimination, and intolerance.

Laurier Heights Community League

PRESIDENT

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VICE PRESIDENT

VACANT vicepresident@lhcl.ca

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COVER PHOTO: DONNA MCLEOD-HUYNH



EDITOR'S LETTER

Hello friends and neighbours! I am so thrilled and honoured to be the new president of the Laurier Heights Community League. I have big shoes to fill in this role, as my predecessor Karen Wilk was an incredible community builder. I'm so grateful for all she has done for our neighbourhood over the years, and we are all looking forward to the fact that she now will be able to spend more time helping to build an abundant community through the work of our Block Connectors.

Being part of a community – any community – is so important, and I am so excited to be part of this one. I am looking forward to getting to know everyone in the neighbourhood and working together to make our community even better. I am committed to continuing the great work that Karen has done, and I am confident that together we can continue to make a positive difference in our community.

I am so grateful for the opportunity to serve as president of the Laurier Heights Community League. I want to thank all of our dedicated volunteers and board members their ongoing time that they gift to our community. We have some exciting new initiatives that we are working on for this year to offer even more ways for our neighbours to connect with each other, so be sure to stay tuned for upcoming events that may be of interest to you. And we'd love to hear about things you'd like to see happen in the neighbourhood - together, we can make these things a reality!

I hope you'll come out and join us in making Laurier a community that connects with and cares for one another. Hope to see you soon!

CHRISTINE MCCOURT-REID
LHCL President & Newsletter Editor

If you want to go fast, GO ALONE.

If you want to go far, GO TOGETHER.

- president@lhcl.ca
- @laurierheightscommuntyleague
- **f** @laurierheights
- @laurierheights

www.lhcl.ca



PRESIDENTIAL AGM REVIEW

AS HAS BECOME THE TRADITION, THE PRESIDENT'S ANNUAL AGM MESSAGE IS SHARED IN THE NEXT ISSUE OF THE NEWSLETTER. MANY THANKS TO KAREN WILK FOR HER YEARS OF SERVICE.

It's time for my last annual review

So once more I wrote a poem for you

To remind us of the year that's past and all the wonderful things we do!

We started in January covid with a Winterscapes contest

And dragons, slides and igloos appeared east and west

Winter Fun Day was planned at the bowl but it was really cold

Especially for Suzanne and I - you know, we're getting old!

February Valentine's card making with Laura _ online

And room service offered by Suzanne and Donna, just divine

Those who signed up for the wine tasting also, had a good time!

Family Day again we were all outside, but the weather doesn't always cooperate,

Nonetheless, some hung out and enjoyed the rinks not too late

By March, Sharon had done quite the sell to ensure that at our casino all went well

The temperature started rising and it soon became spring

When 'Baskets, Boots and Bunnies' became the fun thing

Entertainment included an egg hunt, 'Chicken' and Leanna hopping!

May began led by George, with our hall and grounds cleanup day

But for the Alex Stieda bike race it was cold, wet and gray!

That month the Moose Hide campaign we also acknowledged

And of course, soccer, tennis and pickleball started,

On the rink, the numbers were growing as the wiffle balls were flowing

In June, Block Parties once more could be had

Music, food, gatherings, made us so glad

On the 20th we paused to remember and celebrate our Julie in a special way

The service so lovely with so much to say...

Summer kicked off with food trucks and Beth Portman singing

The spray park, green shack and yes, the porta potties got going...

As did the Food Forest with planting, picking, weeding and mowing

In September, the Art Society Show and Sale was sure a success

And the Harvest Fair, with petting zoo, Damn'it Jim beer garden was the best

-- Except the need for more food was the constant request!

At the end of the month T & R day in orange we commemorate

Baskets of leaves, four directions, we remember and deliberate.

October brings a Festival in a Box parade with colour, sound and flare indeed

until the wind picks up and the Thanksgiving potluck must supersede.

Carving Pumpkins with super prizes a hit at Halloween

Then out on the streets tricks, treats and costumes were seen

Sadly, though we also lost another amazing community member,

Janet Clark, who she was, all she did, we remember.

November. Sixteen Days to act against gender violence we're made aware,

At the potluck, good food and board game fun we share

Then, it's time our many volunteers to appreciate

Thanks to our building society led by Pres Sue, it was great!

