

LAURIER HEIGHTS NEWSLETTER

Summer 2023



PEDAL POWER

Kids Bike Race at the Alex Stieda Classic Takes Off

LHCL Newsletter

Laurier Heights Community Newsletter is a quarterly publication distributed to all households in the Laurier Heights neighbourhood. The League also communicates through social media, the Nextdoor app, our website and regular emails. Visit our website and sign up for our digital newsletter: lhcl.ca

If you have any stories or photos you would like to share about community happenings, please be sure to send them our way for submission in future newsletters.

For more information on the newsletter or advertising opportunities, contact:
EDITOR:
newsletter@lhcl.ca
ADVERTISING COORDINATOR:
advertising@lhcl.ca

Laurier Heights Community League acknowledges that we are located on Treaty 6 territory and respects the histories, languages and cultures of First Nations, Metis, Inuit and all First Peoples of Canada, whose presence continues to enrich our vibrant community.

The Laurier Heights Community League is dedicated to being respectful, inclusive and supportive of the 2SLGBTQ+ community, both as an organization and as a community. Furthermore the Laurier Heights Community building stands as a safe space for all members of the 2SLGBTQ+ community from harassment, discrimination, and intolerance.

Laurier Heights Community League

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COVER PHOTO: STEFAN RITTER



EDITOR'S LETTER

Welcome to summer in Laurier Heights! Summer is the perfect time to embrace the great outdoors, and our community offers countless opportunities for us to connect with nature and each other. Let's take advantage of our beautiful riverside trails and participate in our outdoor programs, such as Green Shack, Tennis, Pickleball, and Tai Chi. Join me in making the most of this season and exploring the wonders of our community together.

As we embark on this summer journey, I invite you to join us in making Laurier Heights a community that cares deeply for one another. Your involvement, whether big or small, will contribute to our collective growth and well-being. Let's create a place where everyone feels welcome, connected, and supported.

Volunteering is a beautiful act of kindness that has the power to transform not only the lives of others but also our own. It is a cornerstone of community building and an essential ingredient in creating a vibrant and thriving neighbourhood. When we volunteer, we not only contribute our time and skills, but we also foster a sense of belonging and connection that is truly priceless.

By volunteering for our community league, you become an integral part of the tapestry that makes our

neighbourhood unique and special. Your involvement allows us to offer a wide range of programs, events, and initiatives that bring us closer together, nurture relationships, and create lasting memories. Whether it's organizing a fun-filled event, leading a sports program, or lending a helping hand to those in need, every contribution matters and leaves a lasting impact.

So, I invite you, my dear neighbours, to join us and become an active volunteer in our community league. Your unique skills, ideas, and perspectives are invaluable assets that will enrich our efforts. Whether you have a few hours to spare each month or can commit to a regular role, every contribution is meaningful and appreciated. Together, let's create a community where everyone feels seen, heard, and supported.

Lend a hand, make a difference, and let's build a stronger, more connected Laurier Heights community together. Volunteer with us and be a part of the positive change we envision.

Warmest wishes for a delightful summer of adventure and the beginnings of beautiful memories.

CHRISTINE MCCOURT-REID
LHCL President & Newsletter Editor

president@lhcl.ca

[@laurierheightscommunityleague](https://www.instagram.com/laurierheightscommunityleague)

[@laurierheights](https://www.facebook.com/laurierheights)

[@laurierheights](https://twitter.com/laurierheights)

www.lhcl.ca



After several years of not being able to gather for our Annual Tea, a wonderful time was had by many Laurier residents, including a number from Canterbury. Stories, connections, memories, and laughs were shared as participants enjoyed tea and goodies. The program included violin music performed by long-time resident, Yoko Wong as well as fun and challenging Laurier trivia – join us at our next Community Potluck, July 30, to see how well you know our neighbourhood! Many participants were also happy to be going home with flower awards... after all, if you've lived here for more than 40 years, lived in 6 different LH homes or are 95 years old, don't you deserve a prize?