And now it's December and the third was a joy

Cookie walking, artisans talking

Selling, a yummy potluck and Santa showed up!

And now it's our AGM and all this we recall

To celebrate the year and all that's been done
To recognize our accomplishments and all of our fun
But of all these things, and more of which we
could boast.

What we're really thankful for and proud of the most It isn't the raspberries, new lights, nor a program, event, or big plan

It's far more important, far more valuable and so grand, Of course, it's each and every Laurier human! And to name but a few that have given so much this year

Let's begin with our Treasurer, Sarah, for whom we all cheer!

Alongside her, there is Matt on grants just so and Sharon organizing our needed casino Then there's Secretary Ainsley, taking good notes, volunteers coordinating and doing our OWL'ing Meanwhile George and his facilities team we can't forget

Tending halls, equipment and grounds and saving energy? -- you bet!

So many residents are enjoying this space Another reason why's because our Rental Coordinator, Shannon's. an ace!

She looks after programs, overseeing all bookings with her kind friendly face

Suzanne P took the lead of our Communications Team and picked up our pace

With Kelsey on the website, Christine on the newsletter, and Natasha eblasting, what could be better? Well, more Team members, who can help us go-getter

Next Jen Bann we clearly must mention, who gives our memberships such care and attention

We are so thankful to have had Laura as our Programs lead alongside

Who enthusiastically took it all on, the youth sustainability club and our Food Forest project with Lynn, Kim, and others in stride.

But that's not all, there are so many more people – like dear Helen with the art society, Lori leading play group and David getting civics team back in the loop

Janice and Ofer on soccer.

Paul giving tennis, a new scoop,
Sharon and Craig managing pickleball
Pat and the boys at the rinks for us all,
New to the Board is Leanna, our keen Events lead,
And let's also thank our partners who with our labours
have supported and agreed!

Now you might think that that must soon be it But then there's all our block connectors who do a great bit

And Suzanne D stepping in as lead, has been such a hit!

They initiate, meet and greet, listen and host
We've got a community connecting, far more than most
There are neighbours walking and firepit talking
book club-ing and potluck-ing, assisting, and
pondering

Our blocks are imagining and weaving a fabric of care An amazing thing to value, work for and share.

So let me say it once again — what you do really matters!

For as we share, serve, give, and welcome, inclusion and abundance scatters

With different gifts, abilities, experiences and skills We nurture a life together that shapes and fulfills So, as we look ahead to twenty-twenty-three

Not only may we appreciate all that has been But also continue to dream and to scheme

And to call out others on every street

To make our social fabric even stronger and more complete

More groups forming, more people knowing,

More faces at this table, more people growing

And now with deep gratitude, it is time,

For me to pass on this role to our vice next in line Christine, who's wisdom, experience, and bright smile.

will continue to effectuate us mile after mile
And thus, I repeat my thanks and my praise
Sitting here with you so truly amazed
Applauding each of you, for who you are and all
you do

And since it's the festive season of joy, peace, love and hope too

There's one more thing I must say before this poem ends

May you have a wonderful holiday with family, neighbours and friends!

HUMBLY SUBMITTED BY KAREN J. WILK

CURRENT VOLUNTEER OPPORTUNITIES

Have you been wanting to get involved with our community league but aren't sure what you could do? Here are just a few of the current volunteer roles available.

VICE-PRESIDENT: You are second in command and will preside at meetings in the President's absence and replace the President at various functions when asked to do so by the President or the Board. You are also responsible for the annual review of the Society bylaws and act as a signing authority for the Society.

PROGRAMS TEAM LEAD: Laurier is full of diverse interests for all ages! This is an opportunity to support some cherished programs that have been experienced for many years, AND make a mark by bringing in new programs that can engage the community.

EVENTS TEAM MEMBERS: You connect the neighbourhood! Events are a great way to get to know more of your neighbours and have a blast celebrating together.

COMMUNICATIONS TEAM MEMBERS: Work alongside the rest of our dedicated communications team members to help spread the word about what's happening in Laurier!

NEWSLETTER EDITOR: Working as part of the Communications Team, you keep the community connected by sharing news and articles in a quarterly print edition newsletter.

ADVERTISING COORDINATOR: Working in tandem with the Newsletter Editor, you coordinate all advertising related activities for our quarterly publication.