Special thanks to and appreciation for our Block Connectors for providing such a superb afternoon for and with our amazing senior neighbours!



do you remember?

- WHAT WAS THE NAME OF THE ESTABLISHMENT AT THE SOUTH END OF 156 STREET THAT HAD A SWIMMING POOL, RACQUET COURTS, CURLING RINK AND STABLE? IT WAS OPEN FROM 1964 TO 1978. Hillcrest Country Club
- WHAT WAS LOCATED ON THE SOUTHEAST CORNER OF 156 STREET AND 87 AVENUE FROM 1949 – 1971? Starlite Drive-In Theatre
- WHAT DAIRY COMPANIES SERVICED LAURIER HEIGHTS IN THE 1950S TO 1960S? Palm Dairies and Silverwood Western Dairies
- WHAT ICONIC SYMBOL WAS SILVERWOOD DAIRIES KNOWN FOR? A 50 foot high milk bottle, located at 10175 109th Street
- WHAT POST WAR ITEMS WERE LOCATED AROUND EDMONTON, WITH ONE OF THE LOCATIONS BEING AT 107 AVE AND 142 STREET? Air raid sirens. These were officially called, "Civil Defence and National Survival Attack Warning System sirens". The network of attack warning sirens was installed in the 1950's in response to a Privy Council Order (PCO 1959-656) that a national attack warning system be implemented to warn citizens of a nuclear attack on the continent and to alert them to the presence of radioactive fallout. Only one is still in place. Apparently, Edmonton was the most well-prepared in Canada, alongside Ottawa and Vancouver."
- WHAT SMALL BLUE AND WHITE STRUCTURE IS LOCATED BESIDE THE NORTHWEST ENTRY OF THE 142 STREET BRIDGE THAT PASSES OVER MCKENZIE RAVINE? The Edmonton Civil Defense Bunker. Again, a post-war installation. Built in 1953, the 2,600-square-foot structure with 11-foot ceilings was the front line of Edmonton's civil defence. It was not designed to withstand a hit by a bomb, but it was designed to protect people from the fallout. It has been preserved as a museum. Civic employees who would be responsible for a post-bomb recovery were the people who would be allowed into the bunker.
- WHAT WAS ORIGINALLY LOCATED ON THE NORTHWEST CORNER OF THE 149 STREET AND 87 AVENUE INTERSECTION? Safeway
- WHAT WAS THE NICKNAME OF THE TUNNEL THAT WAS LOCATED ON 109 STREET AND PASSED UNDER 104 AVENUE? The Rat Hole.
- WHAT WAS THE NAME OF THE WELL-KNOWN LAURIER HEIGHTS RESIDENT FROM THE 1950'S WHO OWNED A GAME FARM AND HAD A PET CHEETAH THAT HE TOOK TO SCHOOLS? Al Oeming. The 1,400-acre facility started at Highway 14 and Range Road 223 and grew to house hundreds of exotic species. He especially featured wild cats, such as cheetahs, lions, and tigers.
- WHAT WAS THE NAME OF THE ORIGINAL COMMUNITY LEAGUE BUILDING? The Shack
- WHERE DID LAURIER HEIGHTS RESIDENTS GET THEIR LIBRARY BOOKS IN THE 1960S? The Bookmobile. Known as "Your Travelling Library". This was a bus that travelled from community to community. It was filled with Library books that could be checked out.
- WHAT WAS THE ORIGINAL NAME OF THE VALLEY ZOO? Storyland Valley Zoo.

SUBMITTED BY SHEILA BUTT

Growing Goodness

GROWING GOODNESS IS AN INITIATIVE THAT BOTH RAISES MONEY AND HELPS GIVE FRESH PRODUCE TO EDMONTON'S FOOD BANK. IT'S A FANTASTIC IDEA HATCHED BY THREE BUDDING GRADE 4 LAURIER HEIGHTS ENTREPRENEURS WHO FIRST WON THE GIRLS CAN CONTEST AND ARE NOW EXECUTING THE PROJECT.

The original goal was to sell 50 kits (vegetable seeds and hand designed Growing Goodness garden sig) for \$10 each, with all proceeds being donated to Edmonton's Food Bank. In May they sold their last kit and achieved almost 90 kits sold this spring.

Presently, the seeds have been planted in gardens across our neighbourhood, and beyond.

At the end of the growing season, any harvested vegetables that can be spared can be dropped off at a convenient neighborhood location for delivery to Edmonton's Food Bank, or else can be delivered directly to their central depot.

If you missed the Growing Goodness kit sale, but would still like to participate by donating some home grown produce at the end of the growing season, please email growinggoodnesslaurier@gmail.com and indicate you would like to be added to the email list for donating produce.

Growing Goodness is a young entrepreneur initiative sponsored by the Rotary Club of Edmonton and supported by Laurier Heights School, Martens Group - Community, and the Growing Goodness board members (i.e. parents of these three girls).

Further details and online donations to Edmonton's Food Bank are available by scanning the QR code below.

Thank you very much for your support and happy gardening!

- Sophie, Olivia, & Keira
The Growing Goodness Team

IT'S EASY



- SCAN THE QR CODE OR VISIT THE WEBSITE [HTTPS://JOHNDIEPPHOTOGRAPHY.CA/GROWINGGOODNESS](https://JOHNDIEPPHOTOGRAPHY.CA/GROWINGGOODNESS)
- CHECK OUT THE INITIATIVE (STILL ACCEPTING \$5.00 DONATIONS TO THE EDMONTON FOOD BANK - NO CHARITABLE RECEIPTS WILL BE GIVEN)
- MARVEL AS YOUR PRODUCE GROWS THIS SPRING AND SUMMER, DROP OFF EXTRA HARVESTED PRODUCE AND FEEL GOOD AS YOU DO YOUR PART TO HELP FEED THOSE IN NEED.

LAURIER SOCCER



PROVINCIAL GOLD MEDALLISTS

BOTTOM ROW (L-R): Chris Sellar (Assistant), Rhys N, Kate T, Joaquin I, Sam N, Jacob P, Matteo DD, Elijah U, Gage B, Micah M, Lindsay Stirton (Manager), Angela Miller (Assistant)

TOP ROW (L-R): Alex Eadie (Coach), Zachary W, Owen H, Jack T, Conor D, Justin M, Angus M, Cohen S, Finlay I, Katelyn E, Rojat P, Asher S, Don Dehod (Assistant), Bruce Mintz (Goalie Coach), Matt Tennant (Assistant)

Did you know that Laurier Heights is the home of the current Tier IV provincial youth soccer champions? Laurier Heights U15B (Eadie), named LHFC, won Alberta Soccer's Indoor Provincials for the 2023-24 season. (In the previous year, LHFC brought home the silver medal in Indoor Provincials). Coached by Alex Eadie, Matt Tennant, Don Dehod, Angela Miller and Chris Sellar, the base players of this team have played indoor and outdoor soccer together for 15+ seasons. This undoubtedly has contributed to their team cohesion and success.

Tier IV soccer is the highest tier of community soccer, right behind the club tiers. Laurier has had the privilege of hosting teams in contention for Provincial Tier IV Champions with a couple of different teams over the years. In Indoor 2013-14 and Outdoor 2017, Laurier brought home

bronze medals in Provincials and then went on to win a silver in 2018, all with the Laurier (Misiaszek) team. Hot on the heels of a fabulous indoor season, Laurier U9B (Wesley-Firt) went undefeated and had a 15-0-0 season. We can't wait to see how your outdoor season goes! Is this the beginning of a Laurier dynasty?