All roles are supported by many other community volunteers and team members. To find out more about these positions, please contact the LHCL board president at president@lhcl.ca

WHY GET INVOLVED IN OUR NEIGHBOURHOOD?

By getting more involved, you have an opportunity to connect with our community and contribute to making Laurier an even better place to live for all. Together as citizens, we can nurture a healthy, inclusive, vibrant, caring and abundant community right where we live! Here are **Twelve Reasons to Volunteer**:

GENEROSITY: It's an opportunity to give back, pay it forward, and/or help others, which in turn can be fulfilling for you.

PASSION: It's a way to make a difference with regards to something you care about, like your neighbourhood!

RESOURCEFULNESS: It's an opportunity to accomplish things in your community that otherwise wouldn't get done.

CONNECTION: It's a great way to meet new people and become more involved and a part of your community.

BELONGING: It can help you feel more like you belong by being a contributing member of the community.

HEALTH: Volunteering has been shown to improve overall health and wellbeing.

AMBITION: It builds your résumé and offers great work experience.

LEARNING: It can offer new knowledge and skills.

ADVENTURE: It's a chance to try something new or different.

ENJOYMENT: It can be a lot of fun!

RECIPROCITY: It can include great perks like food, tickets, parties, and swag.

CITIZENRY: It's an opportunity to take up the privilege and responsibility of citizenship.

get involved

Licl updates

FACILITIES

Laurier Heights Community League is thrilled to report that our winter electricity usage has been cut in HALF! We knew that our old fashioned rink lights were energy hogs, but no one expected to see such great results from switching out the old halide bulbs with new LED projectors. You might assume that the new lighting is skimping on performance to achieve such great energy savings but you would be wrong. We have actually ADDED four lamp heads and have WAY more lumens on the two ice surfaces than we had before. Come out and enjoy the new lights. We expect to have the rinks open until the end of February or into the first week of March, weather dependent.

SOCCER

Important reminder that the deadline for Laurier outdoor soccer registration is March 12. Any registrations received after that date will be subject to a \$50 late charge. If you have a child playing U9 or higher, we will be collecting uniform and volunteer deposits on Thursday, March 9th at the Laurier Heights Community League Building between 5pm - 8pm. Each family will be responsible for a minimum of 2 hours of any LHCL volunteer duty or will have to pay \$150.



PLAYGROUP

If you've been looking for a way to get to know some of the other young families in our community, the Laurier playgroup might be just what you're looking for!

Our playgroup schedule is based on the Edmonton Public Schools calendar. Every Friday that school is in, we run playgroup between 9 and 11 a.m. Family pricing is \$3, which includes coffee and a kids' snack.

The Canterbury Playgroup will begin once a month on the following dates: March 10, April 14, May 5, and June 2. On those dates, we'll be in the Canterbury Games Room from 9 and 11 a.m., instead of our regular location in the hall. For the time being, masks are required for anyone over the age of four at the Canterbury Playgroups.

COOKIE WALK: THANK YOU

Thank you to all those who generously contributed to our Cookie Walk in December. Special recognition to Canterbury Court who donated over 40 dozen cookies. WOW! Started in 2016, we sold over 200 dozen cookies each year at our annual Artisans Craft Show and Cookie Walk. That works out to an average of \$1,400 a year!! All proceeds go towards events and programs at the Laurier Heights Community League.

HAPPY BIRTHDAY HELEN RICHARDS

Longtime Laurier community member Helen Richards is celebrating her 95th birthday this month. Join us in sending heartfelt neighbourly birthday greetings!



membership

WHAT DOES IT MEAN FOR YOU?

iving in Edmonton is an amazing experience. With the city's vibrant culture, beautiful parks, and exciting attractions, there's no shortage of things to do. One of the best ways to get the most out of living in this great city is to get involved with your local community league.

Community leagues are a great way to meet people, get involved in your neighbourhood, and make a difference in your community. With a variety of activities, events and programs, you can almost certainly find something that suits your interests. Whether it's attending a potluck, playing a variety of recreational sports, or other fun family activities, there's something for everyone. Plus, you'll have the opportunity to meet your neighbours and build relationships with those who live around you.

Community leagues have always been run by volunteers – supprting your community league is a great way to give back to your neighbourhood. By volunteering your time, talent or treasure, you help your neighbours to connect, build, protect, and improve community facilities. Get involved today, and become a stronger part of this flourishing community that benefits everyone!