This outdoor season, Laurier is hosting 12 teams with 167 players. With the help of a dedicated group of 39 team officials, we are able to make soccer a reality in our vibrant community!

Laurier Heights is a community that takes pride in its soccer accomplishments, and with a legacy of success and a strong foundation of dedicated players and officials, the future looks bright for our soccer players.

LAURIER
HEIGHTS

Summer

Kick Off

LIVE MUSIC • GAMES • FOOD TRUCKS

WEDNESDAY
JUNE 28TH
5:00 TO 8:00 PM
LAURIER HEIGHTS COMMUNITY
HALL AND PARK



STAY CONNECTED

FIND US ON FACEBOOK IN THESE COMMUNITY GROUP PAGES



LHCL FACEBOOK
PAGE (GENERAL)



BUY NOTHING
GROUP



LAURIER HEIGHTS
PLAYGROUP



LAURIER ROCKS
(PAINTED ROCKS)

JUNE IS BLOCK PARTY MONTH

BLOCK PARTY

– BY KAREN WILK

A blue sky evening
Soft sun still deepening
It's June, and we're out partying
On the block, on the street
Kids of all ages, laughing, playing
Trees to the wind and music swaying

Pause, look, listen
Watch the clouds adriftin'
We've left the lists to do behind
We're focused on the moment, our together time.

It's not always easy to stop.
That list is full of important things
There's that calendar and the phone's incessant rings
But what if we miss the sunny day?
The lily and lilac whose scent will soon be far away
The happy robin catching the worm
The cat next door chasing the vole
The friendly neighbour saying hello -
Letting us know
LIFE IS GOOD.
There is so much to notice and be thankful for...
Need we always be seeking more - what for?
Could a summer evening on the grass
Lawn chairs circled in a mass
Neighbours, food and drink consuming
Be enough, worth more than zooming?

The local band some jazz playing
Toes tapping, fingers snapping...
Helping me to appreciate
The simple, the nearby, the really great
So, let's enjoy and celebrate!
Beauty on the block, Divinity at the door
Care and connection at its core...
What we really need, all is here
Let's raise our eyes, our hearts and cheer!
Thankful for these people, this place,
Now that - dear friends - is truly grace.
Why do we have one but once a year?



memorial bench

Plaque installed for Don Hussey



MANY OF US WILL REMEMBER DON'S BRIGHT SMILE AROUND LAURIER WHERE HE AND HIS WIFE, MARILYN RAISED THEIR FAMILY.

They bought their house 'on the corner' in August 1986. At that time, they both had jobs downtown, and liked the easy bus service on 142 Street. Renovations started right away and were ongoing for most of their years here. They told each other, "Yes, we could always buy a newer or bigger house, but we could never buy the neighbours or the community!" And they stayed put.

Don coached Laurier T-ball and was very involved with Canterbury and St. Timothy's. At Canterbury, not only was he a long serving Board Member for the Foundation but also volunteered with residents. At St. Tim's, he was on Vestry (the parish leadership team),



the security team (with their dog!), and helped with church building projects as well. Indeed, Don was involved in many things, and we can add to this list, his volunteer contributions at the John Janzen Nature Centre and the Edmonton Seniors Slo-pitch Association!

Tragically, Don passed away suddenly in February 2020 after an accident while on holidays. Recently, however, he was remembered and honoured with the installation of a memorial plaque on the bench where he and Nevada (the family dog) used to wait for their kids at the end of the school day — and of course, greet everyone

who passed by — which they also did on their frequent walks around the 'hood.

Friends and neighbours came out to see the plaque dedicated, share "Don's Best Ever Cookies", and celebrate his community care, involvement, generosity, and compassion.

When asked about what they appreciated about Don, nearby neighbours had many fond memories:

"What I remember most about Don was his laugh. It makes me smile to even think about it."

"He was a very sentimental person, things moved him deeply. When I told him that our daughter was expecting, tears sprang to his eyes immediately. He was a very large presence in the community, and I miss him terribly."

"Don Hussey brought joy to everyone who knew him. He was the ultimate craftsman who could turn his hand to whatever needed building or fixing, and the beautiful canoe he hand-made is a testament to his skills. If anyone needed a tool or piece of equipment, a visit to his house would have him cheerfully go to his garage to retrieve exactly what you needed."

"Don was also a wonderful cook and baker, and he and Marilyn often had friends and neighbours over, where he proudly shared his delicious homemade fare while happily visiting with his many guests."

"Don was a man who always gave 100%. Whether it was his family or a project he took on, you knew he was totally committed, both in time and heart. In my mind's eye, I can still see him walking down our block, wearing his fedora, smiling, with his little dog Nevada trotting by his side."



Thank you, Don, as the dedication says, for being 'a loving son, brother, husband, father and friend to this community' and for encouraging us all to "embrace the next adventure with enthusiasm, love, care and kindness."

Next time you're out and about check out the bench in his honour!



FREE DROP-IN

GREEN SHACK PROGRAM



Each day of the week you will get active and experience a variety of crafts, games, sports, and free play!

This program is targeted for **children aged 6-12**, but all children accompanied by an adult are welcome to attend.

Laurier Heights

14405 – 85 Ave
10:30 am - 1:30pm, Monday - Friday
July 4 – August 24



The City of Edmonton would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

Get in touch with us:

Email: greenshack@edmonton.ca
For more information, call 311 or visit:
edmonton.ca/Greenshacks

Facilities Update

One important duty of your LHCL Board is to be responsible stewards of community assets, including the bank account. For this reason, I have recently switched our electricity retailer to one of the highest priced retailers that I could find.

Does that sound right to you? The HIGHEST price? It's true, and it's working out great! Our solar array produces approximately as much electricity as we use in a year, but due to seasonal variances, we under-produce in the winter (and buy electricity as needed) and we overproduce in the summer (and sell all of the surplus). And now that we are officially in the selling season, we make a LOT more money selling at the highest price. Our old retailer paid us about \$212 for the month of April 2022, while our new retailer paid us about \$831!

You might expect that this would be negated in the winter when we switch over to our buying season and you would be right...except that the arrangement we have with our retailer allows us to switch to a market competitive rate once per year. So for LHCL, it's win-win!

In summary, we buy electricity at a competitive market price, and sell at a through-the-roof price. If you want more information about this program feel free to email facilities@lhcl.ca

VOLUNTEER OPPORTUNITIES

Have you been wanting to get involved with our community league but aren't sure what you could do? There are numerous volunteer roles available that cater to a variety of interests and skills. Whether you have a knack for organizing events, enjoy coaching or mentoring, have administrative talents, or simply want to lend a helping hand, there are opportunities waiting for you. No matter how big or small your contribution, your involvement as a volunteer will make a significant impact on our community league and the experiences of our neighbours.

VICE-PRESIDENT: You are second in command and will preside at meetings in the President's absence and replace the President at various functions when asked to do so by the President or the Board. You are also responsible for the annual review of the Society bylaws and act as a signing authority for the Society.

PROGRAMS TEAM LEAD: Laurier is full of diverse interests for all ages! This is an opportunity to support some cherished programs that have been experienced for many years, AND make a mark by bringing in new programs that can engage the community.

EVENTS TEAM MEMBERS: You connect the neighbourhood! Events are a great way to get to know more of your neighbours and have a blast celebrating together.

COMMUNICATIONS TEAM MEMBERS: Work alongside the rest of our dedicated communications team members to help spread the word about what's happening in Laurier!

VOLUNTEER COORDINATOR: Recruits and coordinates volunteers as needed for Laurier Heights community events, gatherings and other initiatives.

NEWSLETTER EDITOR: Working as part of the Communications Team, you keep the community connected by sharing news and articles in a quarterly print edition newsletter.