2022/23 MEMBERSHIPS ARE NOW AVAILABLE FOR PURCHASE. GET THE MOST OF YOUR MEMBERSHIP YEAR BY PURCHASING TODAY!

NEW TO THE NEIGHBOURHOOD?

IF YOU HAVE MOVED TO LAURIER HEIGHTS WITHIN THE PAST YEAR AND HAVE NEVER HELD A MEMBERSHIP WITH US, WE WOULD LOVE TO GIFT YOU YOUR FIRST LHCL MEMBERSHIP! SIMPLY FILL OUT THE FORM ON THE NEXT PAGE AND SUBMIT IT TO OUR MEMBERSHIP COORDINATOR.

COMMUNITY LEAGUE MEMBERSHIP IS REQUIRED FOR COMMUNITY SOCCER REGISTRATION, OTHER YOUTH SPORTS, RINK/COURT USE, AND FOR SELECT PROGRAMS AND OTHER SOCIAL EVENTS.

MORE IMPORTANTLY, THOUGH, YOUR
MEMBERSHIP GIVES YOU A PLACE TO BELONG,
CONTRIBUTE, SHARE YOUR GIFTS AND
PARTICIPATE AS A UNIQUE AND VALUED MEMBER
OF OUR COMMUNITY.

MEMBERSHIP FEES SUPPORT:

MAINTAINED COMMUNITY SPACES

Community Hall, skating rinks, playground, splash deck, tennis and pickleball courts, Gazebo Park, Urban Orchard and Food Forest.

FREE, LOW-COST SOCIAL AND EDUCATIONAL EVENTS

Seasonal community fun days, Green Shack, neighbourhood newsletters, community potlucks, family movies, playgroup, art club, urban food forest, ACE, Sprouts, Scouts and more!

HEALTH AND WELLNESS

FREE skating at the Laurier Heights rinks and at other League rinks in the city; access to the Laurier tennis courts; FREE summer and winter playground leaders (Green Shack); subsidized fitness programs (Community Wellness Network); and discounts at various City of Edmonton recreational facilities through the Community League Wellness Program.

DISCOUNTS

Community League hall rentals, selected programming, and city-wide discounts offered through the Edmonton Federation of Community Leagues.

A SENSE OF COMMUNITY

Most importantly, your membership gives you a place to belong, contribute, share your gifts and participate as a unique and valued Laurier Heights community member.

LHCL Membership Form Thank you for your support!

MEMBERSHIPS VALID UNTIL AUGUST 31, 2023

Membership Type						
FAMILY MEMBERSHIP	EMBERSHIP (Annual Fee: \$40) Primary member must be 18+; un				ld m	embers
INDIVIDUAL MEMBERSHIP	P (Annual Fee: \$25) Individual member must be 18+; no additional household members					
SENIOR MEMBERSHIP	(Annual Fee: \$25) Up to two 65+ members in the same household					
ASSOCIATE MEMBERSHIP	(Annual Fee: \$50) Membership for those who live outside of Laurier Heights neighbourhood					
NEW MEMBERSHIP	(First Year Free) For those new to the neighbourhood in the past year with no previous membership					
Primary Member Household Contact Information :						
First Name :		Last Name :				
Address :						
Post Code :	Phone	e No:				
E-Mail :						
Additional Household Mei	mhers:					
	moers.			51.1.1.		
Full Name :				Birth Year	:	
Full Name :				Birth Year	:	
Full Name :				Birth Year	:	
Full Name :				Birth Year	:	
Full Name :				Birth Year	:	
Full Name :				Birth Year	:	
Volunteering						
We require assistance from volunteers t volunteer as much or as little as you'd lik available immediately. Please let us know	ke based on your availa	ability and schedule. \	We also hav	e vacant Board	Mei	mber positions
BOARD / COMMITTEE	I am interested in volunteering in an ongoing capacity. Please contact me with information on current Board positions and/or other long-term volunteer opportunities.					
OCCASIONAL I am interested in volunteering to assist from time to t Laurier Heights Volunteer Request email alerts so I can						
REGRETS	No, I'm sorry that I'm u	unable to volunteer thi	is year.			
DONATION						
Yes, I'd also like to support our comn Tax receipts will be issued for donat			donation of	: \$		