ADVERTISING COORDINATOR: Working in tandem with the Newsletter Editor, you coordinate all advertising related activities for our quarterly publication.

To find out more about these positions, please contact the LHCL board president at president@lhcl.ca

JASPER PLACE POOL COMMUNITY SWIM TIME



SUNDAYS BETWEEN 4-6 PM FREE ACCESS

with a valid Laurier Heights Community Membership.
Promotion valid until August 27, 2023

membership

WHAT DOES IT MEAN FOR YOU?

Living in Edmonton is an amazing experience. With the city’s vibrant culture, beautiful parks, and exciting attractions, there’s no shortage of things to do. One of the best ways to get the most out of living in this great city is to get involved with your local community league.

Community leagues are a great way to meet people, get involved in your neighbourhood, and make a difference in your community. With a variety of activities, events and programs, you can almost certainly find something that suits your interests. Whether it’s attending a potluck, playing a variety of recreational sports, or other fun family activities, there’s something for everyone. Plus, you’ll have the opportunity to meet your neighbours and build relationships with those who live around you.

Community leagues have always been run by volunteers – supprting your community league is a great way to give back to your neighbourhood. By volunteering your time, talent or treasure, you help your neighbours to connect, build, protect, and improve community facilities. Get involved today, and become a stronger part of this flourishing community that benefits everyone!

2022/23 MEMBERSHIPS ARE NOW AVAILABLE FOR PURCHASE. GET THE MOST OF YOUR MEMBERSHIP YEAR BY PURCHASING TODAY!

NEW TO THE NEIGHBOURHOOD? IF YOU HAVE MOVED TO LAURIER HEIGHTS WITHIN THE PAST YEAR AND HAVE NEVER HELD A MEMBERSHIP WITH US, WE WOULD LOVE TO GIFT YOU YOUR FIRST LHCL MEMBERSHIP! SIMPLY FILL OUT THE FORM ON THE NEXT PAGE AND SUBMIT IT TO OUR MEMBERSHIP COORDINATOR.

COMMUNITY LEAGUE MEMBERSHIP IS REQUIRED FOR COMMUNITY SOCCER REGISTRATION, OTHER YOUTH SPORTS, RINK/COURT USE, AND FOR SELECT PROGRAMS AND OTHER SOCIAL EVENTS.

MORE IMPORTANTLY, THOUGH, YOUR MEMBERSHIP GIVES YOU A PLACE TO BELONG, CONTRIBUTE, SHARE YOUR GIFTS AND PARTICIPATE AS A UNIQUE AND VALUED MEMBER OF OUR COMMUNITY.

MEMBERSHIP FEES SUPPORT:

MAINTAINED COMMUNITY SPACES

Community Hall, skating rinks, playground, splash deck, tennis and pickleball courts, Gazebo Park, Urban Orchard and Food Forest.

FREE, LOW-COST SOCIAL AND EDUCATIONAL EVENTS

Seasonal community fun days, Green Shack, neighbourhood newsletters, community potlucks, family movies, playgroup, art club, urban food forest, ACE, Sprouts, Scouts and more!

HEALTH AND WELLNESS

FREE skating at the Laurier Heights rinks and at other League rinks in the city; access to the Laurier tennis courts; FREE summer and winter playground leaders (Green Shack); subsidized fitness programs (Community Wellness Network); and discounts at various City of Edmonton recreational facilities through the Community League Wellness Program.

DISCOUNTS

Community League hall rentals, selected programming, and city-wide discounts offered through the Edmonton Federation of Community Leagues.

A SENSE OF COMMUNITY

Most importantly, your membership gives you a place to belong, contribute, share your gifts and participate as a unique and valued Laurier Heights community member.

LHCL Membership Form

Thank you for your support!
MEMBERSHIPS VALID UNTIL AUGUST 31, 2023



Membership Type

- ☐ **FAMILY MEMBERSHIP** (Annual Fee : \$40) Primary member must be 18+; unlimited household members
- ☐ **INDIVIDUAL MEMBERSHIP** (Annual Fee : \$25) Individual member must be 18+; no additional household members
- ☐ **SENIOR MEMBERSHIP** (Annual Fee : \$25) Up to two 65+ members in the same household
- ☐ **ASSOCIATE MEMBERSHIP** (Annual Fee : \$50) Membership for those who live outside of Laurier Heights neighbourhood
- ☐ **NEW MEMBERSHIP** (First Year Free) For those new to the neighbourhood in the past year with no previous membership

Primary Member Household Contact Information :

First Name : Last Name :

Address :

Post Code : Phone No :

E-Mail :

Additional Household Members:

Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>
Full Name :	<input type="text"/>	Birth Year :	<input type="text"/>

Volunteering

We require assistance from volunteers throughout the year for our annual fundraisers and other special community events. You can volunteer as much or as little as you'd like based on your availability and schedule. We also have vacant Board Member positions available immediately. Please let us know if you are interested in helping us as we work to build a better community for all. Thank you!

- ☐ **BOARD / COMMITTEE** I am interested in volunteering in an ongoing capacity. Please contact me with information on current Board positions and/or other long-term volunteer opportunities.
- ☐ **OCCASIONAL** I am interested in volunteering to assist from time to time. Please include me on the Laurier Heights Volunteer Request email alerts so I can help when I'm available.
- ☐ **REGRETS** No, I'm sorry that I'm unable to volunteer this year.

DONATION

Yes, I'd also like to support our community league by offering an additional donation of : \$

Tax receipts will be issued for donations of \$20 or greater.

To receive your tax receipt, please ensure donations are made payable to: **LAURIER HEIGHTS BUILDING SOCIETY**

Membership fees may be paid with cash or a cheque made payable to:
LAURIER HEIGHTS COMMUNITY LEAGUE
E-transfer payments can be sent to membership@lhcl.ca

Please submit form & payment to:
Jen Bann • 14604 84 Ave T5R 3X2
membership@lhcl.ca

advertising

Laurier Heights Newsletter is published quarterly, and distributed to over 1000 households and businesses in the Laurier Heights neighbourhood. If you'd like to buy advertising space in a future issue, please contact our Advertising Coordinator. Be sure to ask about our advertising opportunities in our community email newsletter as well!

Please direct all advertising inquiries to:
advertising@lhcl.ca



Summer Outdoor Tai Chi
Beginners and Experienced Practitioners Welcome
Laurier Heights Community Hall (outside)
Tuesdays at 2:30 pm (weather permitting)

Tai Chi is a low impact, slow flowing exercise that uses synchronized movements that improve balance, and strengthen leg and core muscles. Tai Chi is a moving meditation that relieves stress and improves clarity

We have a fun, positive environment that all can enjoy and experience health benefits from

Classes are led by Tai Chi instructor Chuck Davies

Come and check it out! (Starting May 16th)
(if interested you can email cdavies9cd@gmail.com)



INDOOR PICKLEBALL



CRESTWOODCURLING.COM

SPRING 2023


6 COURTS LEAGUE PLAY COURT RENTAL



Simply ORTHODONTICS
...Beautifully different

Your Community Orthodontist

Start with only \$500 down - Direct Billing of Insurance
780-756-7600 | Stony Plain Road & 150st
SimplyOrtho.ca



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BLAIR MCMURDO, CLT


OWNER

9311 - 151 STREET
EDMONTON, AB T5R 1K1

PHONE / FAX: 780-756-1078
CELL: 780-977-3261
BLAIR@FANTASCAPES.CA
WWW.FANTASCAPES.CA

Registration is now open for
YMCA Summer Day Camps!
ymcanab.ca/camps





LEANNA MARTENS

SCAN LAURIER MARKET STATS BELOW



Your Community Realtor





(780) 887-3488
Leanna@MartensGroup.ca
MartensGroup.ca
[@MartensGroup](https://www.instagram.com/MartensGroup)