Membership fees may be paid with cash or a cheque made payable to: LAURIER HEIGHTS COMMUNITY LEAGUE E-transfer payments can be sent to membership@lhcl.ca

To receive your tax receipt, please ensure donations are made payable to: LAURIER HEIGHTS BUILDING SOCIETY

Neighbourhood Spring Breakout

BBQ & Auction Fundraiser 2023



- · Cash bar
- · BBQ Supper (with vegetarian options)
- · Fabulous auction items and fun draws

RSVP: Tickets@lhcl.ca

Since 2003, the Laurier Heights Building Society have worked hard to bring the annual dinner and auction to our neighbours. Thanks to you, we raised the money needed to build our beautiful hall. We decided to continue these events not only to help maintain our popular gathering place but to come together in celebration of our beautiful neighbourhood. We look forward to seeing you!





Want your child to receive FREE books?

Studies have shown that children growing up in homes with books get three years more schooling than children from bookless homes, independent of their parents' education or occupation.

If you have limited children's books in your home, apply for your child to receive a new book every month until age five. Books are delivered straight to your home and are yours to keep forever.

If your residence is located within one of the following Edmonton Public Library branch boundaries and your child is under the age of five, you qualify for the program. To see a map of qualifying areas, visit epi.ca/ready-set-read.

- Abbotsfield Penny McKee
- Calder
- Castle Downs
- Highlands Jasper Place
- Stanley A. Milner

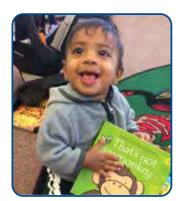
How to Apply

Frequently Asked Questions

Are books really free? Yes! All books are free until your child turns five, when they graduate and stop receiving books. Books are mailed directly to your house and are yours to keep forever.

Can I apply for more than one child? Yes! Each child (under five) will receive an age-appropriate book based on their year of birth.

Apply for your child today!







Have you joined the Laurier Heights Community team yet?

We have now made it easier for members to join.

- Create an account on blood.ca/MyAccount or the GiveBlood app for Apple or Android.
- 2 Select 'partners' from the menu.
- 3 Select 'join an existing team' and start entering your team's name (it will appear in the drop down list).
- 4 Select the team you wish to join.
- 5 Book your next appointment with your team via 'team bookings' (visible under your team name) or individually.

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Thank you to our participating teams:

Come join the Lawrier Heights Community and donate together! Thursday, February 23rd -10 x Appointments Starting @12:10pm Life Bus Pick Up @ 11:45 AM

Pick Up Location: 14405 - 85 Ave

Thank you for being a proud partner of Canada's Lifeline

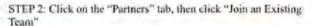


How to join your PFL team:

Remember, you must register in order for your donation to be counted towards your team's Partners for Life goal.

How to register:

STEP 1: Log in or create an account on blood.ca or the GiveBlood App



STEP 3: Begin typing your team's name Laurier Heights Community and select your team from the drop-down menu

STEP 4: Select "Yes" and then click "Join"

STEP 5: Click "View team"

STEP 6: Scroll to the bottom of your team's home page, and you will see the group appointments we have reserved. To book a spot, click "Book"

STEP 7: Select your time slot and complete the booking.

** Steps 6 & 7 will only apply if we have arranged a group booking with you

Once you have joined Laurier Heights Community past and future donations for the year will be counted towards your team's total!



HEY LAURIER, YOU'RE INVITED!



PARKVIEW COMMUNITY LEAGUE PRESENTS:

THURSDAY, MARCH 23, 2023

LIVE MUSIC, BEER BY THE GROWLERY, CHILLI STAY GLUED TO THE FEED TO LEARN MORE!

Laurier Heights Newsletter is published quarterly, and distributed to over 1000 households and businesses.