John Fraser
780 499 7720
REALTOR®
JFSELLS.COM
Enter to win a \$5000 Vacation! Ask me how





MaxWell
Challenge Realty

GET THE FACTS ON:

- Your Home's Value
- Buying, Selling & Revenue Properties
- Infills, Reno's & Rentals
- Residential / Commercial / Rural
- The Latest Market Insights
- No Pressure, No Obligation



Fast Dedicated Professional Services Customized To Your Needs!
email: JohnFraser@MaxWellrealty.ca

Not intended to solicit anyone already under contract with a REALTOR®





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Thinking about buying or selling?



Complementary in home market evaluation

Jen Modry
Cell: (780) 953-3050
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Mark Dumesnil
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COME JOIN THE FUN...

mark your calendars

COMMUNITY POTLUCK DINNERS

LAURIER HEIGHTS COMMUNITY HALL

6:00 – 9:00 PM

COME AS YOU ARE, BRING WHAT YOU HAVE

JULY 30

AUGUST 26

OCTOBER 9

NOVEMBER 11

CANTERBURY GAMES

ONCE A MONTH ON A TUESDAY EVENING,
COME AND ENJOY BOARD GAMES WITH
OUR CANTERBURY NEIGHBOURS

6:30 – 8:00 PM

SEPTEMBER 12

OCTOBER 17

NOVEMBER 14

FOOD FOREST /TALKING GARDENS

JOIN OTHERS IN THE FOOD FOREST AND
MEET NEIGHBOURS, HELP NURTURE
THE GARDEN, LEARN MORE ABOUT THIS
UNIQUE COMMUNITY-RUN ASSET AND
SAMPLE SOME FRUITY TREATS TOO

WEEDING WEDNESDAYS

10:00 AM – NOON

JULY 5 & 19

AUGUST 2, 16 & 30

SATURDAY WORKBEES

9:00 AM – NOON

JULY 29

SEPTEMBER 9

FOR MORE INFO, CONTACT KIM:

SCHMIDTKIM@SHAW.CA

SEPTEMBER 16: FALL FUN FESTIVAL (HARVEST FAIR)

DON'T MISS THIS ANNUAL AUTUMNAL
NEIGHBOURHOOD CELEBRATION – LOTS OF
ACTIVITIES AND GAMES FOR ALL AGES

FIELDS LIKE HOME PETTING ZOO

CHILI COOK-OFF, BAKE SALE, HOT DOG

STAND, FOOD FOREST FUN

LHBS BEER PONG FUNDRAISER

BEER GARDEN AND LIVE MUSIC

LHCL BOARD MEETINGS

LAURIER HEIGHTS COMMUNITY HALL
THIRD MONDAY OF THE MONTH

7:00 – 9:00 PM

SEPTEMBER 18

OCTOBER 16

NOVEMBER 20

DECEMBER AGM & BOARD SOCIAL – TBD

OTHER UPCOMING SPECIAL EVENTS AND IMPORTANT DATES

SEPTEMBER 18 – ANNUAL ART SOCIETY
SHOW AND SALE

SEPTEMBER 30 – TRUTH AND
RECONCILIATION DAY GATHERING

NOVEMBER 25 - DECEMBER 10 –
SIXTEEN DAYS OF ACTIVISM AGAINST
GENDER-BASED VIOLENCE

DECEMBER 2 – COOKIE WALK AND
ARTISANS MARKET, COMMUNITY POTLUCK
AND HOLIDAY SOCIAL WITH SANTA

FOR MORE INFORMATION ON THESE EVENTS, CONTACT KAREN AT PASTPRES@LHCL.CA

KEEP IN TOUCH!

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