ADVERTISING INQUIRIES: advertising@lhcl.ca







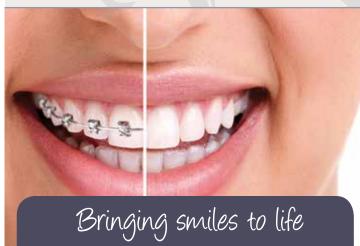
JASPER PLACE POOL COMMUNITY SWIM TIME



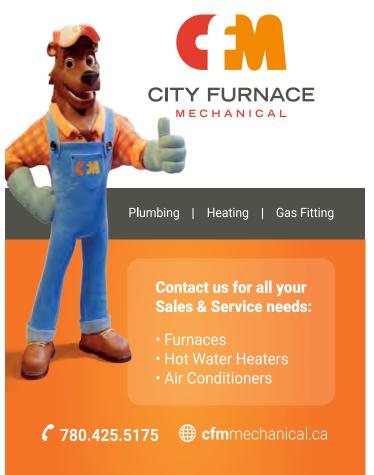


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Randy Boissonnault

Member of Parliament / Député Edmonton Centre / Edmonton-Centre

Follow along on social media:

@R.Boissonnault

y @R_Boissonnault

(i) @R_Boissonnault



MP Services

Tel: 780-442-1888 | Email: randy.boissonnault@parl.gc.ca

Navigating Federal Departments and Programs

Our office can assist you with Citizenship and Immigration, Canada Pension Plan, and various other federal departments and programs.

Congratulatory Messages

Our office can arrange for birthday and anniversary messages to be sent from the MP, Prime Minister, Governor General and the Queen.

Additional Services

We can provide schools and students with literature on Canada and Parliament, copies of bills, amendments, Hansard or other House of Commons publications.

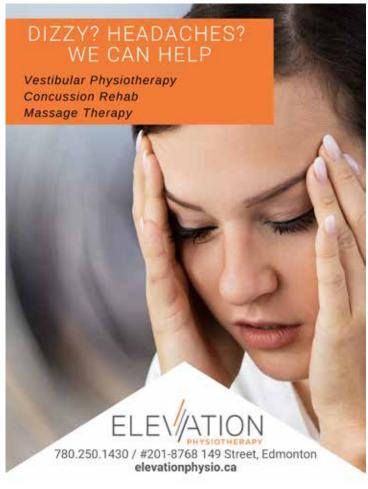
















Your Community

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Mark Dumesnil Cell: (780) 293-0647 mdumesnil@maxwellrealty.com

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Challenge Realty

COME JOIN THE FUN...

FEBRUARY 20 FAMILY DAY FOR EVERYONE! 2-5 PM OUTDOOR FUN ACTIVITIES 6 PM POTLUCK AND MOVIE NIGHT!

MARCH 3 GEOCACHING COMMUNITY PUZZLE SOLVE NIGHT

JOIN US AS WE KICK OFF CACHE & RELEASE WINTER 2023 WEEKEND BY SOLVING SOME THEMED GEOCACHE PUZZLES TO FIND ON THE WEEKEND

MARCH 8 - INTERNATIONAL WOMEN'S
DAY: GIRLS CAN COMPETITION
MARCH 17 - ST. PATRICK'S DAY
GREEN PARTY & POTLUCK, 6 PM

APRIL 10 – "BASKETS, BOOTS AND BUNNY EARS" & POTLUCK APRIL 22 – EARTH DAY- FOOD FOREST FUN

MAY 6 - ANNUAL CLEAN UP DAY &
HOT DOG ROAST
MAY 11 - MOOSE HIDE CAMPAIGN EVENT
MAY 13 - EAST COAST PARTY
MAY 25 - SENIOR'S TEA

JUNE IS BLOCK PARTY MONTH!

JUNE 16 - SOCCER WIND-UP PARTY
JUNE 27 -SUMMER KICK-OFF PARTY!

JOIN OUR EVENTS TEAM AND HELP
MAKE ALL THESE GREAT COMMUNITY
BUILDING OPPORTUNITIES HAPPENCONTACT LEANNA AT EVENTS@LHCL.CA

YOGA

@ LAURIER HALL WEDNESDAYS, 9:30 - 10:30 AM WITH SANDY THURSDAYS, 6:30 - 7:30 PM WITH KARINA

\$15 DROP-IN FEE
MULTI-PASSES AVAILABLE

WOMEN'S YOGA FOR THE PELVIC FLOOR SIX-WEEK SESSION BEGINS APRIL 5 WEDNESDAYS AT 6:00 PM VISIT OUR WEBSITE FOR MORE INFO

STAY CONNECTED

FIND US ON FACEBOOK IN THESE COMMUNITY GROUP PAGES



LHCL FACEBOOK PAGE (GENERAL)



BUY NOTHING GROUP



LAURIER HEIGHTS
PLAYGROUP



LAURIER ROCKS (PAINTED ROCKS)

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